Training in the Use of the VRS-YSO

Pretreatment Case Ratings of Trevor

Stable Factors

S1) Early onset of Serious Antisocial Behaviors

Rating 0 (no known incidents before age 10)

S2) Criminality

Rating 2 (prior to index few isolated incidents, not typical; however, 50 incidents estimated with single index conviction)

S3) Instability of Family Upbringing

Rating 1 (several moves, some instability)

Stable Factors

S4) Prior Sex Offenses

Rating 0 (none)

S5) Unrelated Victims

Rating 0 (sister victim)

S6) Number and Gender of Victims

Rating 0 (one female victim)

Name: Trevor

Client #: _____

Pre-Treatment Rater: _____

Pre-Treatment Rating Date: _____

Post-Treatment Rater: _____

Post-Treatment Rating Date: _____

VRS-YSO Score Sheet ©

Stable Factors

						I or N†
S1	Early Onset of Serious Antisocial Behaviors	(0)	1	2	3	
S2	Criminality	0	1	(2)	3	
S3	Instability of Family Upbringing	0	(1)	2	3	
S4	Prior Sex Offenses	(0)	1	2	3	
S5	Unrelated Victims	(0)	1	2	3	
S6	Number and Gender of Victims	(0)	1	2	3	

Total Stable Factor Score Before Treatment: 3

Total Stable Factor Score After Treatment: _____

† If it is necessary to omit a Static or Dynamic Factor, the rater should indicate whether the omission is because there is insufficient information (I) or because the item is not applicable (N).

Sexually Deviant Lifestyle Pattern (D1)

- Sexual deviance prominent component of life
  - Internet and in print pornography
    - While at work; isolating self in basement
  - Masturbation at school and in video store
  - Repeated sexual abuse of young sister
  - Sexualizing older sister
- School, work, home life involve sexual deviance

Rating 3

Sexually Deviant Lifestyle Pattern (D1)
Pre-treatment stage of change

- Accepts responsibility for his sexually deviant lifestyle pattern and shows motivation to change

Contemplation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C P A M	1.5 1 .5 0		

Sexual Compulsivity (D2)

- Obvious preoccupation with sex with pornography, fantasy, masturbation, and sexual abuse of sister
- Likened his sexuality to an “addiction”

Rating 3

Sexual Compulsivity (D2)
Pre-treatment stage of change

- Seems to understand the excesses of his sexual activity; some insightful comments and desire to change same

Contemplation

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DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P/C P A M	1.5 1 .5 0		

Offense Planning (D3)

- Elaborate planning and grooming activities to obtain victim access, cooperation, and to keep victim quiet
- Dare game
- Use of candy and toys, guilt inducing strategies
- Stay at home to create opportunities to offend
- Able to refrain from attempting sexual offense against older sister

Rating 3

Offense Planning (D3)
Pre-treatment stage of change

- Discussed elaborate planning behavior; no indication that he is currently planning more sex offenses and seems motivated change this pattern.

Contemplation

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DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (P) A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P/C (P) A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P/C (P) A M	1.5 1 .5 0		

Callous/Unemotional (D4)

- Sexual abuse of a young sibling inherently callous
- Resort to highly manipulative strategies to obtain compliance
- Lying to teachers
- Given the duration of abuse; remorse questionable
- + Depressed, socially unskilled, inadequate, dysphoric, low self-esteem

Rating 2

Callous/Unemotional (D4)
Pre-treatment stage of change

- Aware of extreme self-centeredness and selfishness in sexually exploiting sister and lying to family. Seems motivated to change.

Contemplation

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	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		

Cognitive Distortions (D5)

- Attitude of sexual entitlement in which he felt his sister was obliged to meet sexual needs
- Several examples of rationalizations to legitimize sexual abuse of sister

Rating 3

Cognitive Distortions (D5)
Pre-treatment stage of change

- Seemed cognizant of the distorted nature of his thinking used to facilitate sexual violence.

