

Enhancing Peer Support: Harnessing the Full Potential of People with Lived Experiences

Katie Mayeda, LCSW

Level

Intermediate

Track

Clinical

CE

CPA/BBS/BRN/CJER

Bio

Katie Mayeda, LCSW, is a Licensed Clinical Social Worker with 20 years of experience working in public health, supporting adolescents and adults struggling with mental illness, substance use, homelessness and severe medical conditions. Her experience crosses multiple settings, including residential, outpatient and criminal legal systems. Katie is the founder and executive director of Mayeda Consulting, a company that works to build thriving organizations by harnessing the full potential of the helpers. Her mission is to use her years of professional and personal experience, coupled with her wholehearted passion, to support the growth of professionals. Katie provides workshops on evidence-based practices and leadership development. She also provides county-wide assessments and consulting services to ensure customers receive quality care.

Narrative

People know the power of peer support, but few organizations know how to maximize the expertise of people with lived experience. Often agencies hire peers and don't have the infrastructure to train and support them in being successful in their jobs. Sadly, organizations can cause more harm than good. This workshop will discuss how to develop a program that promotes peers in learning the tools they need to thrive at their jobs and to use their experience to enhance programming and provide innovative solutions to challenges organizations face.

Learning Objectives

1. Identify two benefits and challenges of hiring people with lived experience
2. Describe three steps needed to create an infrastructure to maximize the benefits of hiring peer support
3. Apply the expertise of people with lived experience to provide innovative solutions to challenges the organization faces