

Mobile Crisis: A Blueprint for Design and Implementation

Level

Introductory

CE

CPA/BBS/BRN/CJER

Track

Clinical

Bio

Kate Grammy, PsyD

Kate is a forensic psychologist who is currently the Behavioral Health Administrator for Solano County Behavioral Health. Throughout her career, Kate has overseen the care of behavioral health consumers who are the most psychiatrically unstable and high-risk. She has provided psychological assessment, treatment and consultation to superior courts for high-risk criminal offenders, inpatient psychiatric treatment within a super-max prison crisis unit and conducted research related to sexual offending behavior. Kate is passionate about supporting the most vulnerable in our communities with thoughtful, research-based interventions that are person-centered, strength-based and efficient in their delivery. Most recently, Kate has focused on developing and implementing programs designed to reduce systemic barriers to care. She is also invested in the training and development of the next generation of mental health providers and actively pursues opportunities to teach, train and mentor students and trainees within the field of psychology.

Jennifer MacKinnon, LMFT

Serving as the Clinical Associate Director for the Outpatient and Mobile Crisis teams along with various program roles in Wraparound and Community based services for 20 years at Uplift Family Services, Jennifer has a passion for our customers and their families, showing them hope for their future, offering skills for their lives and leaning into how to meet their needs for today.

Dan Marshall, Lieutenant

Dan is a police Lieutenant with the Fairfield Police Department. He is the department's Mental Health Liaison to Solano County Health and Social Services. He has implemented and overseen the department's Peer Support Program, Homeless Intervention Team, Crisis Intervention Team and was a Crisis/Hostage Negotiator and Team Leader for twelve years. Dan worked with Solano County Health & Social Services to implement the Mobile Crisis program in Solano County, using Fairfield PD as a pilot program. As a member of the Homeless Intervention Team, Dan has had thousands of contacts with behavioral health consumers. He is a consumer's family member and is passionate about developing law enforcement officers to have compassion, empathy and a calm approach in engaging some of our most vulnerable in the community. Dan believes in utilizing best-practices to reduce the stigma of mental health and law enforcement.

He has focused not only on the mental health of those in our community, but of officers too, implementing programs to reduce compassion fatigue and stress in the department.

Narrative

Mobile Crisis is a well-established best practice for supporting individuals in the community who are experiencing a mental health crisis. Developing a program from the ground up can feel daunting and overwhelming. This panel discussion will present the Solano County model of mobile crisis, including three varied perspectives for designing and implementing mobile crisis. With representatives from County Behavioral Health, a Community-Based Organization and a police department, you will gain insight into the specific strategies used to fund, structure, staff and implement a best-practice in a medium-sized county. Panelists will provide concrete tools, program models and training strategies to effectively develop, create, grow and implement a mobile crisis program that prioritizes community-based support for individuals in crisis. This type of response is highly effective at diverting individuals from emergency services, reducing law enforcement involvement in mental health crises and enhancing the continuum of crisis care countywide.

Learning Objectives

Identify three factors that differentiate between mobile crisis response tiers; law enforcement response, co-response, and mobile crisis only response.

Identify two strategies for staffing a mobile crisis team.

Describe three strategies for implementing mobile crisis with law enforcement.