

Behavioral Health Court Model: The Dance of Mental Health and the Justice System

Breawna Lane, LMFT

Track: Clinical, Legal

Level: Intermediate

Room: TBD

CE: CPA/BBS/BRN/MCLE (1.5)

Narrative

Telecare Corporation has provided services to individuals with serious mental illness and co-occurring justice involvement issues for more than 15 years. The focus of this presentation is to highlight the Behavioral Health Court (BHC) model, a treatment modality that Telecare offers the community through programs in Orange County and San Diego County, California. This presentation will focus on the San Diego County model. Behavioral Health Court has also recently expanded to include Diversion which will be highlighted in the presentation as well. The BHC model has been a productive and effective model to support individuals with serious mental illness who are on probation, to help them regain and maintain stability, fulfill the obligations of their probation requirements, prevent recidivism into the criminal justice system, and take steps toward a healthier future, a more stable life, and meaningful roles in the community.

BIO

Breawna Lane, LMFT

Breawna Lane started her career as a cheer coach working with underprivileged youth in the Bay Area. A huge part of the job was to assist the teens in navigating difficult family life obstacles such as involvement in the justice system, substance use, and mental health. She also worked as a preschool teacher that specialized in working with children that had parents in the justice system. She transitioned to working with adults, primarily, when she worked at a homeless shelter in San Diego where she was able to assist in developing a program that worked with adults and their children. Once she became a licensed Marriage and Family Therapist, she found her passion for working with adults in the justice system that have severe mental health diagnoses. Breawna has taken the aspects of creativity, play, and innovation to her interactions with adults. She is the Administrator for three justice-involved mental health programs in San Diego that collaborate with San Diego Superior Court, Parole, Probation, San Diego City Attorney, District Attorney's Office, Public Defenders Office, San Diego County, and the Sheriffs.

Learning Objectives

1. Describe the San Diego County BHC collaborative model
2. Explain the efforts being made in the justice system and the mental health system and how we are attempting to bridge the gap
3. Explain basic tools on how to incorporate criminogenic risk factors into mental health treatment