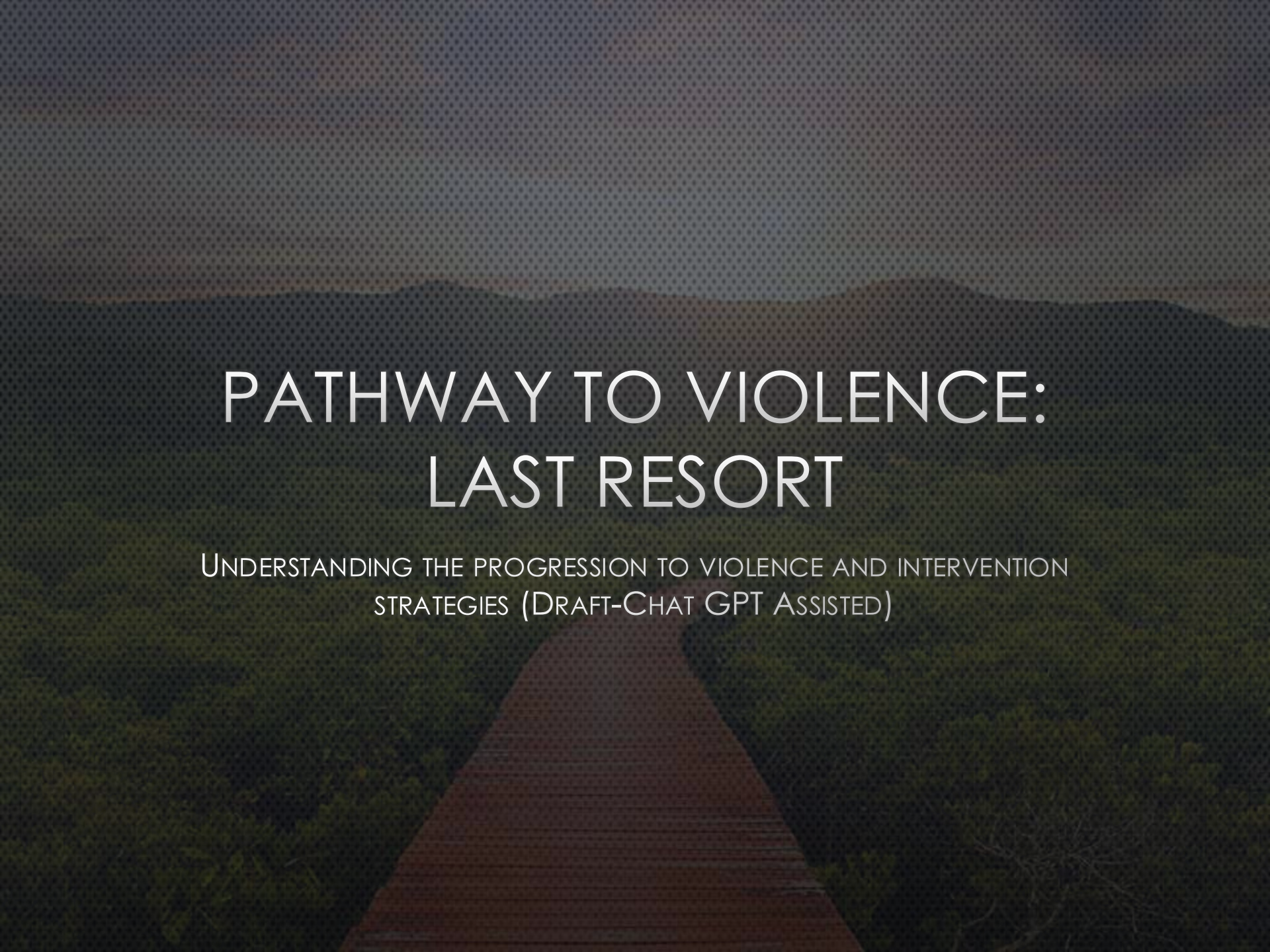


PATHWAY TO VIOLENCE: LAST RESORT

Understanding the progression to violence and intervention strategies (Draft-Chat GPT Assisted)

