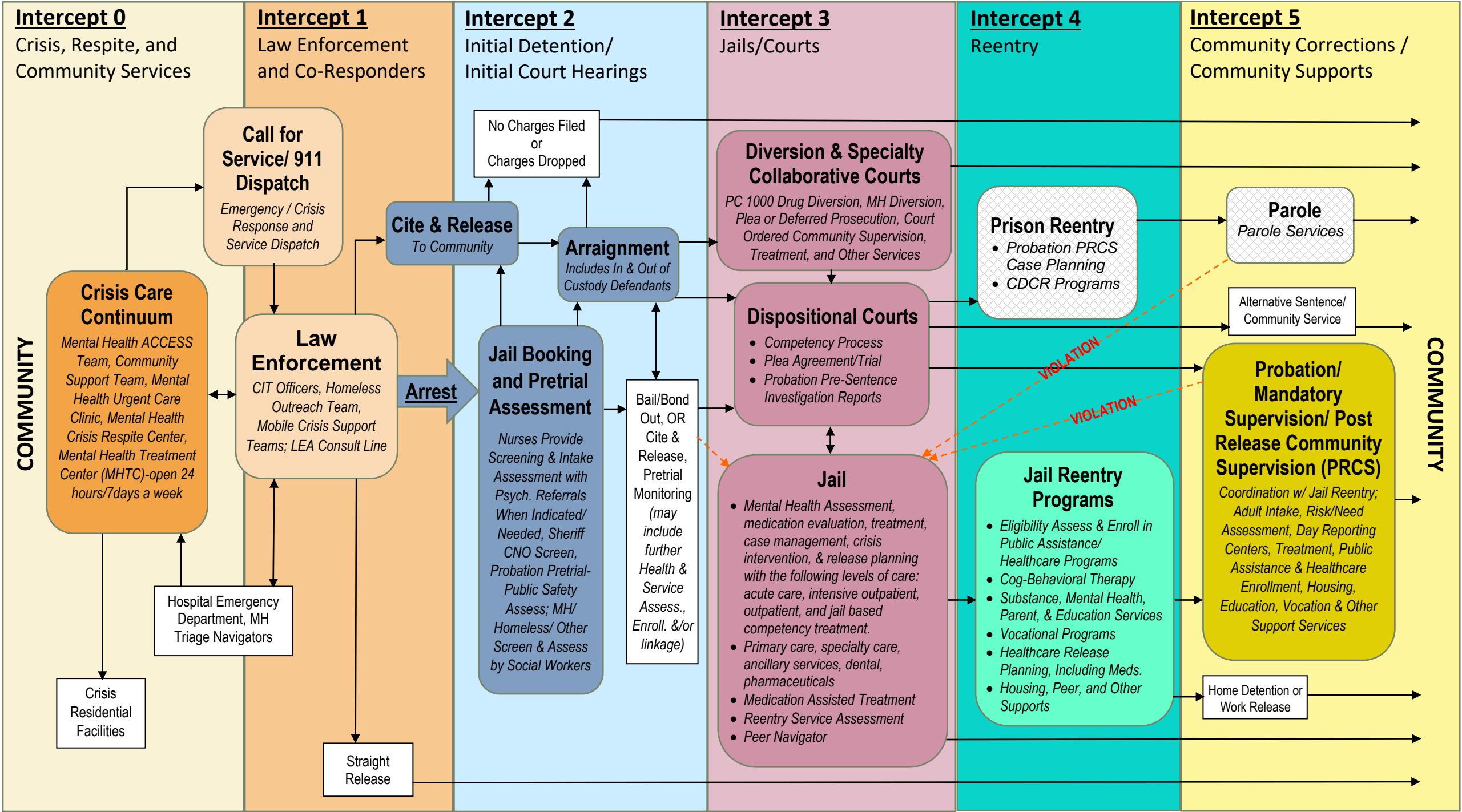


Sacramento County Adult Sequential Intercept: Criminal Justice-Behavioral Health Partnerships



INTERCEPT 0: Crisis Care and First Response Continuum - Intercept 0 involves interventions for people with mental and substance use disorders prior to formal involvement with the criminal justice system. The critical components of this intercept include the local continuum of crisis care services and resources that reduce reliance on emergency response, hospitalizations, and law enforcement to serve people in crisis or with low-acuity mental health needs. In jurisdictions where very few resources exist, law enforcement may be involved in Intercept 0 diversion efforts in a *parens patriae*, or “guardian,” capacity, providing first responder services.

