What is Peer Support?

The Peer Support Program provides a way for employees to talk confidentially about any personal or professional problems, with trained co-workers who understand.

As life happens, the issues and difficulties we face changes and the way we choose to handle life situations varies as well. For example, some people may want to turn directly to professionals. While for others, speaking to fellow peers that have “been there,” and can relate to their situations on a peer-to-peer level is preferred.

Peer Support Members are:
• Sworn (all ranks)
• Reserves
• Professional staff.

Peer support members gain the necessary training to become peer support members and volunteer their time to help other employees going through a difficult period.

How do I contact a Peer Support Program (PSP) Member?

Call the Peer Support Program Coordinator (213) 738-3500.

Access the listing of Peer Support Program members through the Department intranet (http://intranet/intranet/ESS/Peer%20support.html)

Communications with psychologists at Psychological Services Bureau (PSB) are mandated to uphold an even higher level of confidentiality.

If you do not want to speak with a peer due to a highly private or confidential issues, you can speak with a psychologist anytime at PSB (213)738-3500.

Psychological Services Bureau (PSB) 213-738-3500
Communication between a Peer Support Program member and a Department employee is confidential except in the following circumstances:

1) There is a safety concern for self or others (including child abuse or dependent adult abuse);

2) The PSP member needs to make an appropriate referral or consult with PSB psychological staff on the concerning circumstances of the employee receiving peer support;

3) Disclosing the communication shared by the employee receiving peer support may reasonably prevent certain death, substantial physical harm, or commission of a crime;

4) The employee receiving peer support gives written authorization to disclose the confidential content from contacts with the PSP member.

NOTE: PSP members who are supervisors have additional responsibilities above non-supervisory PSP members in that they shall also report on-duty injuries, domestic violence, workplace violence, and Policy of Equality violations.