



# 41<sup>ST</sup> ANNUAL FMHAC CONFERENCE

March 16 - 18, 2016

Hyatt Regency Resort & Spa  
◇ Monterey, CA ◇

## **THINGS YOU NEED TO KNOW**

**MEALS** There are no food or meals provided except what is noted in the Program: Wine and Cheese Reception on Wednesday, Lunch and Coffee Breaks on Thursday, and a Coffee Break on Friday. Please plan accordingly.

**COLLEGE REGISTRATION FORM** Please fill out the college registration form that was given to you when you checked in. They are submitted to the State of California who then provides funding for FMHAC, aiding us in providing the conference each year. It doesn't commit you to anything and it's an easy way for you to support FMHAC!

**NOTICE BOARD** It's in the exhibitor area - use it for such things as job announcements, group dinner invitations, upcoming events, or general networking!

**CERTIFICATES OF ATTENDANCE** Attendance certificates are included in your packet. Please review the requirements for CEUs on page 23.

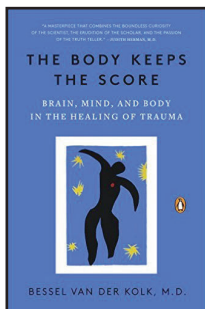
**ELECTRONIC EVALUATION SURVEY** The conference evaluation is electronic this year and will be emailed to you on the last day of the conference. Thank you for filling it out!

**COMPLIMENTARY RESORT BENEFITS** Receive these benefits when you stay at the Hyatt as an FMHAC Conference Attendee:

- › Wifi in guest rooms
- › Self & Valet Parking
- › Shoe shine
- › 10% discount at several shops as well as \$20 credit toward the coastal/nature hike at Hyatt Carmel Highlands
- › Resort & Indoor Games
- › Complimentary tennis court time
- › Wine sample at the onsite tasting room

**NAME BADGES** Wear your name badges throughout the conference. This will be your entrance pass to all workshops and social events. Lost badges can be replaced at the FMHAC registration table.

**CHECK OUT** Check out time at the Hyatt is 12:00 noon.



## **RAFFLE!**

**Win a copy of**

**Dr. Bessel van der Kolk's**

**book *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma***

**FMHAC Business Meeting  
5pm, Thursday, March 17th  
Ballroom I/II/III**

# **TABLE OF CONTENTS**

## **WEDNESDAY**

10:00 am	Registration.....	3
11:00 am	Council on Mentally Ill Offenders..... Open Meeting	3
1:00 pm	Welcome and Keynote..... <ul style="list-style-type: none"><li>• Munir Sewani, PhD, FMHAC President</li><li>• Amy Barnhorst, MD</li></ul>	3
3:15 pm	Opening Session..... <ul style="list-style-type: none"><li>• Charles Scott, MD</li></ul>	3
6:30 - 7:30 pm	Reception and Poster Session.....	4

## **THURSDAY**

8:30 - 10am	Breakout Session A.....	5
10:30am - Noon	Breakout Session B.....	9
Noon - 1:30pm	Lunch.....	12
1:30 - 3pm	Breakout Session C.....	12
3:30 - 5pm	Breakout Session D.....	17
5:00 pm	FMHAC Business Meeting..... <ul style="list-style-type: none"><li>• Board of Directors Elections</li><li>• Raffle: <u>The Body Keeps the Score</u></li></ul>	18

## **FRIDAY**

8:30 am - 1:00 pm	Wrap Up Session..... <ul style="list-style-type: none"><li>• Jennifer Skeem, PhD</li></ul>	18
	About the Award Winners.....	15
	About <i>Words to Deeds</i> .....	21
	Continuing Education Information.....	23
	Meeting Room Map.....	back

# Letter from the President

Dear FMHAC Members,

It is my great honor and privilege to welcome you to the 41st Annual Forensic Mental Health Association Conference. Last year we celebrated our 40th anniversary with a special dinner and dance that included a panel presentation by 3 of the pioneers who established our Association in 1975. This year we start a new decade with hope and plans for expanding our organization as we meet the ever changing landscape of forensic mental health services with the implementation of AB109, Proposition 47 and continued challenges in diverting non-violent individuals with mental illness to community services.

To address the above challenges, Kelly Ross and the Conference Planning Committee developed a wonderful line of presenters starting with Dr. Amy Barnhorst speaking on “Mass Shootings and the Mental Health System” and Dr. Charles Scott’s presentation titled “The Assessment of Malingering: An Evidence-Based Approach.” Our final general session is on Friday with Dr. Jennifer Skeem presenting “What Works for People with Mental Illness in The Criminal Justice System.” Additionally, Thursday’s breakout sessions include so many great topics and presenters, I think you’ll have as much trouble as I am in deciding which to attend.

You’ve likely seen that we’ve added a new track this year called *Words to Deeds*, based on an annual conference we’ve hosted the past few years directed by Kit Wall and with support from the California State Association of Counties, the California State Sheriff’s Association, and many other partners. This track, like the statewide collaborative conference, provides the opportunity for you to engage leaders and champions in forensic mental health from across California and the nation in a conversation to move our community forward with the goal of making *Words* into *Deeds*. We encourage you to be active participants in these sessions - bring your questions and comments and share with us what you’re going to do when you get back to your county!

I hope the Hyatt with its beautiful golf course and landscape will present a chance for you all to relax, meditate, have fun and spend time with your friends and colleagues. During these four years I’ve enjoyed as the Board President, I have had the special privilege of participating at the center of the Association’s programs and of writing to you about our work. Hence, I want to thank you all, as this is my final letter to the membership. I am grateful for the honor of being able to serve as President of the FMHAC Board of Directors and for the support you’ve given to me during my term. I have enjoyed meeting new people and developed several enduring relationships. I have especially enjoyed my time at Knuckles and hope to do the same this year.