INTERCEPT 1: Law Enforcement Calls and Responses - At Intercept 1, law enforcement and other emergency service providers respond to people with mental and substance use disorders who are in crisis in the community. In many jurisdictions, when a person in crisis exhibits illegal behavior, law enforcement officers have the discretion to place the person under arrest or to divert them to treatment or services. Effective diversion at Intercept 1 is supported by trainings, programming, and policies that integrate behavioral health care and law enforcement to enable and promote the diversion of people with mental illness away from arrest and a subsequent jail stay and into community-based services.

INTERCEPT 2: Intake, Booking, and Bond Setting/Review - At Intercept 2, individuals who have been arrested will go through the intake and booking process and will have an initial hearing presided over by a judicial official. Important elements of this intercept include the identification of people with mental and substance use disorders being processed and booked in the jail, placement of people with mental and substance use disorders into community-based treatment after intake or booking at the jail, and availability of specialized mental health caseloads through pretrial service agencies.

INTERCEPT 3: Courts and Incarceration in Jail or Prison - At Intercept 3, individuals with mental health or substance use disorders who have not yet been diverted at previous intercepts may be held in pretrial detention while awaiting disposition of their criminal cases. This intercept centers around diversion of individuals from the jail or prison into programs or services that allow criminal charges to be resolved while also addressing the defendant’s mental and substance use disorder needs. The intercept also involves jail- and prison-based programming that supports defendants in a trauma-informed, evidence-based manner during their incarceration.

INTERCEPT 4: Reentry - At Intercept 4, individuals transition from detention or incarceration in a jail or prison back to the community. This intercept requires transition planning with specific considerations to ensure people with mental and substance use disorders can access and utilize medication and psychosocial treatment, housing, healthcare coverage, and services from the moment of release and throughout their reentry back into the community.

INTERCEPT 5: Community Corrections - At Intercept 5, community corrections agencies (probation and parole) provide essential community-based supervision, as an arm of the court, to individuals released from custody. People with mental and substance use disorders may be at risk for probation or parole violations and benefit from added supports at this intercept. Use of validated assessment tools, staff training on mental and substance use disorders, and responsive services, such as specialized caseloads, are vital to reducing unnecessary violations, decreasing criminal re-offense, and improving behavioral health outcomes, through enhanced connections to services and coordination of behavioral health treatment and criminal justice supervision goals.

INVENTORY OF SERVICES

Mental Health Access Team – Is the entry point for County mental health services, providing Sacramento County residents referrals or linkage to authorized specialty mental health services. They determine eligibility for services based on referral information and by conducting a brief phone screening in the individual’s primary language.

- The Mental Health Access Team will determine the level of service needed and link the individual with a culturally and linguistically appropriate provider. In accordance with confidentiality regulations, the Mental Health Access Team will inform the referring party that the individual has been linked with a provider agency. The Sacramento County contracted provider will contact the individual and/or caregiver to set up an appointment after the Access Team has authorized services.
- **Available Services:** Individuals, caregivers, schools, medical providers, and other concerned adults can refer to the Access Team via phone, fax or US mail.
 - Crisis intervention • Mental health assessments • Therapy and/or rehabilitation services • Intensive Home Based Services • Skills building and support groups • Case management
 - Intensive Care coordination • Linkage to [housing services](#) • Linkage to community resources • Medication support • Early Childhood Mental Health • Services for Youth with coexisting Mental Health and Alcohol/Substance Abuse Disorders