Contemplation

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DYNAMIC FACTORS AND TOTAL SCORES

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	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
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D2 Sexual Compulsivity	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0		

Interpersonal Aggression (D6)

- No indication that he has problems with interpersonal aggression.

Rating 0

Interpersonal Aggression (D6)
Pre-treatment stage of change

- Not a treatment priority.

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DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
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D2 Sexual Compulsivity	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		

Emotional Control (D7)

- Documentation of emotional difficulties (e.g., loneliness) linked to sexual offending
  - Feelings of loneliness and feeling like a “loser”
- Sexual offending fulfilled sexual and emotional needs
- Sex used as coping (distraction by arousal and immersion in erotica)

Rating 3

Emotional Control (D7)
Pre-treatment stage of change

- Awareness of emotional difficulties and links to sexually deviant behavior; desire to change.

Contemplation

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DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**[††]	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*[†††]	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	P/C P A M	1.5 1 .5 0		

Insight (D8)

- Lack of insight at the time of offending, but willing to discuss offenses and some understanding of thoughts, feelings, and behaviors involved.

Rating 1

Insight (D8)
Pre-treatment stage of change

- Although further work will be done to deepen his insight, motivating him about the importance of this does not seem to be treatment priority.

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# of Stages changed:
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DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
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D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		

Substance Abuse (D9)

- No history of substance use.

Rating 0

Substance Abuse (D9)
Pre-treatment stage of change

- Not a treatment priority.

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DYNAMIC FACTORS AND TOTAL SCORES

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D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		

Community Support (D10)

- Had much unsupervised contact with sister and would spend much time alone
- + Has some strong supports with mother and was able to maintain school and obtain a job
- + Post arrest moved to a therapeutic foster home
- + Weekly visits from mother

Rating 1 or 2

Community Support (D10)
Pre-treatment stage of change

- Seems to understand importance of community support, and motivated to improve it.

Contemplation

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D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D10 Community Support	0 1 (2) 3	P/C P A M	1.5 1 .5 0		

Return to High Risk Situations (D11)

- Recently placed in a therapeutic foster home, with strict community conditions; not likely to have unsupervised contact (or any foreseeable contact) with his sister. High situations managed.

Rating 1

Return to High Risk Situations (D11)
Pre-treatment stage of change

- Not a treatment target; community case planning will still be important, however.

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DYNAMIC FACTORS AND TOTAL SCORES

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D3 Offense Planning	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
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D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D10 Community Support	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		

Sexual Offending Cycle (D12)

- Repeatedly sexually abuse his younger sister over the course of the year an estimated 50 times
- Familiar precursors of sexual offending behavior:
  - Lack of supervised contact
  - Cognitions supportive of sexual assault
  - Sexual arousal
  - Emotional triggers (e.g., loneliness, inadequacy)
  - Carrying out themes from internet
  - Grooming rituals

Rating 3

Sexual Offending Cycle (D12)
Pre-treatment stage of change

- Was able to articulate several factors involved in his sexual offense cycle and seems motivated to break/discontinue the cycle.

Contemplation

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D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
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D10 Community Support	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 (3)	P/C P A M	1.5 1 .5 0		

Impulsivity (D13)

- Not an impulsive youth; behavior indicates much premeditation and planning.

Rating 0

Impulsivity (D13)
Pre-treatment stage of change

- Not a treatment priority.

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D12 Sexual Offending Cycle	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		

Noncompliance with Community Supervision (D14)

- First time on community supervision so no breaches; so far cooperating with new residential placement and seems to be abiding by conditions.

Rating 0

Noncompliance with Community Supervision (D14)
Pre-treatment stage of change

- First time on community supervision and seems to be cooperating with it; noncompliance not a treatment target at this time. No SOC rating.

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D12 Sexual Offending Cycle	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		

Treatment Noncompliance (D15)

- Receptive to attending and completing sex offender treatment.