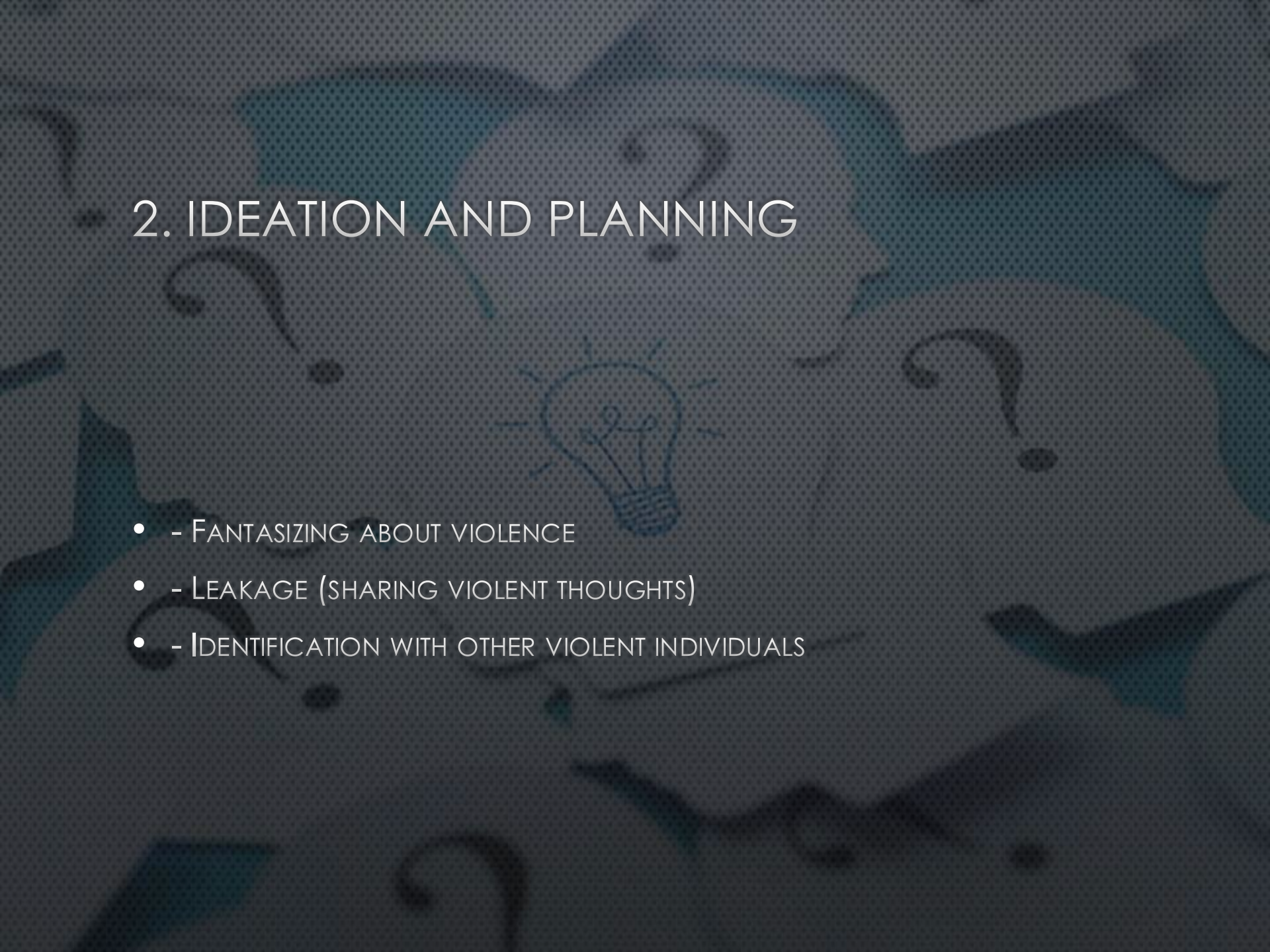
1. GRIEVANCE FORMATION

- Triggering event (real or perceived injustice)

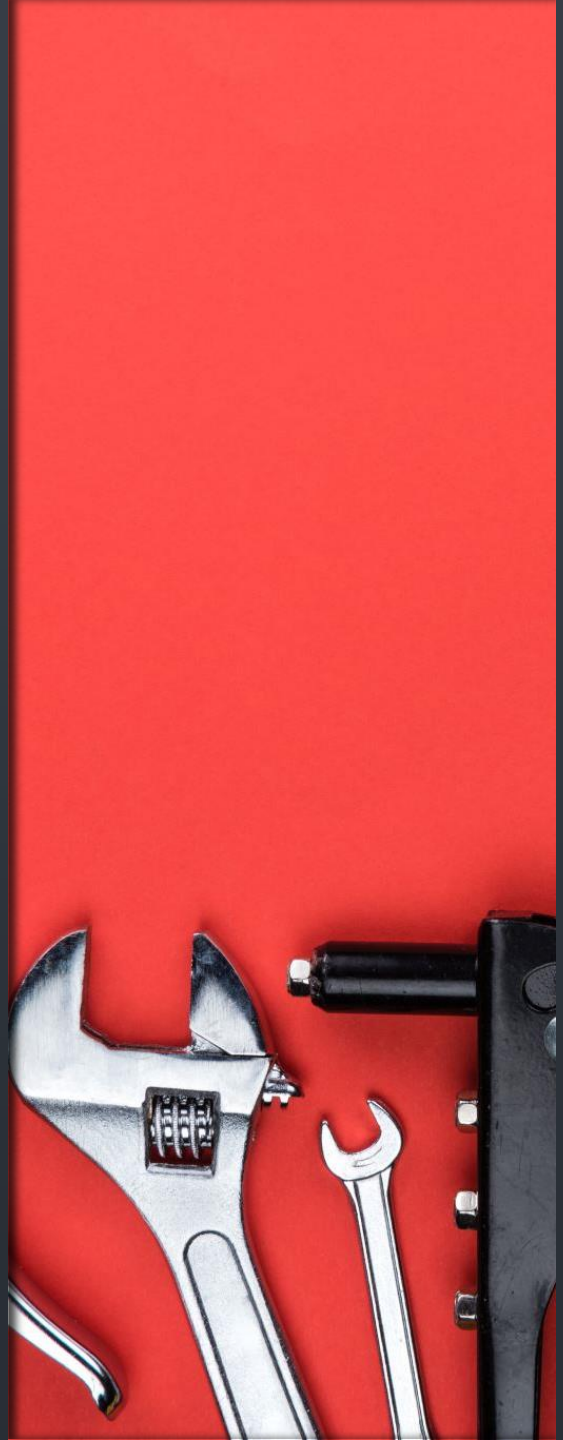
- Fixation on the grievance

- Intensified anger and resentment

2. IDEATION AND PLANNING



- - Fantasizing about violence
- - Leakage (sharing violent thoughts)
- - Identification with other violent individuals



3. Preparation

- - Research and reconnaissance
- - Behavioral changes
- - Acquisition of weapons or tools

4. BREACH AND PROBING

- Testing boundaries (stalking, threats)

- Gauging security or vulnerability of target

5. LAST RESORT

- Perceived point of no return

- Belief that violence is the only option

- Mission-oriented focus on carrying out the act

6. INTERVENTION AND PREVENTION