The **Community Support Team (CST)** operates Monday through Friday, 8:00 am – 5:00 pm and includes Behavioral Health Services licensed mental health counselors and Crossroads Vocational Services peer/family specialists who serve all age groups experiencing mental health distress, including those at risk for suicide, and the individual’s family members and/or

caregivers. The CST provides community-based flexible services to community members experiencing mental health distress. Services can include assessment, crisis intervention, safety planning, and linkage to ongoing services and supports. The goal of CST is to provide services in a culturally and linguistically competent manner while promoting recovery, resiliency and wellbeing resulting in decreased use of crisis services and/or acute care hospitalization services; decreased risk for suicide; increased knowledge of available resources and supports; and increased personal connection and active involvement within the community.

Mental Health Urgent Care Clinic (MHUCC) – A walk-in clinic for individuals with an urgent mental health need. The MHUCC is a client-centered program that focuses on providing immediate relief to individuals and families in distress. The program intends to avert psychiatric emergency room visits and involuntary hospitalizations. The goal of MHUCC is to foster recovery for individuals and families through the promotion of hope and wellness.

As a walk-in clinic, the MHUCC welcomes anyone experiencing mental health-distress regardless of age and ability to pay. Individuals experiencing non-psychiatric emergencies are encouraged to visit their local emergency room or call 911.

This program is funded by the Sacramento County Division of Behavioral Health Services through the voter-approved Proposition 63, Mental Health Services Act (MHSA)

SERVICES OFFERED

- A safe space for individuals and families, peer support and on-the-spot counseling
- Crisis interventions, psychiatric evaluations and clinical assessments
- Referrals and linkage to community resources
- Brief medication management services (excluding controlled substances)

Sacramento County Mental Health Treatment Center (MHTC) – Provides short term comprehensive acute inpatient mental health services, 24/7, for adults 18 and older experiencing a mental health crisis and/or condition. The County's Intake Stabilization Unit (ISU), adjacent to the MHTC campus' 50 inpatient psychiatric beds, provides up to 23-hour crisis stabilization and intensive services in a safe environment. The ISU responds to hospital ED staff and law enforcement calls 24/7, provides direct access from the mobile crisis support teams and SB82 triage navigator program, and receives adults and minors that have been medically cleared for 24/7 crisis stabilization services.

911 Dispatch – Different 911 call centers serve different jurisdictions within the county. They include one operated by the California Highway Patrol and 6 by local LEA's, with the Sheriff's Office and Sacramento Police Department operating the two largest. Computer aided dispatch is utilized for deployment of appropriate responders, including dispatch of Mobile Crisis Support Teams/Co-Responders, where available.

Law Enforcement Consult Line (LECL) – Is available for officers responding to 911 calls in the community on clients who are experiencing a mental health crisis. They are encouraged to call the Mental Health Treatment Center's Intake Stabilization Unit (ISU) to consult on these clients for resource assistance they might need to work with the client. Officers may bring clients directly from the community for mental health services and crisis stabilization to the ISU if the client meets Welfare & Institutions Code 5150 criteria of Danger to Self (DTS), Danger to Others (DTO) or Gravely Disabled (GD). A designated telephone line (875-1170) has been established on the ISU for these purposes.

Mobile Crisis Support Teams (MCSTs) – Embed a Dept. of Behavioral Health Services licensed Senior Mental Health Counselor and contracted Peer Navigator with law enforcement (in the process of expanding from 6 to 11 teams in partnership with Sacramento Police Department, Sacramento Sheriff's Office (SSO), Citrus Heights Police Department, and the Folsom Police Department), where the Officer/Deputy is trained in Crisis Intervention Training (CIT) to respond to persons experiencing mental health crisis. Teams responding to mental health crisis aim to reduce risks and threats to self or others. They build upon individual, family, community, and self-identified strengths and skills to divert individuals from unnecessary incarceration or hospitalization. They assist with making connections to and navigating service systems for access to ongoing mental health support. Authorized mental health providers support de-escalation, safety planning and ongoing care. MCSTs also educate key individuals, family members or natural supports on how to improve health and wellness.