Rating 0

Treatment Noncompliance (D15) Pre-treatment stage of change

- Managing noncompliance not a therapeutic concern; no SOC rating.

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D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		

Deviant Sexual Preference (D16)

- Sexual arousal to a range of stimuli, including but not limited to, children.
  - No indication a preference for children
- Derived feelings of power from sexual offending.

Rating 2

Deviant Sexual Preference (D16)
Pre-treatment stage of change

- Aware of sexually deviant interests and that such arousal is problematic for his risk.

Contemplation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D10 Community Support	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 (3)	(P/C) P A M	1.5 1 .5 0		
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D16 Deviant Sexual Preference	0 1 (2) 3	(P/C) P A M	1.5 1 .5 0		

Intimacy Skills Deficits (D17)

- Socially disconnected from peers
- Few friends, not involved with them in social or leisure activities
- Struggles in the areas of social skills, peer relationships, social isolation, and immaturity

Rating 3

Intimacy Skills Deficits (D17)
Pre-treatment stage of change

- Acutely aware of intimacy skills deficits and desires improvement in this area.

Contemplation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P(C) P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P(C) P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P(C) P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	P(C) P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P(C) P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	P(C) P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D10 Community Support	0 1 (2) 3	P(C) P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 (3)	P(C) P A M	1.5 1 .5 0		
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D16 Deviant Sexual Preference	0 1 (2) 3	P(C) P A M	1.5 1 .5 0		
D17 Intimacy Skills Deficits	0 1 2 (3)	P(C) P A M	1.5 1 .5 0		

Interaction with Caregivers (D18)

- Few activities with mother aside from dinner
- Seems to be warm but distanced relationship, little communication
- Spends much of his time alone in basement
- Relationship invariably damaged by sexual abuse of sister

Rating 2

Interaction with Caregivers (D18) Pre-treatment stage of change

- Wishes to make amends with family and receiving visits from mother; seems motivated to improve caregiver relationship.

Contemplation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D10 Community Support	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D16 Deviant Sexual Preference	0 1 (2) 3	P/C P A M	1.5 1 .5 0		
D17 Intimacy Skills Deficits	0 1 2 (3)	P/C P A M	1.5 1 .5 0		
D18 Interaction with Caregivers	0 1 (2) 3	P/C P A M	1.5 1 .5 0		

Family Stress (D19)

- Family stress inherent in several moves; home a bit chaotic with several siblings.
- Consequences of sexual abuse resulted in removal from home and damaging impact on family unit.
- +Stable relationship with primary caregiver, basic needs appear to be met.

Rating 2

Family Stress (D19)
Pre-treatment stage of change

- Desire to make amends with family and repair loss of trust.

Contemplation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P (C) P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P (C) P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 (3)	P (C) P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 (2) 3	P (C) P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 (2) 3	P (C) P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D7 Emotional Control	0 1 2 (3)	P (C) P A M	1.5 1 .5 0		
D8 Insight	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D10 Community Support	0 1 (2) 3	P (C) P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 (3)	P (C) P A M	1.5 1 .5 0		
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	1.5 1 .5 0		
D16 Deviant Sexual Preference	0 1 (2) 3	P (C) P A M	1.5 1 .5 0		
D17 Intimacy Skills Deficits	0 1 2 (3)	P (C) P A M	1.5 1 .5 0		
D18 Interaction with Caregivers	0 1 (2) 3	P (C) P A M	1.5 1 .5 0		
D19 Family Stress	0 1 (2) 3	P (C) P A M	1.5 1 .5 0		
Total Dynamic Factor Score →	Pre-Tx: 32	**Total Dynamic Factor Score →**		Post-Tx:	
Total Static Factor Score From Previous Page →	3	**Total Static Factor Score From Previous Page →**			
Total Static + Total Dynamic Factor Score →	35	**Total Static + Total Dynamic Factor Score →**			

