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Building
Justice
Involved
Behavioral
Health
Program
Learning
Objectives

Explain: “Forensic Behavioral Health”
Program Development

Examine:

Treatment modalities to
consider

Effective evidence based
treatment modalities

Demonstrate:

Implemented programs in
Sacramento

If nothing ever
changed, there'd be
no butterflies.
-Unknown



Sacramento County Behavioral Health

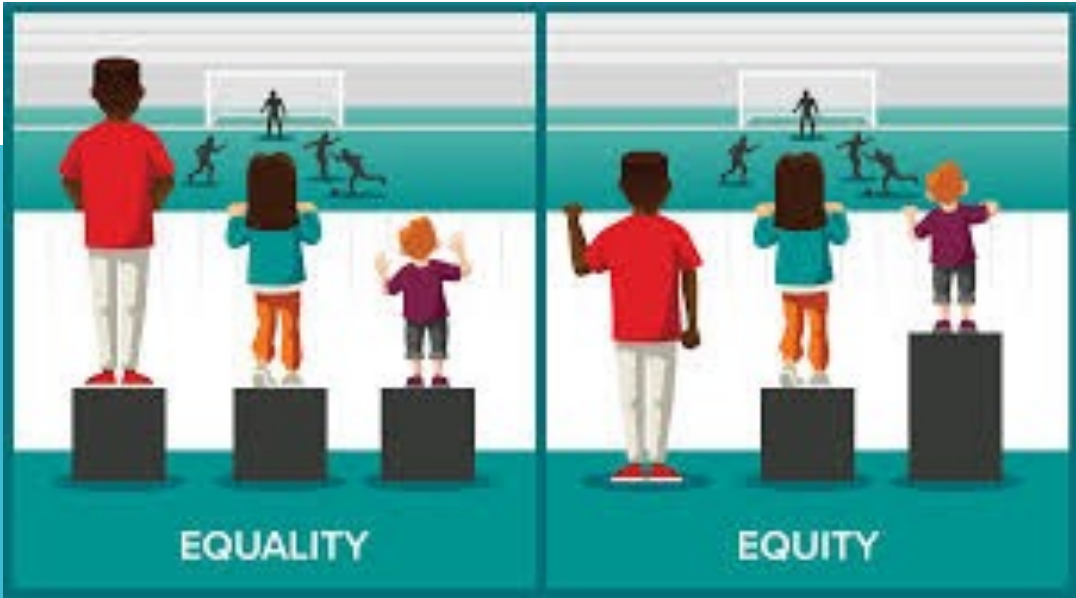
Mission

To provide a culturally competent system of care that promotes holistic recovery, optimum health, and resiliency.

Vision: We envision a community where persons from diverse backgrounds across the life continuum have the opportunity to experience optimum wellness.

Values

- Respect, compassion, integrity
- Client and/or family driven service system
- Equal access for diverse populations
- Culturally competent, adaptive, responsive, and meaningful
- Prevention and early intervention
- Full community integration and collaboration
- Coordinated, near home, and in natural settings
- Strengths-based integrated and evidence based practices
- Innovative and outcome driven practices and systems
- Wellness, recovery, and resilience focus.



Behavioral
Health Racial
and Equity
Collaborative





Program Development Process



Identifying a need...

Justice
Involved
Behavioral
Health
Division

- Client-driven
- Recovery oriented
- Trauma informed
- Culturally and linguistically responsive
- High intensity
- Community based
- Specialty Mental Health Services



The Justice Involved Division has been created, populations defined, funding secured, NOW WHAT?

Forensic Behavioral Health Programs

- Mobile Crisis Support Team (MCST)
- Adult Day Reporting Centers (ADRC)
- Youth Detention Facility (YDF)
- Jail Diversion Treatment Resource Center (JDTRC)
- Collaboration Courts
- Community Justice Full Service Partnership (CJFSP)
- Community Corrections Partnership Advisory Board (AB 109 plan)
- Assisted Outpatient Treatment (AKA Laura's Law)

SOMETIMES I FEEL
FANTASTIC...



UNTIL A CHANGE
DISRUPTS EVERYTHING.



HARD WORK (AND TIME)
CAN MAKE IMPROVEMENTS,



BUT THINGS NEVER
LOOK THE SAME.



AND THAT'S OKAY!

