

## **Behavior Management in a Forensic Population**

### **Level**

Intermediate

### **CE**

CPA/BBS/BRN/CJER

### **Track**

Clinical

### **Bio**

Setareh Khan-Mohammadi, PsyD

Setareh is a licensed clinical and forensic psychologist. She serves as the Community Program Director for MHM Ventura CONREP. Prior to this, she worked as a Forensic Clinician for MHM San Bernardino CONREP as well as MHM Ventura CONREP. Setareh provides expertise in clinical, risk, behavior management consultation and training. She has conducted numerous trainings on behavior management in a forensic population. Setareh's experience includes providing expert testimony, conducting risk assessments, as well as providing a wide array of psychological testing. She has provided evidence-based treatment in both inpatient and outpatient mental health facilities and worked in an outpatient neuropsychological clinic. She received a Bachelor's Degree from California State University, and a Doctorate in Psychology, from Alliant International University. Setareh is a licensed psychologist in California.

Seaaira Reedy, PsyD, CCHP-MH

Seaaira is a licensed clinical and forensic psychologist. She serves a dual role as the Clinical Director for MHM's eight conditional release programs with the California Department of State Hospitals and as a lead member of Centurion's clinical operations behavioral health team. Seaaira provides expertise in clinical, risk, behavior management consultation and training. She also has expertise in public safety psychology. Her experience includes providing competency evaluation and training, as well as malingering assessments and she is qualified to provide expert testimony in the State of California. Seaaira has provided correctional, clinical and forensic psychological services in jail mental health, community mental health as well as inpatient and outpatient neuropsychological clinics. She received a Bachelor's Degree from Miami University, and a Doctorate in Psychology, from Alliant International University. Seaaira is a licensed psychologist in California and Colorado.

### **Narrative**

The principles of Behavior Analysis, an evidence based/systematic approach to observing and understanding human behavior, have been used to successfully treat and reduce a wide range of problem behaviors. Behavioral analytic technologies have also been applied in developing and implementing program curriculum designed to optimize staff efficiency and produce desired, optimal outcomes. This presentation focuses on the application of behavioral

principles when working with forensic psychiatric populations. Specifically, this presentation will focus on operationalization of forensic language used to identify the A) problem behavior; B) desired outcome or, desired alternative behaviors; C) specific treatment interventions that will be used to treat/reduce problem behaviors; and D) replicability of treatment interventions utilized with the goal of applying the same interventions to future problem behaviors. Additionally, the presentation will discuss how utilizing a function-based approach is beneficial in addressing various problem behaviors for forensic psychiatric populations, both in the outpatient and inpatient (DSH/CDCR) level, as well as learning how functional-based interventions are to be applied. Lastly, other heavily researched/evidence-based behavioral interventions, such as utilization of preference assessments will be discussed as related to the efficacy such interventions have in increasing appropriate/prosocial behaviors of forensic populations.

### **Learning Objectives**

Identify and apply three behavioral interventions that will assist in decreasing undesirable behaviors and increase appropriate behaviors of forensic psychiatric populations.

Analyze three ways that utilizing a function-based approach is beneficial in addressing various problem behaviors for forensic psychiatric populations, both in an outpatient and inpatient (DSH/CDCR) level.

Describe three ways to decrease problem behaviors such as substance use and assaultive behaviors

Describe three ways to increase desired behaviors of forensic populations.