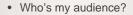
> Successful supervision outcomes Through evidence-based Practices: Just another swing of the pendulum?

Forensic Mental Health Association of California, March 2011

today's session

- Brief overview of U.S. Probation
- My outcomes data
- Development of EBP in the federal system
- Current research on EBP in community corrections
- Officer & Offender Relationship and Supervision Outcomes
- Effective Collaboration Between Mental Health Treatment Providers and Parole/Probation Officers • Q&A
- Time permitting -- More on Officer & Offender Relationship and Supervision Outcomes



U.S. Probation



CD-CA

- 14 Field Offices, 150 Supervision Officers, 45 Pre-sentence Officers, 3 Federal Courthouses
- Crimes: Drug Trafficking, Immigration, Credit Card Fraud, White Collar Fraud, Bank Robbery, RICO, Cyber Crime, Sex Offenses
- Diversity of Offenders

caseload/workload

- General Caseloads = 55-65
- Drug Specialists = 45
- MH Specialists = 35-40
- Sex Offender Specialists = 25
- 100% Supervisory case reviews
- Case Weighting

- Parole abolished November 1, 1987
 - Supervised Release (76%)
 - Probation (22%)
 - Parole (<2%)
 - Military Parole (<1%)
 - Conditional Release (<1%)

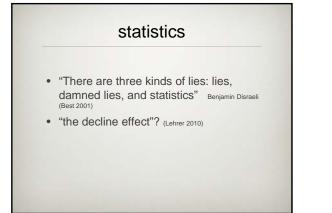




recidivism

 Numbers are Frightening and Depressing: 50-66% Recidivism within 3 years; 70% in California





outcome data

- Not a scientific study; collected day to day on the job
- October 1, 2007 December 31, 2010
- 1-5+ years, mostly 3 or 5
- n=482
- 74% successful

reincarceration vs.

rearrest

- 82% not returned to federal custody
- minus offenders convicted of new state/local criminal conduct, but not revoked, and offenders rearrested state/local without conviction = 74% successful
- Rearrest w/o conviction <1%*

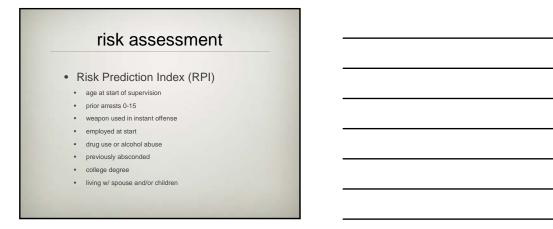
- 3 federal unpublished -- 68-70%
- 3 federal published -- 72%, 67%, & 77%

reasons for revocation

- New criminal conduct: 6.6%
- Drug Violations: 7.2%
- Non-drug technical violations: 4.6%

critique

- Undetected criminal conduct
- Federal offenders are low risk?



- RPI scores 1/09 12/10
- n= 355
- Total average = 2.9
- Successful average = 2.4
- Unsuccessful average = 4.7

offender employment

Dates	Unemployment Rate	Unemployment local rate U.S. Department of Labor, Bureau of Labor Statistics; Los Angeles - Long Beach - Glendale Metropolitan Division	
June 2008	6.5%	7.2%	
December 2008	6.5%	9.6%	
July 2009	13.8%	11.9%	
January 2010	20%	12.5%	
June 2010	14%	12.2%	
January 2011	22%		



• Compares very favorably to national data estimating offender unemployment at 35-40% and 80% after one year for state parolees in California (Petersilia 2003)

we are doing something right

• Evidence-Based Practices (EBPs)

> "Community corrections professionals are smart, cynical, and like to make individual decisions." Michael Jacobson, President & Director of the Vera Institute of Justice, February 2010

evidence-based practices

- Best Practices
- What Works
- EBP

a brief history of ebp at the federal level

- Supervision of Federal Offenders Monograph 109 March 2003
- Emphasis on:
 - Execute the sentence
 - Protect the community-reduce risk
 - Success during supervision & beyond
 - Correctional & controlling strategies
 - Community based graduated sanctions

> Not called best practices, but that's what they were and still are

- Principles of Good Supervision
 - Individualized -- risk, needs, & strengths
 - Proportional -- no greater deprivation of liberty than reasonably necessary
 - Purposeful
 - Multidimensional
 - Proactive in implementation
 - Responsive to changes

 Prerelease reentry planning through RRCs; Ready To Work; In-reach

- March 2004 Edward Latessa, University of Cincinnati (UC) at this conference
 - CBT interventions reduce recidivism up to 20%-30%

- CD-CA specialists: September 2005 --John Wright (UC)
- National: 2007 Research 2 Results (R2R)
 - 15 districts (not ours) & 3 pretrial services offices
 - Offender workforce development; motivational interviewing; CBT (manualized group counseling and/or journaling); Risk/Needs Assessment

- CD-CA: April 2008 hosted 9th Circuit EBP/Treatment Services Conference
- District EBP Committee

• 2010:

