

EXPECTED AFFECT AND BEHAVIOR

Stage 1

- Demonstration of significant effort in completion of all the exercises

Stage 2

- Successfully begun to take responsibility for his past actions as evidenced by his final group presentation, evaluative feedback, and agreement that no further work is needed in this area at this time
- Has demonstrated the ability to begin to apply at least one of his new self-management strategies (i.e., self-talk, behavior check, manage feelings more effectively)
- Treatment team staff must agree that the youth has begun to demonstrate increased personal responsibility as evidenced by at least two actions that may include, but not be limited to any of the following:
 - Acknowledged when he was wrong
 - Acknowledged having initiated some form of wrongdoing
 - Refrained from engaging in attempts to please staff
 - Self-initiated a new behavior check
 - Disclosed or explored something previously not disclosed/explored that was not a required part of stage work

Stage 3

- Has demonstrated progress in interpersonal skill development as evidenced by application of his new skill (Interpersonal Behavior Check)
- Demonstrated compassion or support for a peer experiencing difficulty

Stage 4

- Youth must demonstrate empathy for others in at least three ways as documented by the Treatment Team
 - Examples: Accurately identifying the perspective of another, offering emotional support to a peer without being prompted to do so, or accurately communicating empathy to a peer without being prompted to do so
- Treatment team must agree that the youth has made satisfactory progress in his treatment to date
 - Satisfactory progress is defined as any progress in his Behavior Progress Report and Good Life Plan, and does not preclude modification to the Good Life Plan or other aspects of his treatment plan to promote continued success

EXPECTED AFFECT AND BEHAVIOR

Stage 5

- Youth should demonstrate some emerging leadership skills such as the ability to support and guide other youth, being more active in group discussions, etc.
- Youth must be able to demonstrate the ability to think before acting and a marked improvement in reducing impulsivity
- Youth must be able to demonstrate sustained behavior changes in the ability to be empathic and make sound decisions
- Satisfactory progress in his treatment to date
 - Demonstrated marked change in self-awareness
 - Decision-making
 - Empathy
 - The ability to accurately evaluate his changes to date
 - Effectively articulate or illustrate the relationship between thinking, behaving, and feeling that differentiate his old self from his new self

Stage 6

- Youth should now be able to demonstrate leadership skills such as the ability to support and guide other youth, being more active in group discussions, etc.
- Youth must be able to demonstrate the ability to think before acting and a marked improvement in reducing impulsivity
- Youth must also be able to demonstrate sustained behavior changes in the ability to be empathic and make sound decisions
- Satisfactory progress in his treatment to date
 - Active participation on the youth's Re-Entry Plan and Good Life Map
 - Consistent demonstration of citizenship skills
 - Continued progress in plant/pet care
 - Active engagement in a hobby

Stage 7

- Youth should now be consistently able to demonstrate leadership skills, ability to support and guide other youth, being more active in group discussions, etc.
- Youth must be able to continue to demonstrate the ability to think before acting and a marked improvement in reducing impulsivity
- Youth must be able to demonstrate sustained behavior changes in the ability to be empathic and make sound decisions
- Satisfactory progress in his treatment and has in fact accomplished all that he can from the SBTP, and agreed that he is ready to move from the SBTP due to successful completion of the program