



Superior Court of California
County of Sacramento

Mental Health Treatment Court
Implemented February 2007

**Program
Overview**

The Mental Health Treatment Court (MHTC) is a collaboration between the Court, District Attorney's office, Probation Department, Office of the Public Defender, the Department of Health Services (Behavioral Health Services and Alcohol and Drug Services), and community-based providers. The MHTC is a 12-month minimum, voluntary, post-adjudicated, judicially supervised, treatment-based program for offenders with a documented mental health diagnosis and who may also have a co-occurring substance use disorder. The goals of MHTC are to reduce recidivism and offer cost effective alternatives to incarceration and hospitalization. Through treatment, frequent court appearances, and monitoring, the program will hold participants accountable while assisting them in achieving long-term stability and becoming successful and law abiding community members.

**Program
Target
Population**

In order to participate in MHTC, offenders must meet the following criteria:

- A. Must be a legal resident of Sacramento County;
- B. Must be charged with a felony or misdemeanor offense;
- C. Must be (preferably) connected to a County mental health service provider, although offenders with private insurance will not be precluded from participating;
- D. Must voluntarily and willingly agree to participate; and must agree to comply with all probation conditions and court requirements;
- E. Must have a qualifying diagnosis (QD)¹;
- F. Must be willing to take their psychiatric medications as prescribed by a treating physician;
- G. Must agree to abstain from the consumption of alcohol, Marijuana, and non-prescribed medication/drugs; and,
- H. Must have case approval from the District Attorney's office.

The following case types shall be excluded:

- A. Sex offenders (PC § 290) or arson registrants (PC § 457.1);
- B. "Shot callers" and/or active gang members or gang registrants;
- C. PC § 667.5(c) violent felony current conviction(s) or prior conviction(s);
- D. Cases where the victim(s) suffered great bodily injury;
- E. Driving Under the Influence (DUI) cases; and,
- F. As a general rule, no PC § 1192.7(c), serious felony current conviction(s) unless otherwise approved by the District Attorney's office.

In the interests of justice, a prospective participant, who may otherwise be ineligible due to factors stated above, may be allowed into MHTC at the discretion of the District Attorney's office.

¹ Qualifying diagnoses (QD) include: Psychotic Disorder (not otherwise specified), Schizophrenia, Schizoaffective Disorder, Major Depressive Disorder Recurrent with or without psychotic features, Bipolar Spectrum, Post-Traumatic Stress Disorder, and Borderline Personality Disorder; and may also have co-occurring substance-related and addictive disorders

MHTC Services and Schedules (effective 2/2021)	MHTC Level and Schedule	Services and Providers*
	<u>Low</u> (and private Insurance**)	<ul style="list-style-type: none"> • Services: outpatient recovery-based and culturally appropriate specialty mental health treatment and support services for adults – Participants see psychiatrist once every one to three months. One provider assists homeless offenders with housing. • Providers: Visions, Hope Cooperative, Northgate Point, El Hogar, Guest House (for homeless offenders), Apps Clinic, and Wellness Resource Centers.
	Tuesdays at 8:30 a.m., Dept 8	
	<u>Moderate</u>	<ul style="list-style-type: none"> • Services: Case management; housing assistance, support and subsidies; psychiatry nursing and psychotherapy; medication assessment and monitoring; advocacy and referral; crisis response benefits acquisition; employment support; substance abuse recovery and support; assistance with medical care; and skills building activities. • Provider: Transitional Community Opportunities for Recovery and Engagement (T-CORE).
	Tuesdays at 1:30 p.m., Dept 8	
	<u>Severe/High</u>	<ul style="list-style-type: none"> • Services: Full Service Partnerships (FSPs) are intended to use a “whatever it takes” approach to services, offering a broad range of services from the traditional medication management and crisis services, to more non-traditional services, such as housing and alternative healing practices. Every program provides a varying array of 24-hour, wrap around services to the people they serve. • Providers: Turning Point ISA; TLCS New Directions; TP Pathways, Telecare SOAR; Telecare Arise, El Hogar/Sierra Elderly Wellness; Capital, Asian Pacific Community Counseling (APCC), and Capital Stars (for transitional aged youth 18 to 25 years of age).
	Wednesdays at 1:30 p.m., Dept 8	

*The County’s Substance Use Prevention & Treatment agency provides substance use disorder assessments and placement to either inpatient or outpatient services, when needed. The agency also assists with providing sober living housing.

**Participants with private insurance include varying levels of need and services, but are heard on a particular calendar for logistical purposes.

MHTC Team and Contact Info

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