Community
Needs

Department
Needs

- Needs assessment
- Organizational assessment
- Identifying resources
- What is the goal?

Funding Questions



WHAT WOULD I DO

WITH ALL THAT

Money?

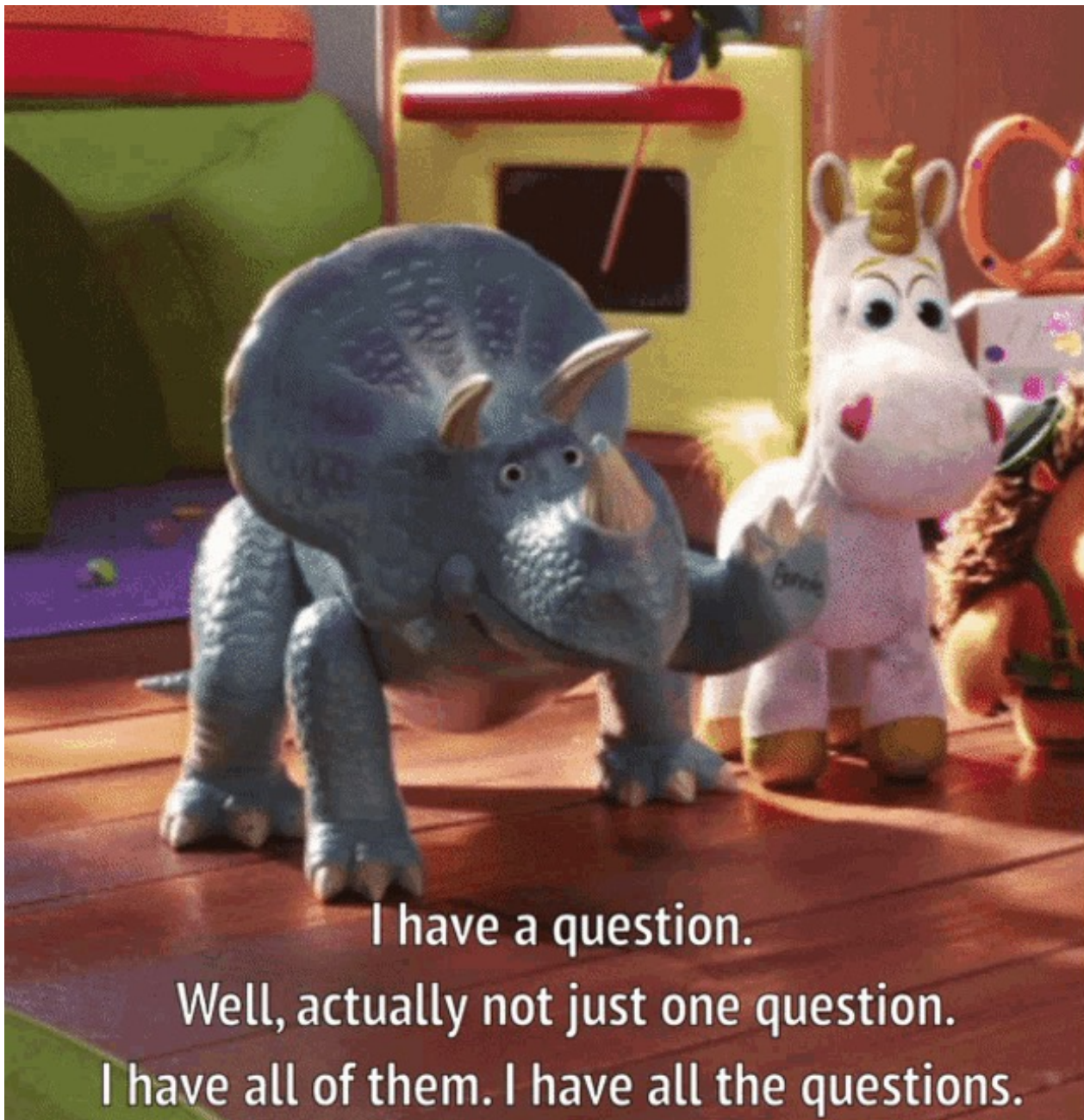
kissmylist.com

MHSA Innovation Projects

- The purpose behind MHSA Innovation (INN) projects are:
- Increase access to mental health services
- Increase access to mental health services to unserved/underserved populations
- Increase quality of mental health services including measurable outcomes
- Promote interagency and community collaboration All INN Projects are time-limited.

