



Helping the **H**elpers

Enhancing Peer Support

Harnessing the Full Potential of
People with Lived Experiences

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Jay

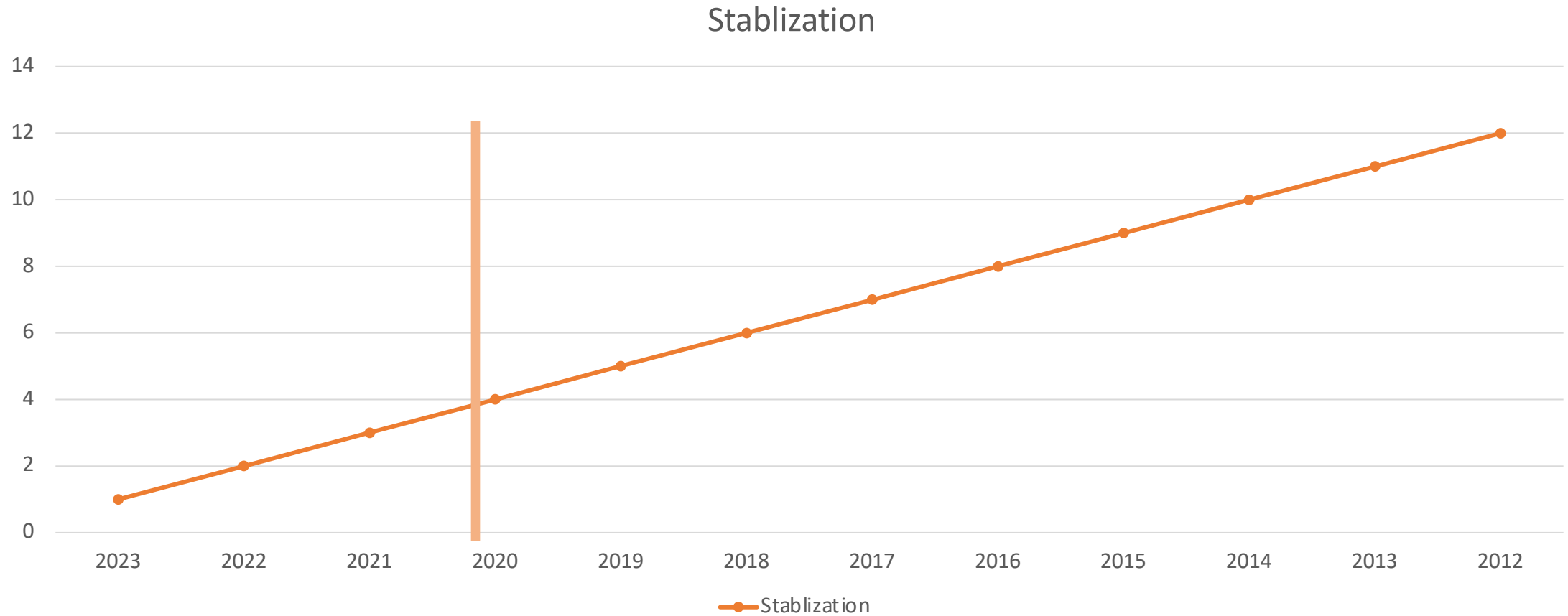




WHO'S HERE

1. Name
 2. Organization, County, & Position
 3. Why This Breakout?
- 

People who are closest to the problem are closest to the solution.





Benefits to Hiring People with Lived Experience

A row of white wooden figures, resembling a line of people, with a single red wooden figure in the center. The figures are arranged in a slightly curved line, receding into the background. The red figure is the focal point, standing out from the rest of the group. The background is a plain, light-colored surface.


Challenges to Hiring People with Lived Experience



What does this mean for
your organization?



What to do...

- Develop Professional Skills
 - Use tools and software to address challenges
 - Train on EBP
 - Have regular supervision
 - Be flexible
 - Provide supportive programs- therapy, gym, paid time off for appointments, etc.
 - **Pay peers for their experience** /
& what they're worth!
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A photograph of two mountaineers on a rocky mountain peak. The climber on the left is wearing a blue jacket and black pants, leaning forward. The climber on the right is wearing a red jacket and black pants, holding a climbing tool. The background shows a clear blue sky with some lens flare. The text "Harness the Full Potential of the Helper" is overlaid in white, centered on the image.

Harness the Full Potential
of the Helper

A network of red pushpins is arranged in a circular pattern on a light gray surface. A single blue pushpin is positioned in the center of the circle. The text "Do Not Cause Harm" is overlaid in white, centered horizontally and partially overlapping the blue pushpin.

Do Not Cause Harm



Questions