- MRT & Makin' It Work
- Doing all 13 strategies; Supervisors tasked w/ focusing on 2-3 strategies in each office

• 2011:

- CBT training for all officers
- Next Steps:
 - EBP training for all officers
 - PCRA -- normed & validated on 185,000 Federal offenders

organizational development

- Leadership support
- Line-staff buy-in
- P&P
- Vendors capable of providing CBT
- 6 year+ process

EBP 8 Principles CJI & NIC 2004

- Assess actuarial risks & needs
- Enhance intrinsic motivation
- Target interventions -- RNR, dose, integrated treatment
- Skill train w/ directed practice CBT
- Increase positive reinforcement
- Engage ongoing support in natural communities
 Measure relevant processes & practices
- Provide measurement feedback

13 strategies urban institute 2008

- "Is our agency committed to helping offenders change their behavior?"
- Emerging consensus = risk reduction & behavioral change strategies to accomplish public safety mission.
 Offender behavior change as strategy vs. surveillance & law enforcement model
- 66% of parole agencies employ EBPs
 -- (Jannetta et. al. 2009; survey of 751 parole offices in 49 states)

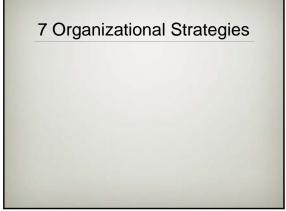
not all agree w/ this "emerging consensus"

- 2 Probation Officers postings on blog re: Probation-Officer involved shooting
- A while back I was on vacation ... and ran into ... a couple of POs at an ice cream shop. I asked if they were going to arrest someone. One of the POs said that they do that every day -- go out in the field, visit their probationers and ride them until they find a violation and then put them in jail. He said, 'That's our job to catch them messing up and lock them up.' What a concept that's what probation is, not holding their hand and making excuses.

> "Some Chiefs still take the 'hug a thug', social services approach to Probation work... that's pretty damn scary. Every contact we make as Probation Officers is with known, convicted felons... many with violent criminal histories ... many on Parole as well. We're making entry into the crappiest homes in the crappiest neighborhoods ... usually with the intent to toss for dope and make an arrest. And of course, we ALWAYS come across a few unknown, bonus dirbags in back rooms (usually with warrants). Our felons know that when we hit the door they might be headed to prison ..."

- Law enforcement vs. social work is a false dichotomy it's a continuum
- Community corrections is a unique profession -- "change agents"
- · Cynical or soft?
- Over-punish non-violent drug offenders and under-punish violent offenders
- Not talking about dangerous psychopaths

13 strategies urban institute 2008



- Define Success as Recidivism
 Reduction and Measure Performance
 - Suggested goal: no more than 10% of supervisees commit a new crime w/in 3 years -- my data = 14.5%
- 75% of parole agencies track current recidivism

- Tailor conditions of supervision
 - Presentence & modifications
- 52% always or most of the time

- Focus resources on moderate & high risk
- 93% focus, but appears heavily weighted toward surveillance

- Front load supervision resources
- 80%

- Implement earned discharge
 - Risk management levels -progressive decrease of supervision levels from intensive maximum to low intensity to early termination
- 51%

- Implement place-based supervision
 - Network of natural & informal supports in one's neighborhood have the greatest power to shape offender behavior
- 62% geographically assigned

• Engage partners to expand intervention capacities

- Collaboration improves outcomes
- 79% w/ service providers at least weekly; 70% w/ law enforcement at least weekly

Individual Level Strategies

- Assess criminogenic risk & need factors
 - Instruments better predictor than individual professional judgement
 - The "Central 8": prior criminal history; antisocial personality; antisocial cognition; antisocial peers; family and/or marital discord; poor school and/or work performance; few leisure/recreational activities; substance abuse
- 82% use instrument always or most of the time

- Develop and implement supervision case plans that balance surveillance & treatment
 - Surveillance & treatment more effective than surveillance alone
 - Treatment programs: CBT; community based drug treatment; education & job assistance
- 86% always or most of the time

- Involve supervisees to enhance their engagement in assessment, case planning, and supervision
- 45% always or most of the time

- Engage informal social controls to facilitate community reintegration
 - Prosocial networks
 - Marriage & employment desistance from crime
 - Offenders cite family as most influential in staying out of prison
- 33% always or most of the time

- Incorporate incentives & rewards into the supervision process
 - Incentives & rewards: certificates; decrease reporting requirements; defer a monthly payment, appointment, or other requirement; eliminate conditions; mentor other offenders

• 71%

- Employ graduated problem-solving responses to violations in a swift & certain manner "without compromising community safety"
- 77% either 1/2 or majority of violations are technical; 60% use sanctioning grids or guidelines

> relationship quality between po & offender effects outcomes



- The right thing to do
 - our Charter For Excellence: Treat everyone with dignity and respect
- Safety issue
- Respect does not equal weakness