Creation of Justice Involved Behavioral Health Program

- Innovation Projects must contribute to learning and must do one of the following:
 - Introduce a mental health practice or approach that is new to the system
 - Make a change to an existing practice in the field of mental health
 - Introduces a new application of a successful non-mental health promising community-driven practice/approach to the mental health system



I have a question.

Well, actually not just one question.

I have all of them. I have all the questions.

Critical things to consider



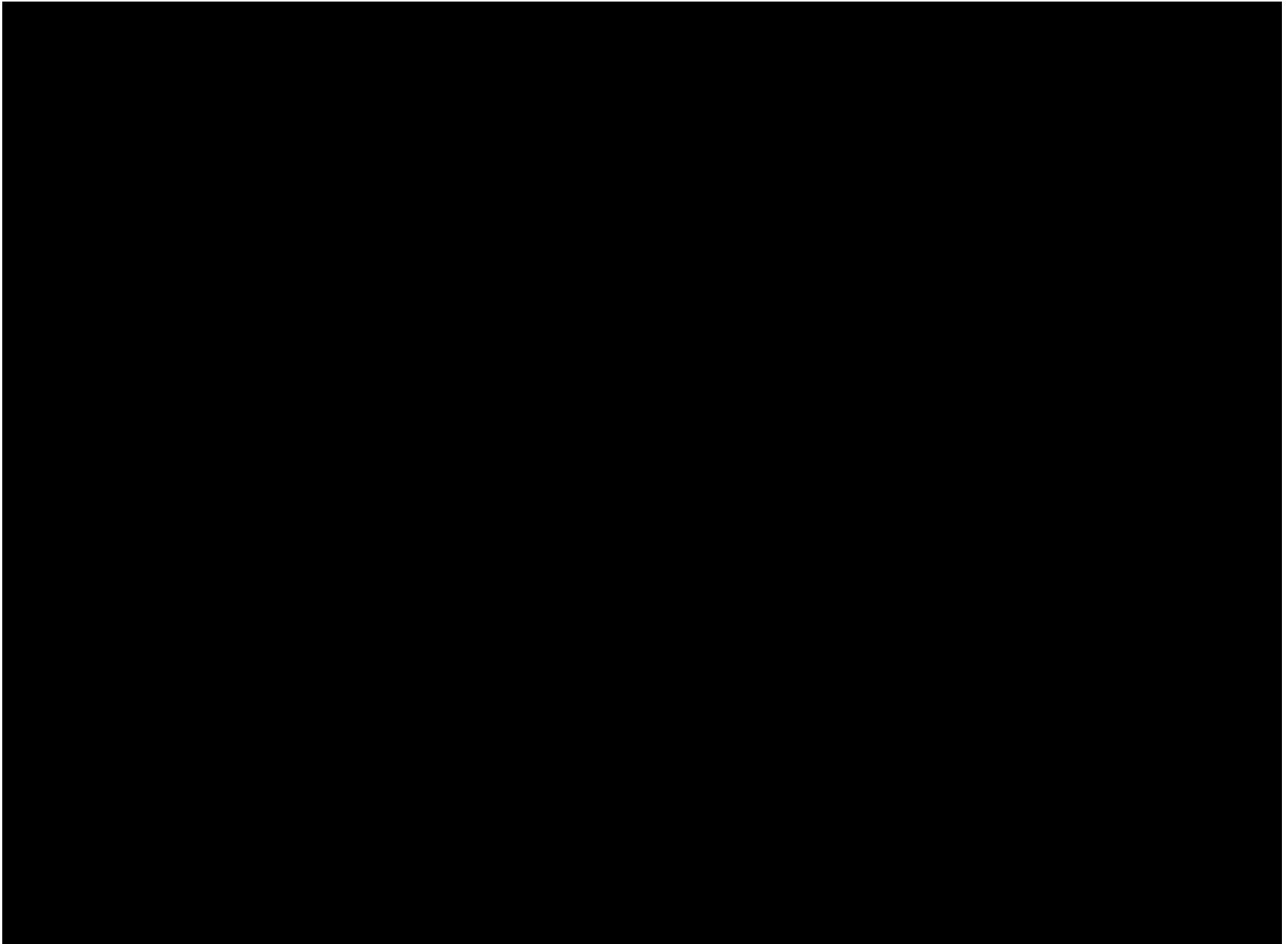
Research



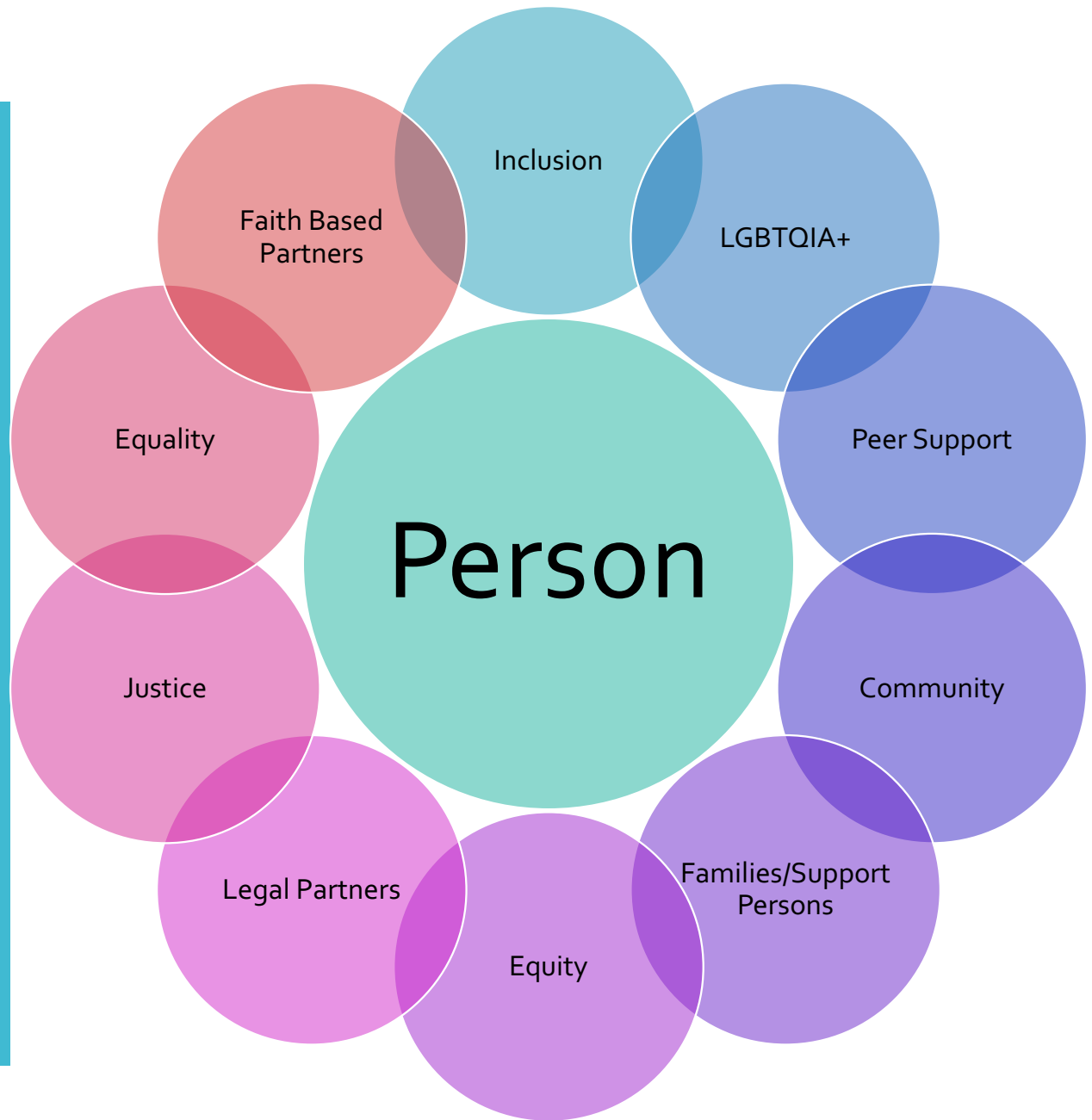


Who are your Stakeholders?

Who is on first—a lesson in communication...