Before I end my letter I want to thank several of you who have contacted the Association to volunteer your time and service. I believe it is the dedication of the members that keeps FMHAC vibrant and innovative. Please attend our Thursday evening business meeting and help us elect our new board members. The business meeting also provides an opportunity to learn about the Association's administration, meet your board members and find opportunities to make the Association yours.

Thank you for being here and I hope you enjoy the presentations, the gorgeous scenery, and find plenty of time to mingle, network and have fun . On behalf of the Board of Directors, I thank you for your participation and contributions to the Forensic Mental Health Association of California.

Sincerely,



Munir Sewani, PhD

President

Forensic Mental Health Association of California

# THANK YOU!

## 2016 SUSTAINING MEMBERS

OF THE FORENSIC MENTAL HEALTH  
ASSOCIATION OF CALIFORNIA

Gilbert Abdalian, MBA, MFT

Patricia Butler, RN

Carson Chambers, PhD

Trayci Dahi, PhD

Jeffery Elias, Esq

Harry Goldberg, PhD

Mark Grabau, PhD

Thomas Granucci, LCSW

Carrie Gustafson

Robert Hart, MD

Ronald Kaufman, PsyD

Samuel Knudsen, Esq

Robert Leark, PhD

Cynthia Lermond, PsyD

Joseph Lockhart, PhD

David Meyer, Esq

Chief Robert Ochs, LCSW

Beverly Purdy, MD

Sanjay Rao, MD

Armando Sandoval

Munir Sewani, PhD

Tani Shaffer, PhD

Douglas Taylor Smith, LCSW

Alan Stillman, LCSW

Lindsay Weston, Esq

As ongoing supporters of the Association, Sustaining Members get special treatment at the conference including upgraded hotel rooms and personal thank you notes from FMHAC!

# WEDNESDAY, MARCH 16

**10am - 2pm**

Foyer

## **REGISTRATION**

**BOOKS & FMHAC MERCHANDISE FOR SALE!**

**11am - 1pm**

Big Sur

## **STATE COUNCIL ON MENTALLY ILL OFFENDERS OPEN MEETING**



**1pm - 3pm**

Main Ballroom

CEU

## **WELCOME AND KEYNOTE (1.5 CE hrs)**

### **Opening Remarks and 2016 FMHAC Awards Presentation**

Munir Sewani, PhD, President, FMHAC

### **Mass Shootings and the Mental Health System**

Amy Barnhorst, MD, Assistant Professor, Department of Psychiatry and Behavioral Sciences, UC Davis

Dr. Barnhorst will look at some cases of mass shootings in recent history, discuss the epidemiology of these events, and examine the effect that they have had on firearm policy for people with mental illness. She will explore the link between violence and mental illness and the effect of mental health-related firearm legislation on overall community violence. In addition, she will cover alternative and adjunct firearm legislation that may serve to reduce community violence.

**3:15 - 6:30pm**

Main Ballroom

CEU

MCLE

## **OPENING SESSION (3.0 CE hrs)**

### **The Assessment of Malingering: An Evidence-Based Approach**

Charles Scott, MD, Professor, Chief, Division of Psychiatry and the Law, Department of Psychiatry and Behavioral Sciences, UC Davis

Dr. Scott will provide an overview of the assessment of malingered psychosis, malingered depression, malingered PTSD, and malingered amnesia. He will highlight key clinical interviewing and assessment strategies to evaluate malingering and use case examples to highlight typical vs. atypical presentations of psychiatric disorders.

**6:30 - 7:30 pm**

Foyer

## **RECEPTION AND POSTER PRESENTATIONS**

- Wine & Cheese



# POSTER PRESENTATIONS

Wine & Cheese Reception and Poster Presentations

Wednesday, March 16th, 6:30 - 7:30 pm

Main Foyer

**Extreme Self-Harm in California Prison Inmates:**

**A Case Series and Formulation**

Robert D. Canning, PhD

Melinda DiCiro, PsyD

**The Role of Forensic Psychologists as Special Deputies  
in an Oregon Sheriff's Office**

Gregory C. Czar, PhD

Ronald A. Glaus, PhD

**Justice Involved Mental Health and Telecare's Recovery-  
Centered Clinical System (RCCS)**

Gary Hubbard, MFT

Cheryl Malinowski, PsyD

**Legislation Affecting Forensic Mental Health in 2016**

Sam Knudsen, Esq

FMHAC Public Policy Committee

**Strength-Based Interventions Within the Context of  
Risk-Need-Responsivity: Supporting a Treatment Milieu Through  
Positive Psychology, While Targeting the Reduction of Risks  
and Enhancement of Protective Qualities**

Willow Saloum PsyD

Anthony Yrigollen, ACSW

**Risk Assessment and Child Pornography Offenders**

Bethany Walters, MA

Dana Dalglish, MA

Holly Skaff

Tamar Kenworthy, PsyD

Eric Hickey, PhD

**Competency Restoration Evaluations and Training with  
Developmentally Delayed Individuals**

Michelle Wysopal, PsyD

Venus Klinger, MA

# THURSDAY, MARCH 17

**8:30 - 10:00 am** (1.5 CE hrs)

**1. Cypress**  
CEU

**Part 1 - Motivational Interviewing: How to get your Clients to Talk Themselves into Positive Change**

Jennifer Baity, LCSW, LAADC, MHRC Program Director, San Francisco General Hospital

Motivational Interviewing (MI) is the well-known, evidence-based practice of collaborative conversation for strengthening a person's own motivation and commitment to change that focuses on the language of change and explores a person's ambivalence about change. When using MI correctly, you can see your clients literally talk themselves into changing. Forensic clients are often wrongly thought of as "unchangeable" and impervious to clinical interventions that address some of the common issues they face that often lead to their incarceration such as: excessive substance use, poor psychiatric medication adherence, anger management problems, and the like. In two parts, this presentation will teach you techniques for Motivational Interviewing, how to use MI in your organization and why it is more likely to keep your clients from ending up back in the system than many other approaches.

