

Creating and Maintaining a Behavioral Health Program in San Mateo County Correctional Facilities

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Dustin Boots, Classification Detective

Track: Clinical

Level: Advanced

Room: TBD

CE: CPA/BBS/BRN (1.5)

Narrative

This presentation will describe the successes and challenges of creating, maintaining and expanding a behavioral health programming unit in a correctional setting. Presenters from both San Mateo County's Correctional Health Services and Sheriff's Office will discuss their perspectives, creative programming strategies, and the multi-disciplinary collaboration that is essential for a successful unit. The presentation will review the incentive based programming offered, incentives used, multi-disciplinary approach to selecting inmates, re-entry planning, collaboration with program providers within the jail as well as in the community. Additionally, we will review the jail's crisis continuum to include our in-custody Acute Stabilization Unit (ASU). This is a LPS unit in which we can house 5150 inmates and provide force medications. It is a co-ed 10 bed housing pod within the jail.

Bio

Shivika Dharamrup, PsyD

Shivika moved to the Bay Area in 2002 for graduate school. She received her doctorate in psychology from California School of Professional Psychology in 2009 with an emphasis in forensics. For the last four years, she's worked as a Supervising Psychologist in San Mateo County at both their correctional facilities. Her focus has been starting and supervising the Behavioral Health Program as well as their Intern Program. She is an experienced psychologist with almost 15 years of working with a forensic population in three different Bay Area county jails as well as on two different mobile crisis teams.

Dustin Boots

In 2002 Dustin graduated from Whittier College with a bachelor's degree in Psychology. Between 2002 and 2009 he realized he needed to follow his passion of law enforcement and graduated from the Police Academy in 2010. Shortly after the police Academy he started working for the San Mateo County Sheriff's Office as a Reserve Deputy and eventually as a Correctional Officer. For approximately 3.5 years Dustin was assigned to the Administrative Segregation floor where he monitored some of our most volatile inmates. Dustin was a part of the Emergency Response Team (ERT), lead a competition ERT team and was a Jail Training Officer for the facility. In 2017, Dustin was given the "Peace Officer of the Year" award. In 2018 he was promoted to Classification Detective and began actively training our folks that work in the jail in a number of fields to include gangs, defensive tactics and classification of inmates. For the past year and a half Dustin has been responsible for investigating gangs and crimes in these facilities and overseeing the highest liability populations in AdSeg, the Behavioral Health Program and Acute Stabilization Unit.

Learning Objectives

1. Describe three types of housing classifications associated with a jail-based behavioral health unit.
2. Identify three obstacles and/or strengths in the custody/health care collaboration that can either be beneficial or detrimental to the success of a jail-based behavioral health program.
3. Identify evidence based treatment interventions used to target problematic behaviors and reduce recidivism.