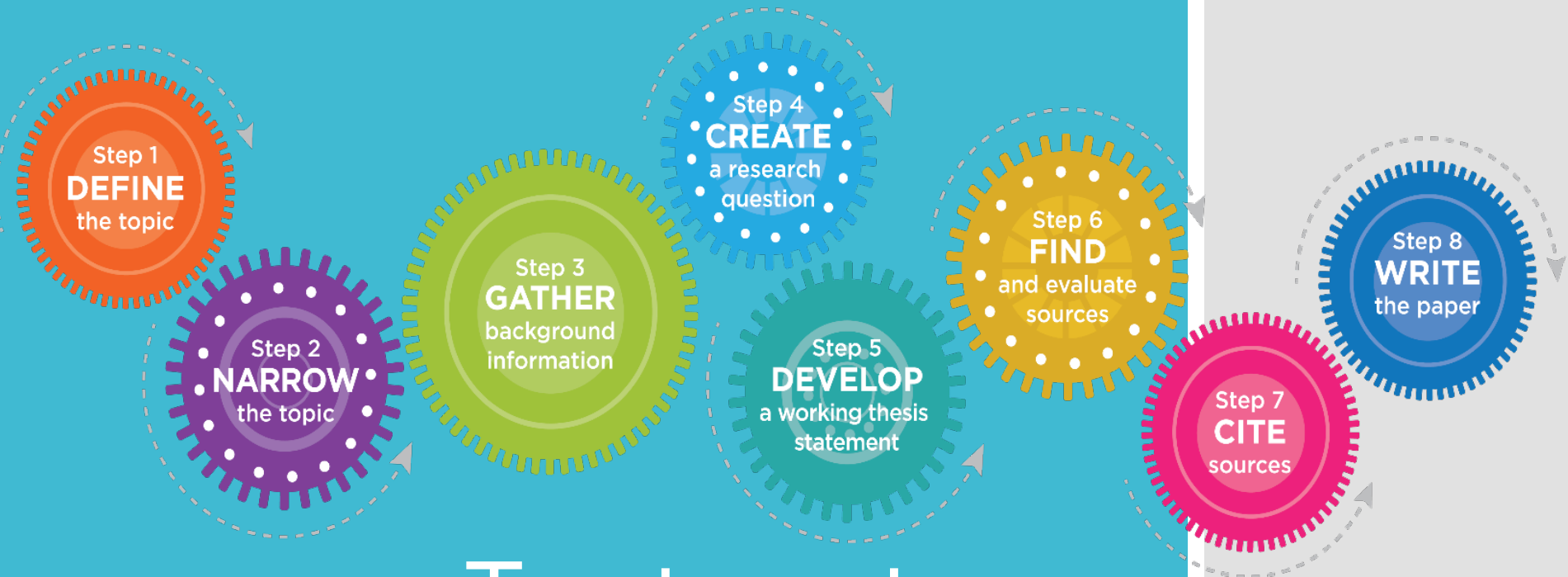
What does this look like in program development?



