

# Update and Implementation of the CASOMB Guidelines for Juveniles with Problematic Sexual Behaviors

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## Level

Introductory

## Room

## Track

Clinical, Juvenile, Sex Offender, PALs

## CE

CPA/BBS/CJER

## Bio

**Norbert Ralph, PhD, MPH** is a clinical psychologist, neuropsychologist, and psychiatric epidemiologist. He is an Independent Practitioner through the California Sex Offender Management Board. He formally coordinated psychological and neuropsychological assessment and also treatment for juveniles who sexually offended with the C&C of San Francisco. He has over 40 publications including Being a Pro, a prosocial skills workbook.

**Kirsten Mason, PsyD** is a Clinical Psychologist and the Board Coordinator for the CA Sex Offender Management Board. Kirsten is trained as a clinical forensic psychologist who has experience working with adolescents, young adults, and their families who are justice-involved. Kirsten provides evidence-based interventions, assessments, and court-mandated treatment for a variety of clinical issues. She is certified as an independent practitioner through the CA Sex Offender Management Board (CASOMB) and is trained in the state-authorized risk assessment tools used for evaluating sex offenders (SARATSO). She has experience working within correctional settings and with probation in the community with the combined goal of reducing recidivism and increasing safety for the justice-involved youth/young adults and the people that surround them. She has worked in early intervention settings where the main goals were increasing strengths/protective factors and identifying and reducing risk factors that are beginning to lead to or could lead to a criminal or disruptive lifestyle.

## Narrative

The California Sex Offender Management Board has published in November 2022 guidelines for treating and supervising youth who have committed a sexual offense. These guidelines have been widely used by probation departments in the state to model services for these youth. This is an update and training regarding the use of those guidelines for interested professionals. The Board has developed evidence-based standards and guidelines for a collaborative model of treatment and supervision of youth, supported by the principles of Risk-Need-Responsivity (RNR). These guidelines should apply for youth adjudicated for committing a sexual offense, and mandated to attend sex offense specific treatment by the court. The intensity of services will be defined by individualized assessments of risk and treatment needs and managed by a case management team. The guidelines are intended to be an evidence-based and best practices set of policies useful for individual counties to develop program and a basis for future legislation.

## Learning Objectives

1. Identify recidivism rates for sexual and total recidivism for YWCSO
2. Identify two assessment methods for YWCSO
3. Identify two treatments for YWCSO