Indicate if <u>Clinical Override</u> was used: **Yes O** **No O**

†† *For treatment purposes, specify whether the client is in Precontemplation or Contemplation stage by circling (O) or marking (X) the 'P' **<u>or</u>** 'C' stage for pre- and post treatment, respectively.*
††† *If there is a deterioration during treatment, 'b' score is <u>added</u> to 'a' score for the corresponding Dynamic Factor.*

VRS-YSO Scores

- Total stable = 3
- Total dynamic = 32
- Pretreatment total = 35 (average risk)

Training in the Use of the VRS-YSO

Posttreatment Case Ratings of Trevor

Sexually Deviant Lifestyle Pattern (D1)
Post-treatment stage of change

- Decreased frequency of masturbation and not using pornography
- Changed content of fantasies
- Maintains fantasy log to document fantasies → decrease in deviant and increase in appropriate

Preparation (Action if longer)

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P C (X) A M	1.5 1 (.5) 0	2.5	

Sexual Compulsivity (D2)
Post-treatment stage of change

- Decreased preoccupation with sex, including decreased frequency of masturbation, no inappropriate sexual behavior at school, and developing other replacement interests
- Using urge control interventions to manage arousal
- Completed SOTP

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	

Offense Planning (D3)
Post-treatment stage of change

- Makes efforts to avoid high risk situations, including no unsupervised contact with children, and to adhere to safety plan
- No indications of deviant fantasy or rehearsal of possible offenses
- Has not knowingly reoffended

Contemplation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	

Callous/Unemotional (D4)
Post-treatment stage of change

- Developed understanding of sequelae of sexual abuse; was visibly shaken by educational empathy video
- Found justifications for sexual abuse hard to maintain
- Anxious at prospect of sharing RP plan with mother

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	

Cognitive Distortions (D5)
Post-treatment stage of change

- Able to identify attitudes and cognitions that he used to justify sexual abuse of his sister.
- Received corrective information that he has used to confront, challenge, and change thinking errors used to justify sexual abuse.
- Abandoned attitudes supportive of sexual violence; noted to make dramatic attitudinal shift.

Action

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	

Interpersonal Aggression (D6)
Post-treatment stage of change

- Not a treatment priority.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 (0)	0	

Emotional Control (D7)
Post-treatment stage of change

- Increased emotional awareness, including understanding of feeling states linked to increased risk for sexual offending.
- Development and use of other interventions (e.g., stress management, distress tolerance skills) to manage negative affective states and to promote healthier ways of coping.

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P X M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	

Insight (D8)
Post-treatment stage of change

- Additional work done to deepen his insight, although convincing him of the need for this was not a treatment requirement.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P X M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	

Substance Abuse (D9)
Post-treatment stage of change

- Not a treatment priority.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	

Community Support (D10)
Post-treatment stage of change

- High risk situations managed though therapeutic foster home.
- Maintained ties with mother and including her in reintegration planning activities.
- Constructive prosocial activities with auto shop and positive adult role model.

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	

Return to High Risk Situations (D11)
Post-treatment stage of change

- Not a treatment target; community case planning will still be important, however.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	(P/C P A M)	(1.5 1 .5 0)	1	
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	(1.5 1 .5 0)	1	

Sexual Offending Cycle (D12)
Post-treatment stage of change

- Comprehensive safety plan generated and followed by Trevor to avoid and manage high risk situations and to break/discontinue the cycle
- Follows safety plan to avoid high risk situations
- Still under community supervision; eventually restrictions will be relaxed

Preparation/
Action if longer period

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	

Impulsivity (D13)
Post-treatment stage of change

- Not a treatment priority.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	

Noncompliance with Community Supervision (D14)
Post-treatment stage of change

- First time on community supervision and has maintained cooperation with community conditions, including maintaining therapeutic foster placement and completing treatment. No SOC rating.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D14 Noncompliance with Community Supervision	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	

Treatment Noncompliance (D15) Post-treatment stage of change

- Managing noncompliance not a therapeutic concern; no SOC rating. Successfully completed community SOTP.