**2. Ballroom**  
**IV/V/VI**  
CEU

**Part 1 - Understanding Trauma and Its Effects on Risk-Taking, Delinquency, and Criminal Behavior**

Gena Castro Rodriguez, PsyD, LMFT, Chief of Victim Services, Office of District Attorney George Gascón

Traumatic childhood experiences, particularly those that happen in the context of a caregiver relationship, can have a profound and pervasive impact on the life of a developing child. Children with multiple or poly-victimization are at high risk of additional re-victimization in other contexts as well as criminal behavior. In adolescence, anger, violence, substance use, self-harm, poor relationships, education deficits, and other acting out behaviors can all be symptoms of trauma that are missed or misunderstood. Without identification and treatment, criminal behavior, violence and self-harm, and failure to thrive are highly predicted. More than simply understanding the correlation between trauma and risk-taking or delinquent behavior, we need to better understand the etiology of poly-victimization and trauma symptomology and how it contributes to negative self-development.

Referencing research of the relationship between trauma and delinquency, this presentation will examine, in two parts, the impact early childhood trauma has on the developing self and how it relates to re-victimization, risk taking and delinquency. In addition, Dr. Castro Rodriguez will present a framework for understanding childhood trauma associated primarily with interpersonal, familial and community violence and she will present theories on the effect on development of self that contributes to delinquency and criminal behavior.



### 3. Big Sur

CEU

### **Retention and Risk Reduction ... or Let's Bake Bread**

Thomas Granucci, LCSW, Supervising US Probation Officer/EBP Coordinator, US Probation Office

Victoria Simon, PhD, MFT, Founder/Developer, JustUs

This presentation will be a comprehensive overview of best practices in forensic treatment. The presenters will encourage participants to examine how the practices at their agencies align with current research and recommendations in correctional treatment. The session will cover implementation of the Risk-Need-Responsivity model, risk assessment, the dual relationship for forensic providers, retention of mandated clients, integrated co-occurring disorders treatment, trauma informed care, and the impacts of intergenerational poverty on treatment. The presentation will also ask participants to explore their inspiration and passion for the field (yes, through a discussion of bread baking!) and will discuss the connection between professional inspiration and offender retention. The presentation will include both lecture and facilitated discussion.

### 4. Wind-jammer

CEU

### **Part 1 - Using DSM-5 to Diagnose Controversial Paraphilias**

Charles A. Flinton, PhD, Chief Forensic Psychologist, San Francisco Forensic Institute

Deirdre D'Orazio, PhD, CEO, Central Coast Clinical and Forensic Psychology Services

Abnormal sexual interests, arousal, and behavior patterns are important factors in both the assessment and treatment of sexual offenders. However, most sexual offenders do not present with frank paraphilic disorders. This presentation is specifically directed at distinguishing between individuals with paraphilic disorders and those who present with other motivations to act out in criminal sexual ways.

The goal of this workshop is to educate attendees about the proper application of the DSM-5 diagnostic criteria regarding paraphilic disorders. In two parts, discussion will include potential co-morbid and differential diagnosis that may contribute to sexual misconduct (outside the paraphilic disorder category), methods/tools of assessing paraphilic disorders such as clues found in document review (police reports, victim statements, criminal history, behavioral observation, etc.), proper clinical interview strategies, psychological testing, psychosexual testing, the much misunderstood "Hypersexual Disorder" and its role in criminal sexual behavior, as well as controversial issues such as the use of "Other Specified Paraphilic Disorder" and the erroneous use of "age cut-offs" for Pedophilic Disorder. The presentation will offer guidance to evaluators and clinicians regarding effective (and ineffective) assessment strategies. Case studies, videos of client interviews, and an experiential exercise will be utilized to assist attendees in learning how to accurately diagnose paraphilic disorders.

**5. Spyglass**  
CEU

**Part 1 - Misuse of Psychiatric Medications in Forensic Settings and Update on Medical Marijuana**

Anthony Cozzolino, MD, Chief Psychiatrist- Adult Division,  
Department of Mental Health, Santa Clara Valley Medical Center

Mark Stanford, PhD, Senior Director, Integrated Behavioral Health and  
Quality Improvement, Encompass Community Services

In two sessions, this presentation will cover the misuse of psychiatric medications, compulsive substance use and a discussion of medical marijuana. The presenters will help define the appropriate use, misuse, and abuse of psychotropic medications for prescribing and non-prescribing mental health clinicians. It will include a review of clinical terminology and definitions commonly found in the literature on the topic of misuse of psychotropic medications; the history of FDA and DEA labels, designations, and regulations; and specific profiles and clinical characteristics of medications, which increase the potential for misuse/abuse, and the variations across clinical settings. Potential solutions to identify and mitigate misuse will also be discussed. The presenters will then review the nature of compulsive substance use and what the scientific research has discovered about what gives certain drugs the potential for abuse. From this information, the value of treatment in helping to stabilize compulsive substance use is discussed as well. Finally, the presenters will review the controversial issues surrounding medical marijuana.

**6. Ballroom**  
**I/II/III**  
CEU  
MCLE

**WORDS TO DEEDS TRACK**

**Los Angeles & San Francisco: Blueprints for Change**

William Hodgman, JD, Assistant District Attorney, Los Angeles  
County

Kathleen Connolly Lacey, LCSW, Program Director, UCSF/Citywide  
Case Management Forensic Program

This presentation will provide an overview of two important systems in California developed to divert individuals with mental illness from the criminal justice system - one in Los Angeles and one in San Francisco.

**Los Angeles:** When District Attorney Jackie Lacey took office in December 2012, one of her first priorities was to develop a mental health diversion program in Los Angeles County. This presentation chronicles the journey from visionary concept to the establishment of a multi-departmental, multi-agency initiative which encompasses pre-bookings diversion to permanent supportive housing and is now a funded component of the Los Angeles County infrastructure.

**San Francisco:** San Francisco has been actively creating strategies to address the over-incarceration of individuals with serious mental disorders for the last 15 years. This presentation provides an overview of San Francisco's evolving responses and solutions to diverting those with serious mental disorders out of the criminal justice system and into community treatment.

