

Keys to a Successful Implementation *Sexual Behavior Treatment Program*

To ensure a successful implementation, you must appreciate that:

1. Change is a necessary process for the life cycle of any treatment program
2. The *Treatment Team* creates the most effective culture for change and improvement
3. An effective *Treatment Team* approach means every staff member participates fully to support each assigned youth
4. Youth don't fail, treatment does—we have to always work our hardest and best on behalf of every youth
5. Stage work is just one of 13 treatment model components and is interdependent on the other 12 components in the new SBTP
6. Treatment is a facilitated process—individual work is only effective when it is complemented by staff intervention
7. Effective treatment for youth must address multiple learning styles and developmental needs and must be highly interactive
8. Effective implementation of an evidence-based approach requires that treatment fidelity is maintained at every step

Changing the Culture of the SBTP

To effectively change the culture of the SBTP to reflect current knowledge of youth with sexual behavior problems, you must understand that:

- The vast majority of sexual offenses committed by youth **are a** result of adolescent development, impulsivity, and differential risk-reward systems
- The vast majority of youth **are not** sexually deviant and do not have ingrained patterns of sexual offending that would put them at greater risk of future sexual offending
- Most youth who have committed a sexual offense **are not** at risk of committing another sexual offense following treatment
- Youth who have completed sexual behavior treatment **are at** significant risk of poor life outcomes and future non-sexual delinquency
- Most youth behaviors **are a** result of adolescent development and environmental settings (including residential placement), so always assume first that any behaviors youth display in residential placement are a result of adolescent development