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	(P/C P A M)	(1.5 1 .5 0)	1	
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	(1.5 1 .5 0)	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	

Deviant Sexual Preference (D16)
Post-treatment stage of change

- Has modified content of fantasies to appropriate and consensual; denies having deviant fantasies
- Ceased use of deviant pornography

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D14 Noncompliance with Community Supervision	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D15 Treatment Noncompliance	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D16 Deviant Sexual Preference	0 1 (2) 3	P/C (X) A M	1.5 1 .5 0	1.5	

Intimacy Skills Deficits (D17)
Post-treatment stage of change

- More comfortable socializing with peers
- Learned qualities about prosocial/positive intimate relationships and working on improving social and relationship skills
- Motivated to develop healthy relationship free of sexual violence

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C X A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C X A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C X A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C X A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P X M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C X A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C X A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C X A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D14 Noncompliance with Community Supervision	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D15 Treatment Noncompliance	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D16 Deviant Sexual Preference	0 1 (2) 3	P/C X A M	1.5 1 .5 0	1.5	
D17 Intimacy Skills Deficits	0 1 2 (3)	P/C X A M	1.5 1 (.5) 0	2.5	

Interaction with Caregivers (D18) Post-treatment stage of change

- Maintained contact with mother; planning to share RP plan with her and planning series of case conferences. Primary caregiver part of the treatment and reintegration process.

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D14 Noncompliance with Community Supervision	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D15 Treatment Noncompliance	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0	
D16 Deviant Sexual Preference	0 1 (2) 3	P/C (X) A M	1.5 1 .5 0	1.5	
D17 Intimacy Skills Deficits	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D18 Interaction with Caregivers	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	

Family Stress (D19)
Post-treatment stage of change

- Maintained contact with mother; planning to share RP plan with her and planning series of case conferences. Primary caregiver part of the treatment and reintegration process.

Preparation

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

# of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx *(a)*	**Stage of Change**††	**# of Stages changed x .5** *(b)*	**Post-Tx** *(a-b)*†††	**I or N**
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P/C P (X) M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D7 Emotional Control	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D8 Insight	0 (1) 2 3	(P/C P A M)	(1.5 1 .5 0)	1	
D9 Substance Abuse	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D10 Community Support	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	(P/C P A M)	(1.5 1 .5 0)	1	
D12 Sexual Offending Cycle	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D13 Impulsivity	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D14 Noncompliance with Community Supervision	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D15 Treatment Noncompliance	(0) 1 2 3	(P/C P A M)	(1.5 1 .5 0)	0	
D16 Deviant Sexual Preference	0 1 (2) 3	P/C (X) A M	1.5 1 .5 0	1.5	
D17 Intimacy Skills Deficits	0 1 2 (3)	P/C (X) A M	1.5 1 (.5) 0	2.5	
D18 Interaction with Caregivers	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
D19 Family Stress	0 1 (2) 3	P/C (X) A M	1.5 1 (.5) 0	1.5	
Total Dynamic Factor Score →	Pre-Tx: 32	**Total Dynamic Factor Score →**		Post-Tx: 26	
Total Static Factor Score From Previous Page →	3	**Total Static Factor Score From Previous Page →**		3	
Total Static + Total Dynamic Factor Score →	35	**Total Static + Total Dynamic Factor Score →**		29	

Indicate if <u>Clinical Override</u> was used: Yes O No O

†† *For treatment purposes, specify whether the client is in Precontemplation or Contemplation stage by circling (O) or marking (X) the 'P' **<u>or</u>** 'C' stage for pre- and post treatment, respectively.*
††† *If there is a deterioration during treatment, 'b' score is <u>added</u> to 'a' score for the corresponding Dynamic Factor.*

VRS-YSO Scores

- Total stable = 3
- Total dynamic = 26
- Post-treatment total = 29 (average to below average risk)