# CONFERENCE BOOK LIST

The Wisdom of Psychopaths

Kevin Dutton

The Psychopath Whisperer:  
The Science of Those Without  
Conscience

Kent A. Kiehl, PhD

A Mother's Reckoning:  
Living in the Aftermath of  
Tragedy

Sue Klebold

The Stranger Beside Me

Ann Rule

Brainstorm: The Power and  
Purpose of the Teenage Brain  
Daniel J. Siegel, MD

The Body Keeps the Score:  
Brain, Mind, and Body in  
the Healing of Trauma  
Bessel van der Kolk, MD

## EXHIBITORS

**Alkermes - Aristada**

**Alkermes - Vivitrol**

**CA Department of Corrections and Rehabilitation**

**Department of State Hospitals**

**Janssen Pharmaceuticals**

**MHM Services, Inc.**

**Otsuka Pharmaceuticals**

**Psychological Assessment, Inc.**

**Norbert Ralph, PhD, MPH:**

A Prosocial Skills Workbook for Probation Youth -  
Field-test a Workbook!

## 10:00 am COFFEE BREAK

## 10:30 - Noon (1.5 CE hrs)

### 1. Cypress **Part 2 - Motivational Interviewing: How to get your Clients to Talk Themselves into Positive Change** CEU

Jennifer Baity, LCSW, LAADC, MHRC Program Director, San Francisco General Hospital

Motivational Interviewing (MI) is the well-known, evidence-based practice of collaborative conversation for strengthening a person's own motivation and commitment to change that focuses on the language of change and explores a person's ambivalence about change. When using MI correctly, you can see your clients literally talk themselves into changing. Forensic clients are often wrongly thought of as "unchangeable" and impervious to clinical interventions that address some of the common issues they face that often lead to their incarceration such as: excessive substance use, poor psychiatric medication adherence, anger management problems, and the like. In two parts, this presentation will teach you techniques for Motivational Interviewing, how to use MI in your organization and why it is more likely to keep your clients from ending up back in the system than many other approaches.

### 2. Ballroom **Part 2 - Understanding Trauma and Its Effects on Risk-Taking, Delinquency, and Criminal Behavior** IV/V/VI

CEU

Gena Castro Rodriguez, PsyD, LMFT, Chief of Victim Services, Office of District Attorney George Gascón

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**3. Big Sur**  
CEU  
MCLE

**Improving Decision-Making and Reducing Bias in Forensic Evaluations**

Joseph Lockhart, PhD, ABPP, Consulting Psychologist, Department of State Hospitals

Saty Satya-Murti, MD, FAAN, Health Policy Consultant

Bias in forensic and clinical decision-making is increasingly recognized as a problem in criminal and civil forensic evaluations. Recent research suggests that even forensic disciplines considered to be highly objective (such as fingerprint analysis and forensic anthropology) are subject to error due to the confirmation bias. The National Academy of Sciences (2009) sounded an alarm regarding the significant potential for bias in many forensic scientific disciplines, and the need to include research from cognitive psychology to reduce these problems.

This presentation will provide attendees with recent, significant examples of bias from both the literature and popular culture, discuss the empirical research on various types of biases, and provide concrete guidelines and methods to improve clinical judgment and reduce bias in their forensic and clinical evaluations. Presenters will summarize by discussing how experts can make their legal conclusions and forensic reports stronger by including information regarding how they considered evidence both for and against their opinion.

**4. Windjammer**  
CEU

**Part 2 - Using DSM-5 to Diagnose Controversial Paraphilias**

Charles A. Flinton, PhD, Chief Forensic Psychologist, San Francisco Forensic Institute

Deirdre D'Orazio, PhD, CEO, Central Coast Clinical and Forensic Psychology Services

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*Meeting Room map on back cover*

**5. Spyglass**  
CEU

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**6. Ballroom**  
**I/II/III**  
CEU  
MCLE

**WORDS TO DEEDS TRACK**

**Examining the Mental Health and Criminal Justice Systems  
Intersection: A Project of the Mental Health Services  
Oversight and Accountability Commission (MHSOAC)**

Toby Ewing, PhD, Executive Director, Mental Health Services Act  
Oversight and Accountability Commission

Ashley Mills, MS, Research Program Specialist, Mental Health Services  
Act Oversight and Accountability Commission

Proposition 63, known as the Mental Health Services Act, was approved by voters in 2004, imposing a 1 percent income tax on those earning over \$1 million to pay for the expansion of the public mental health system, including prevention and early intervention and innovative projects. The Mental Health Services Oversight and Accountability Commission is charged with overseeing the implementation of the Act, and to advise the Governor or Legislature on mental health policy issues.

This year the Commission will partner with experts and stakeholders to engage in a conversation about how the mental health and criminal justice systems intersect, and explore innovative strategies and policies that could potentially benefit both systems and those impacted. This discussion will provide an overview of the Act, its funding and components, the role of the Commission and how conference participants can get involved during this year long project.

*Meeting Room map on back cover*

## **12:00 noon LUNCHEON**

Vegetarian lasagne is one of the buffet options. Please discuss other meal needs with the banquet wait staff at the luncheon.

## **1:30 - 3:00 pm (1.5 CE hrs)**

### **1. Wind-jammer**

CEU

### **Implementing the Seeking Safety Model for Individuals Suffering From Trauma and/or Substance Abuse**

Ryan Sanft, LCSW, Director, Impression Healthcare Services, Inc. & PTSD Team Lead, VAMC Loma Linda

Seeking Safety is an evidence-based, present-focused counseling model addressing both trauma and addiction without requiring clients to delve into the trauma narrative, thus making it relevant to a very broad range of clients (including forensic populations) and easy to implement.

This presentation will help participants identify key elements in the correlation between PTSD and substance abuse. The presenter will discuss how to implement the Seeking Safety model in forensic settings; including both outpatient and incarcerated environments. The workshop will end by providing information for individuals wishing to learn about options for more training.