Procedural justice

 Citizens' willingness to comply w/ decisions made by legal authorities is linked w/ perceptions that decisions are based on fair procedures & benevolent motives; such perceptions are created by dignity, respect, & caring (Fulton et al. 1997)

> collaboration with probation & parole: treatment & public safety

forensic MH: shortage of qualified providers

Qualified:

 Integrated Co-Occurring Disorders Treatment and Forensic Treatment

Principles/approach

- Balance -- Empathy and Accountability
 - Relationship
 - Confrontation
- Victim-Centered

Evidence based practice in Correctional treatment

• RNR -- Needs Principle (Andrews & Bonta 2010)

dynamic risk factors/criminogenic needs

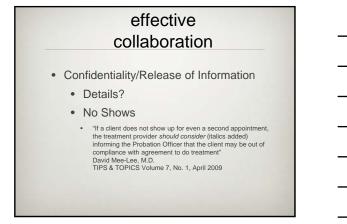
- prior criminal history
- antisocial personality
- antisocial cognition
- antisocial peers
- family and/or marital discord
- poor school and/or work performance
- few leisure/recreational activities
- substance abuse

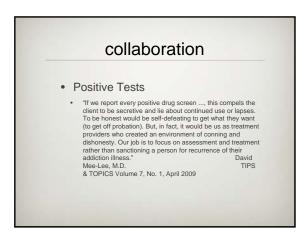
ebp for treating offenders

- Cognitive-Behavioral Curriculum-Based Group Therapy
- Examples: Thinking For a Change (T4C) <u>www.nicic.org</u> and Moral Reconation Therapy (MRT) <u>www. moral-reconation-therapy.com</u>

research-informed

- Address Instant Offense and Criminal
 History
- Confront/address Anti-social Attitudes
- Eliminate/reduce Anti-social Associations
- Encourage Pro-social thinking and behavior
- Abstinence from alcohol and drugs
- Develop/increase empathy
- Eliminate/decrease impulsive behavior
- Develop/improve life skills





collaboration

- Multiple clients the client/offender, the community, the probation officer
 - our Charter For Excellence: Effective stewards of public resources

- Reliance on self report vs. collaterals?
 - Persons on disability in Los Angeles: 49% of income to drugs and alcohol (Shaner, et al., 1995)
- Don't minimize cost of property crimes
- Serious crime -- bank robbery & heroin addiction

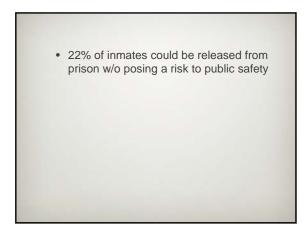






the public supports this approach

- Large national poll (1,200 registered voters) in March 2010 (The Pew Center on the States, 2010)
- 43% self-identified as politically conservative
- Safety is first concern; want criminals held accountable, but big difference in approach to violent vs. nonviolent offenders

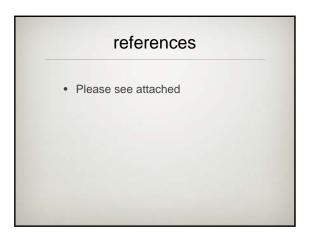


• "correctional quackery" (Flores et al. 2005)

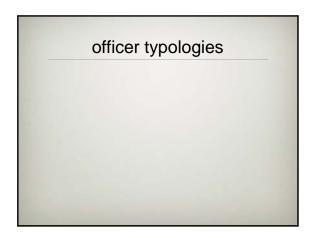
- Quackery = common sense or tradition over scientific evidence
- Unscientific services -- no change or can increase antisocial behavior

the pendulum? Punishment vs. rehabilitation









Klockars (1972)	Jones & Lurigio (1997
Law Enforcer	Punitive
Therapeutic Agent	Welfare Officer
Time Server	Bureaucratic Officer
Synthetic	Adaptive



- Synthetic/Adaptive Officer = both therapeutic & social control; the power of both the relationship & the mandate
- Law Enforcer & Time Server = rule enforcing
- Therapeutic Agent = unstructured support & permissiveness

- Therapeutic officers have increased new arrests, decreased technical violations
- Law Enforcer officers have decreased new arrests, increased technical violations
- Synthetic officers have decreased new arrests & decreased technical violations
 - Empathy & warmth to selectively reinforce prosocial behavior

current research

(Skeem et al. 2006, 2007; Skeem 2010)

• Problem solving, collaborative resolution of noncompliance vs. issuing rule reminders and threatening incarceration

- Relationship quality measured by:
 - Caring & fairness
 - Trust
 - Toughness -- indifference to offender's views & feelings; expectations of compliance & punitiveness when expectations are not met

- Positive aspects of relationship quality (caring & fairness & trust) associated w/ less violations, less revocation, & less new arrests
- Negative aspects of relationship quality (toughness) associated w/ increased violations

• Caring blended w/ fairness leads to trust

> Control = "firm but fair", respectful, motivated by caring; authoritative not authoritarian

• Ongoing role clarification = clear explanation of limits; freedom to express opinions; open discussion of what is negotiable and what is not negotiable