COLLABORATION
IS KEY IN
TREATING,
HEALING, AND
CRITICAL TO
SUCCESSFUL
PROGRAM
DEVELOPMENT



THE RESEARCH PROCESS



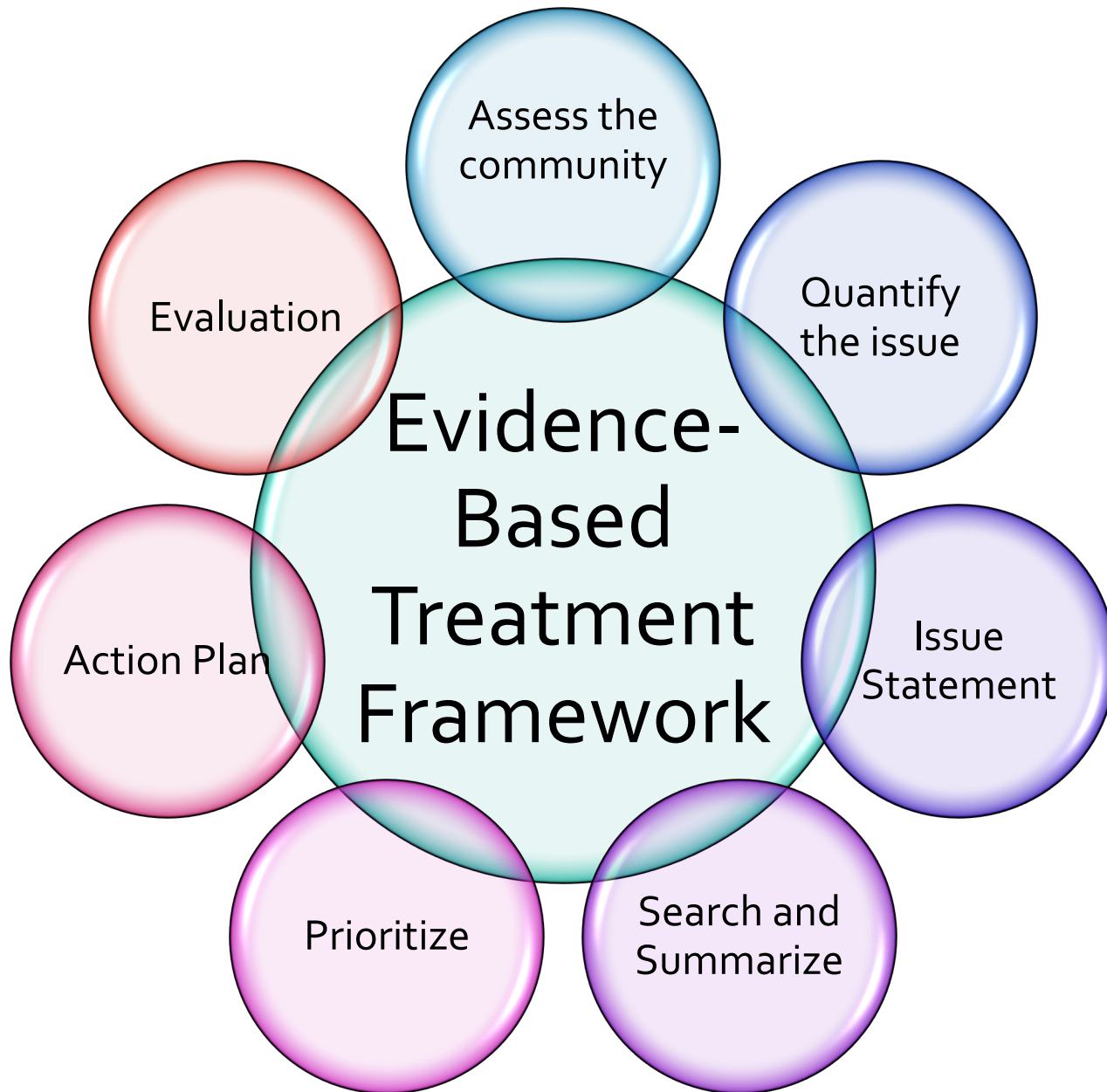
Treatment Development

Treatment Modalities

Evidence Based and Best Practice Based

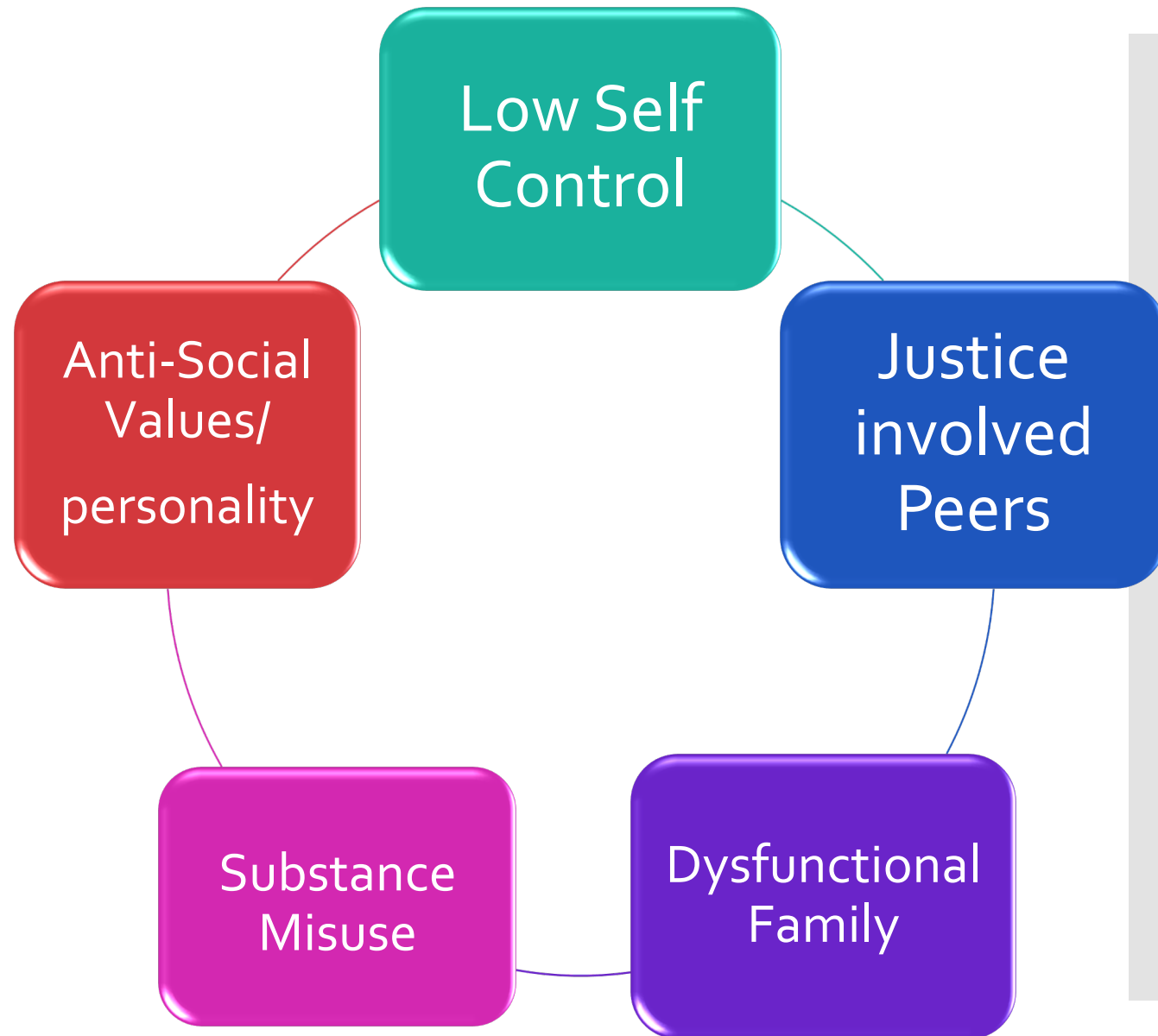
- Motivational Interviewing
- Evidence Based Practices (more info later)
- Cognitive Behavioral Treatment
- Assessments
- Seeking Safety
- Thinking for a Change
- ASAM Assessments
- Stages of Change





Criminogenic Needs are factors that relate directly to recidivism

Criminogenic Behaviors



Evidence-Based
Program Models
for Justice
Involved Persons
with Co-Occurring
Disorders



- **Motivational Interviewing**
- **Integrated Treatment and Programs** - Provision of treatment and services for co-occurring disorders through a single agency or entity
- **Modified Therapeutic Community** - Residential program for population with co-occurring disorders
- **Integrated Dual Disorder Treatment** - Simultaneous treatment of substance use and mental illness
- **Community Treatment** - Coordinated by multidisciplinary team, assume responsibility for client case management and treatment needs

Program Context



- Adapting current Evidence Based Practices (EBP's)—what is the best treatment for the population.
- Create/enhance partnerships
- Build programming (evidence based)
- Implementing recommendations (current stage)
- Finalize workflows, procedures, policies, process, and forms needed.
- Logistics should be considered all the way through the process.

Monitor and Evaluation



Data Gathering And Analysis

- End Goal
- Measurable Goals
- Required Reporting Details
- What System Do You Have To Utilize
- Methodology
- Data Collection
- Data Analysis
- Partner Data



Putting It All Together



Oh, yeah. It's all coming together.

Assisted Outpatient Program

- Family meetings
- Community meetings
- Internal Partner Meetings
- Legislation
- Policy/Procedure Development
- Staffing Needs
- Court Process
- Data Development and Analysis
- Satisfaction Surveys
- Implementation—Go Live
- Reporting
- Evaluation and Adaptations
- Outreach

Success is an iceberg

SUCCESS!

WHAT PEOPLE SEE



WHAT PEOPLE DON'T SEE



Persistence



Failure



Sacrifice



Dedication



Hard work



Discipline



QUESTIONS?



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thank you