### **2. Spyglass**

CEU

MCLE

### **Online Sexual Misconduct: Psychological Aspects and Risk Assessment**

Hy Malinek, PsyD, Clinical and Forensic Psychologist

Recent years have seen tremendous growth in the number of criminal cases involving either online sexual misconduct or sexual misconduct that started online and continued elsewhere. There has been a particular rise in the number of cases which involve possession of child pornography, distribution of child pornography, sending obscene matter to a child or minor, and establishing contact with a child or minor for the purpose of lewd conduct. These cases have posed new and unique challenges for mental health professionals who are called to evaluate and treat these offenders. Courts have struggled in deciding the proper disposition in these cases, handing down a variety of sentences to online offenders from probation and registration to years in prison.

This presentation will provide a bird's eye view of this rapidly developing area of research and practice, discuss facts, figures and myths about online offending and offenders, and review diagnostic dilemmas that often emerge while evaluating online offenders. Methods of assessing risk will also be reviewed, along with research findings on the risk factors and recidivism rates of online offenders. Finally, practical suggestions for conducting comprehensive evaluations will be offered. The speaker is a clinical and forensic psychologist and an expert on assessing sexual misconduct. He has evaluated well over 2000 sexual offenders, and has testified on both "hands on" and "hands off" sexual offenders on numerous occasions in both state and federal courts.

**3. Big Sur**      **Law Enforcement/Mental Health A Comprehensive**  
**CEU**            **Approach To Mental Illness and the Criminal Justice System**

Lieutenant Brian Bixler, Officer-in-Charge, Crisis Response Support Section, Los Angeles Police Department

Chuck Lennon, LCSW, Mental Health Program Director, LAPD Mental Evaluation Unit, LA County Department of Mental Health

Detective Paul Scire, Officer-in-Charge, Case Assessment and Management Program (CAMP), Mental Evaluation Unit, Los Angeles Police Department

Detective Michael Morlan, Officer-in-Charge of the Mental Evaluation Unit, Los Angeles Police Department

Since 1993, the Los Angeles Police Department (LAPD) and the Los Angeles County Department of Mental Health (LACDMH) have both committed manpower and resources to staff the Mental Evaluation Unit (MEU), which partners a specially trained LACDMH clinician and an LAPD officer to reduce the potential for violence during police contacts that involve people who suffer from mental illness and to link them with mental health services.

This presentation will give you an overview of the MEU/SMART (Systemwide Mental Assessment Response Team) model of crisis response and call management of persons suffering from a mental health crisis. From training to initial call response, to triage, dispatch and call management by the SMART unit, to a comprehensive long-term case management strategy involving high risk, high recidivist, violent mentally ill persons, this team approach offers the most comprehensive collaborative model. This system-wide approach is ever evolving based on the needs and challenges faced by the community it serves and those individuals afflicted with a mental illness, which requires a well formulated, comprehensive, and compassionate response. The MEU has been recognized as a model to be duplicated both nationally and abroad.

**4. Ballroom**      **Remediating Juvenile Competency to Stand Trial: The**  
**IV/V/VI**          **Kids' Court School Competency Remediation Program**

CEU                Rebecca Nathanson, PhD, James Rogers Professor of Education &  
MCLE             Law, University of Nevada, Las Vegas

Shauna Conner, Los Angeles County Department of Probation

Increasingly, states are introducing legislation requiring the provision of remediation services for youth found incompetent to stand trial. However, very few remediation programs exist nationally. This presentation will provide an overview of the Kids' Court School Competency Remediation Program. Preliminary data on the effects of the program on youth's competency to stand trial will be presented, revealing that the Kids' Court School Competency Remediation Program had a significant effect on legal knowledge and participants who received the curriculum became competent after the intervention, as evidenced by their group mean scores on the MacCAT-CA from pretest to posttest. This has important policy implications as youth must legally be considered competent to move through the adjudication process.



## 5. Cypress

CEU

MCLE

### **Community Transition Center: A Collaborative Approach to Offender Reentry**

Karna Lau, MPA, Supervising Probation Officer, San Diego Probation, Post Release Offender Division

Michelle Romero, LMFT, Program Manager, Behavioral Health Services Team, Optum

This presentation will discuss the Community Transition Center (CTC), a program designed to fully support offenders returning to the community from incarceration. It was implemented in January of 2013 and is co-located with the Lighthouse Residential Treatment Program. At this site, a multi-disciplinary team of probation officers, behavioral health clinicians, a nurse case manager and benefits workers assess offenders and link them to services they need to facilitate their reentry into the community. All offenders are transported to the CTC from every California Department of Corrections and Rehabilitation facility. If offenders need short-term housing, they can reside at the CTC while long-term plans are developed. Offenders who access transitional housing at the CTC receive early intervention services from Lighthouse counselors. The CTC is the only program of its kind in the state, and to date has assessed nearly 4,000 offenders re-enter the community since implementation in 2013.

## 6. Ballroom

I/II/III

CEU

MCLE

### **WORDS TO DEEDS TRACK**

#### **Stepping Up California: County Leaders Working to Safely Reduce the Prevalence of Individuals with Mental Illness in Jail**

Hallie Fader-Towe, JD, Senior Policy Advisor, the Council of State Governments Justice Center

Robert Ochs, LCSW, Sonoma County Chief Probation Officer

Natalie Berns, Santa Cruz County Probation Department

Pam Rogers-Wyman, MFT, Santa Cruz County Behavioral Health

As of February 2016, over 200 counties nationwide have “Stepped Up” and committed to working on safely reducing the prevalence of people with mental illnesses in their jails. This session will introduce elements of how county leaders from justice and health can work together to develop and implement plans towards this goal using strategies already underway by some California counties. The discussion will include policy and programmatic strategies, as well as approaches for putting concrete numbers to goals and outcomes.

**3:00 pm**

**COFFEE BREAK**

*Meeting Room map on back cover*

# CONGRATULATIONS!

## 2016 AWARD WINNERS

### **WILLIAM T. ROSSITER AWARD**

#### ***Jennifer L. Skeem, PhD***



Each year FMHAC presents the William T. Rossiter award to an individual who has contributed widely to the field of Forensic Mental Health and treatment of mentally ill involved with criminal justice system and is known for distinguished service.

This year's Rossiter award winner is Dr. Jennifer L. Skeem, an honored psychologist and professor who researches the nexus between behavioral health and criminal justice to inform legal decision-making about juveniles and adults with emotional and behavioral problems. Dr. Skeem's research has had significant impact on improving outcomes for justice-involved people with mental illness, understanding psychopathic personality disorder, and promoting prosocial behavior among juveniles at high risk for violence.

Dr. Skeem is the author of over 150 articles and chapters and editor of 2 books—including *Applying Social Science to Reduce Violent Offending*, which won the American Psychological Association's Division 41 Book Award for Outstanding Scholarship in Psychology and Law. She is the past President of the American Psychology-Law Society and member of the John D. and Catherine T. MacArthur Foundation Research Network on Mandated Community Treatment. She has served on advisory boards for the Council of State Governments Justice Center, U.S. Administrative Office of the Courts and U.S. Sentencing Commission.

In recognition of her body of work, which is directly related to FMHAC's goal of promoting treatment of mentally ill individuals in the criminal system, the Association is honored to present this year's Rossiter award to Dr. Jennifer L. Skeem. Congratulations.

## **CHRISTINE M. WEST AWARD**

### ***Los Angeles Police Department's Mental Evaluation Unit, A Collaboration with the Los Angeles County Department of Mental Health***



This year, FMHAC proudly awards the Christine M. West Award to the Mental Evaluation Unit (MEU), a collaboration between the Los Angeles Police Department (LAPD) and the Los Angeles County Department of Mental Health (LACDMH). For over four decades, the LAPD's Mental Evaluation Unit has worked to reduce the potential for violence during police contacts that involve people who suffer from mental illness and to link them with mental health services. In 1993, and in conjunction with LACDMH, Los Angeles was one of the first communities to develop police/mental health co-responder teams, known as the Systemwide Mental Assessment Response Team (SMART). Now the largest of its kind, the program was designed to effectively engage and link persons with a mental illness to appropriate services.

Though SMART was effective, it became obvious that further intervention was needed so, in 2005, the Case Assessment and Management Program (CAMP) was developed to identify, monitor, and engage these individuals and construct a case management approach by pairing LAPD detectives with psychologists, nurses and/or social workers from LACDMH to develop long-term solutions for the individual client's needs.

In the years since, LAPD has also developed a 24-hour/7-day-a-week MEU-Triage Desk to triage all LAPD contacts with persons who suffer from a mental illness and Mental Health Intervention Training (MHIT), a 40-hour course delivered 25 times a year to officers who have the greatest likelihood of interaction with persons who suffer from a mental illness and are in crisis.

LAPD's MEU has received numerous local and national awards for their work in providing humane, cooperative, compassionate, and effective law enforcement response to persons within Los Angeles who are afflicted with mental illness. Their program has become a model for law enforcement agencies throughout the nation and FMHAC is honored to award the Mental Evaluation Unit this year's West Award. Congratulations!

**1. Spyglass      Wellness Recovery Action Plan (WRAP) for Forensic  
CEU              Populations**

Kathleen Wallace, San Francisco Community Behavioral Health

This presentation will begin with a brief history of the psychiatric Survivor Movement from the early 20th Century to the present. It started as an adversarial dichotomy and has evolved into a movement where mental health consumers who can manage themselves and their symptoms acquire jobs working in and for the system to advance the system's goals of wellness and recovery.

Wellness and Recovery is the current consumer movement. It is the umbrella under which (WRAP ) Wellness Recovery Action Plan, a self-determined tool for managing the vicissitudes of everyday life with a mental health challenge is situated as part of today's consumer movement. It was designed by Mary Ellen Copeland, PhD (a consumer) and other mental health constituents living in and around Vermont in 1997.

In this presentation, you will learn the different sections of WRAP and how it works for any individual who needs to step back from a situation and discover his/her part in that situation and hopefully initiate changes that bring about a better outcome. In brief, it is a way for outsiders to find their way inside the system.

**2. & 6.              WORDS TO DEEDS TRACK**

**Ballroom           Creative Strategies for De-criminalizing the Mentally Ill**

**I/II/III**

CEU

MCLE

Sandra Sigrist, LCSW, Adult & Aging Clinical Manager, Yolo County Health & Human Services Agency

Christopher Z. Bulkeley, JD, Supervising Deputy District Attorney, Yolo County District Attorney's Office

Ian Evans, MFTI, Clinician, Yolo County Health & Human Services Agency

Christina Tranfaglia, MFT, Deputy Probation Officer, Mental Health Court, Yolo County

There is a pressing need in more counties with diverse communities for collaborative intervention strategies that lead to successful outcomes for mentally ill offenders, including those with co-occurring disorders. A decrease in psychiatric hospitalizations, emergency room utilization, incarceration days and homeless episodes can be achieved in systems of care that consistently utilize evidence-based and evidence-informed practices. Drawing on models utilized in urban settings, Yolo County service providers are implementing a variety of practices and demonstrating improved outcomes on multiple fronts. This presentation will review the strategies currently utilized, lessons learned and provide suggestions for effective cross-system collaborations.

*Meeting Room map on back cover*

### 3. Cypress      **Psychodynamic Forensic Case Formulation**

CEU

MCLE

Eric P. Simon, PhD, ABPP, SVP Evaluator, California Department of State Hospitals Sex Offender Program

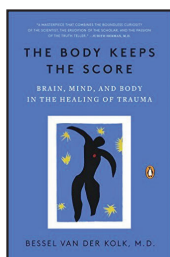
Forensic psychologists are commonly tasked to address such issues as emotional and volitional impairment, mental competency/sanity and assessment of recidivism risk. Employing psychodynamic concepts can provide a depth-based understanding of the individual of study, and is often helpful to elucidate the mind of the offender and attend to the ultimate forensic questions inherent in the case. In the context of conducting such forensic evaluations as Mental Competency, Not Guilty by Reason of Insanity, Mentally Disordered Offender, and Sexually Violent Predator Evaluations, the following concepts will be discussed: Transference, Repetition Compulsion, Intrapsychic, Introject, Fixation, Cathexis, Regression, Identification with the Aggressor, Common Defense Mechanisms, and the object-relations and self-psychology concepts related to a Loss of Possession of the Self.

### 4. Big Sur      **Addressing Theory of Mind Deficits in Children with Attachment Disorders**

CEU

Randall Ramirez, LCSW, LMFT, Clinical Director, Discovery Counseling Center

Children impacted by Reactive Attachment Disorder (RAD) or Disinhibited Social Engagement Disorder (DSED) comprise a small, yet discrete population of youth facing early out-of-home placement, residential treatment, and frequent encounters with juvenile justice and child welfare systems. Due to the child's experience of continued disruption in the formation of primary attachments, a unique set of approaches is required which often appears counter-intuitive to what most care providers feel is normal or comfortable for them, thus delaying necessary preventive treatment. One of the most treatment-resistant challenges facing clinicians working with youth suffering from RAD or DSED is the aberrant development of a theory of mind. This impairment is seen as a result of the child's inability to trust another person (usually the primary caregiver) in sharing transitional experience, establishing mutual gaze, or replacing primitive needs with higher level social behaviors. This commonly manifests as hoarding, stealing, lying, manipulative, or unemotional behaviors, and often results in loss of permanence in their community of origin. This presentation will focus on various strategies aimed at assisting the child's ability to develop a theory of mind, as well as to increase their ability to relax internal working models away from maladaptive patterns of interacting towards healthier patterns. The presenter will draw upon his 30 years of experience in treating children with RAD/DSED, and observations from his attachment workgroup.



## RAFFLE!

Win a copy of

**Dr. Bessel van der Kolk's  
book The Body Keeps the Score: Brain,  
Mind, and Body in the Healing of Trauma  
at the FMHAC Business Meeting**

**3:30 - 5:00** (1.5 CE hrs), continued

**5. Ballroom IV/V/VI      'Just Get Over It' Just Isn't Enough: Toward a Conceptual Framework for Trauma-Informed Care**

CEU      Alicia Summers, PhD, Program Director, Research & Evaluation,  
MCLE      National Council of Juvenile & Family Court Judges

This presentation will describe the National Council of Juvenile and Family Court Judges efforts to define and operationalize what it means to be a trauma-responsive court, as well as develop a protocol to conduct "trauma audits" in courts to assess the degree to which environment, practice, and policy are trauma-responsive. Included in the presentation will be an overview of how trauma and how it may affect the children and families that come before the juvenile and family courts, as well as preliminary findings and lessons learned from the first eleven trauma audits.

**5:00pm      FMHAC BUSINESS MEETING**

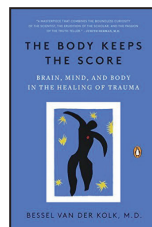
**Ballroom  
I/II/III**

**Board Elections:**

- Secretary
- Director of Conference
- Director of Education

**Raffle:**

The Body Keeps the Score: Brain, Mind,  
and Body in the Healing of Trauma



## FRIDAY, MARCH 18

**Room check out at the Hyatt is 12:00 noon.**

**8:30am - 1:00 pm** (4.0 CE hrs)

**Main Ballroom      'What Works' for People with Mental Illness in the Criminal Justice System**

CEU      Jennifer Skeem, PhD, Clinical Psychologist, Professor, School of Social  
MCLE      Welfare & Goldman School of Public Policy, UC Berkeley

People with serious mental illness are grossly overrepresented in the criminal justice system. This high-need, high-risk, high-cost population has attracted substantial policy attention. Most programs for these people assume that mental illness is the direct cause of the problem, and linkage with psychiatric services is the solution. For example, specialty mental health caseloads have been recommended to go beyond "controlling" offenders (to protect public safety) to also provide "care" that features mental health services. Our research challenges the assumption that mental health services will translate to recidivism reduction. Justice-involved people with mental illness have much in common with their non-ill counterparts. To achieve better outcomes for this group, it is important to look beyond psychiatric explanations and solutions.

***Remember to complete the Electronic Evaluation Survey!***



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### ABOUT MHM

MHM boasts over 30 years of experience in providing contractual behavioral health management services in a wide range of patient care settings including hospitals, nursing homes, correctional facilities, and community mental health centers. In California, MHM manages eight CONREP program regions and provides staffing assistance for Coalinga and Atascadero state hospitals. MHM employs over 3,000 clinical, managerial and administrative professionals nationwide. MHM provides cost savings for our clients through better practices and efficiencies, including improved recruiting, pharmacy management, and clinical operations- never by compromising care. MHM is led by a team of experienced managers and clinical directors who customize our programs and services to meet the unique needs of our clients.



**Elizabeth Barton, MBA**  
Administrative Program  
Manager



**Sharon Aungst, MS**  
Regional Vice President

CHANGING THE  
PARADIGM FOR  
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## Mission

## Vision

A true shift in the paradigm between criminal justice and mental health will embody an effective jail diversion system that fosters a successful and ongoing exchange of information among courts, criminal justice agencies, mental health professions, government and non- government organizations, to achieve a substantial positive change in the way individuals with mental illness are treated within our communities.

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## WORDS TO DEEDS LEADERSHIP GROUP

Sharon Aungst – Correctional Healthcare Consultant

Kirsten Barlow – Executive Director, County Behavioral Health Directors Association of California

Bill Brown – Santa Barbara County Sheriff-Coroner

Carmen Green – Executive Director, California State Sheriffs' Association

Darby Kernan – Legislative Representative, California State Association of Counties

Kathleen Lacey – Program Director, UCSF/Citywide Case Management

Elaine Linn – Words to Deeds Coordinator; Elaine Linn Creative Strategies

Rosie McCool – Deputy Director, Chief Probation Officers of California

David Meyer – Clinical Professor, Institute of Psychiatry, Law and Behavioral Sciences, University of Southern California Keck School of Medicine

Karen Moen – Senior Court Services Analyst, Judicial Council of California (Ret.)

Kimberly Pearson - Deputy Agency Director, Orange County Correctional Health Services

Patricia Ryan – Consultant & former Executive Director (Ret.), County Behavioral Health Directors Association of California

Kevin Smith – Ethnic Services Manager, Orange County Behavioral Health Services

Linda Tomasello – Senior Governmental Program Analyst, California Highway Patrol

Jolena Voorhis – Executive Director, Urban Counties Caucus

Kit Wall – Words to Deeds Project Director; Kit Wall Productions

Charlie Walters – Law Enforcement Consultant

Stephanie Welch - Executive Officer, Council on Mentally Ill Offenders

Molly Willenbring – Executive Director, Forensic Mental Health Association of California

Jenai Wyatt – Events Coordinator, California State Association of Counties

Helene Zentner – Field Representative, California Board of State and Community Corrections

Carrie Zoller - Supervising Attorney, Judicial Council of California, Administrative Office of the Courts



# THANK YOU TO ALL THE SUPPORTERS OF WORDS TO DEEDS 2015!



CALIFORNIA  
HEALTHCARE  
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# CONTINUING EDUCATION

Find your licence type below and follow the instructions to receive CE credit. It is recommended that you use the Sign In/Out form provided in your conference packet to ensure FMHAC has a record of your session attendance.

**Don't forget to be signed in and out of your sessions.** Please don't ask FMHAC to sign for a session outside the meeting rooms, after a class has started, or before a class has ended. We can't put our CE providership in jeopardy!

## CEU - CPA/BBS/BRN - All Workshops Approved, 14.5 Hours

CPA OPD (Psychologists) - Provider #FOR005

BBS (MFT, LCSW) - The Board of Behavioral Sciences accepts CEs approved by the CPA.

BRN (RN, NP, LVN, Psych Tech) - Provider #CEP 5965

Complete the following forms and turn them in at the registration table at the end of the conference to receive credit.

1. Sign In/Out form (duplicate form). One form is provided to each attendee for the entire conference. Make sure to obtain FMHAC initials at each workshop you attend and that a member of the FMHAC Board signs the form at the end of the conference. Maintain your yellow copy.
2. Fill out the Evaluation Survey to receive credit. Remember, the Evaluation is electronic this year and will be emailed to you on the final day of the conference.

CE Statement: FMHAC is approved by the California Psychological Association to provide continuing professional education for psychologists. FMHAC maintains responsibility for this program and its content.

## MCLE - See Courses Marked MCLE

CA State Bar Provider #15388

Fill out the Evaluation Survey to receive credit. Remember, the Evaluation is electronic this year and will be emailed to you on the final day of the conference.

We recommend you utilize the Sign In/Out form provided in your conference packet: One form is provided to each attendee for the entire conference. Obtain FMHAC initials at each workshop you attend, have FMHAC sign the form at the end of the conference and maintain your yellow copy.

Selected Sessions:

Toby Ewing	Joseph Lockhart, PhD, ABPP	Jennifer Skeem, PhD
Hallie Fader-Towe, Esq	Hy Malinek, PhD	Sandra Sigris, LCSW
William Hodgman, Esq	Rebecca Nathanson, PhD	Eric Simon, PhD, ABPP
Karna Lau, MPA	Charles Scott, MD	Alicia Summers, PhD

## CME - See Insert

Please see the CE Update Sheet in your folder for more information about CME.

## POST - Not Approved

Unfortunately, POST units were not obtained this year.

## STC - Special Certification

Apply for Special Certification through your STC training manager/coordinator.

# THE FORENSIC MENTAL HEALTH ASSOCIATION OF CALIFORNIA

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The floor plan of the Los Angeles City Hall is a complex layout with various rooms and areas. The central corridor features a set of stairs and a large hall labeled 'BIG SUR'. To the right of the corridor are several rooms, including 'SPYGLASS', 'MARK THOMAS BOARDROOM', 'OAK TREE', and 'PRESIDO CARDROOM'. To the left of the corridor are rooms labeled 'WINDHAMMER', 'CYPRRESS', and 'MEN'. The plan also shows a 'FOYER' area and a 'STAIRS' area. The 'NORTH ENTRANCE' and 'CYPRESS TERRACE' are located at the bottom of the plan. The 'WOMEN' and 'MEN' restrooms are located on the right side of the plan. The 'OAK TREE' and 'PRESIDO CARDROOM' are located on the left side of the plan. The 'MARK THOMAS BOARDROOM' is located in the center of the plan. The 'SPYGLASS' room is located on the right side of the plan. The 'BIG SUR' hall is located in the center of the plan. The 'WINDHAMMER' room is located on the left side of the plan. The 'CYPRRESS' room is located on the left side of the plan. The 'MEN' restrooms are located on the right side of the plan. The 'WOMEN' restrooms are located on the right side of the plan. The 'NORTH ENTRANCE' is located at the bottom of the plan. The 'CYPRESS TERRACE' is located at the bottom of the plan. The 'FOYER' area is located in the center of the plan. The 'STAIRS' area is located in the center of the plan.

The floor plan shows the Regency Grand Ballroom, a large rectangular space divided into six sections labeled I, II, III, IV, V, and VI. The ballroom is surrounded by various service areas and entrances. To the left of the ballroom is the Prefunction area, which includes a large open space and a staircase. To the right of the ballroom is the Service Corridor. The top of the plan shows the Regency Terrace, which includes a large open area and a staircase. The bottom of the plan shows the Peninsula Terrace, which includes a large open area and a staircase. The plan also shows the location of the Men's and Women's restrooms, the Elevator, and the Business Center.

# Hyatt Regency Meeting Rooms