Homeless Outreach Team (HOT) – The mission of the Sacramento County Sheriff's Homeless Outreach Team (HOT) is to engage homeless individuals with services, along with enforcement when necessary, in order to make a positive impact in the community. The men and women of the Homeless Outreach Team utilize unique and innovative "outside the box" approaches to connect homeless individuals and families with critical services. HOT has formed and fostered partnerships with State and County agencies, as well as faith-based and private organizations, to provide service to homeless people in need.

Sheriff's Jail Intake Staff – Provide additional screening during booking to identify defendants eligible for the Chronic Nuisance Offender (CNO) Collaborative Court Program. Booking officers refer eligible defendant to the District Attorney's Office for potential participation in this program that provides housing, treatment and other services as an alternative to jail (Collab Court table).

Adult Correctional Health (ACH) – Provides physical health and mental health services for incarcerated adults in the jail system. This is a county operated service working in partnership with SSO. ACH has several contracted providers including UC Davis for onsite mental health services. Other healthcare contracts include specialty or ancillary care services. Nurses complete a receiving screening/intake on arrestees who are booked and housed. Dependent on patient needs, there is a range of medical services (primary care, specialty care, dental, pharmacy, &

ancillary services) provided to patients (onsite/offsite). RNs refer individuals to onsite mental health staff and can request urgent assessments when needed. Psychiatric consultation is available 24/7 at both jails. Psychiatric services include evaluations, medication management, crisis intervention, treatment, case management and limited discharge planning. Services include acute psychiatric care, intensive outpatient, outpatient, and jail based competency. ACH also has a contract with WellSpace Health to provide on-site Substance Use Disorder (SUD) Counselor to provide including assessment, education/ counseling, and community linkage at the Main Jail. ACH collaborates with system partners such as Behavioral Health, Collaborative Courts, etc. Medication Assisted Treatment (MAT) services are also provided when clinically indicated. . There is a discharge planning team that provides health care linkage for patients post-release. This includes discharge planning services for patients with chronic health conditions, SMI, and SUD. Discharge planning is a phase in process. Medications are currently provided to the sentenced population post-release. Staff have not yet begun the medication pilot for the presentence population.

Probation Pretrial Pilot - Assessment, Recommendations to Court, and Monitoring – Focused on identifying detainees who can be safely released to the community pending trial, without regard to ability to post bail. Under this program, Probation Officers apply the Public Safety Assessment, a validated risk assessment tool, and provide pretrial reports to Superior Court that include risk scores and detention or release recommendations, including recommended monitoring levels and conditions. Those released also receive court reminders and may be provided further assessment and linkage to health and support services.

Public Defender's Office, Conflict Criminal Defender's and the District Attorney's Office – Work together along with the Court and Behavioral Health experts to identify defendants who are eligible and appropriate for diversion or collaborative court programs providing community-based treatment and other services. Additionally, specialized attorneys work to ensure appropriate actions and services for Murphy's Conservatorship (defendant subject to a pending indictment or information for a serious and violent felony and found to present a substantial danger of physical harm to others), mentally disordered offenders, sexually violent predators, and for mental incompetence/insanity extensions.

Drug Diversion (PC 1000) – Under Penal Code Section 1000, individuals charged with specified crimes qualify for pretrial drug diversion if they meet four criteria: (1) Within five years prior to the alleged commission of the charged offense, the defendant has not suffered a conviction for any offense involving controlled substances other than the offenses listed under PC 1000. (2) The offense charged did not involve a crime of violence or threatened violence. (3) There is no evidence of a contemporaneous violation relating to narcotics or restricted dangerous drugs other than a violation of the offenses listed under PC 1000. (4) The defendant has no prior felony conviction within five years prior to the alleged commission of the charged offense. Under the pretrial drug diversion program, a qualifying individual enters a plea of not guilty and waives his or her right to a trial by jury, and proceedings are suspended in order for the individual to enter a drug treatment program for 12 to 18 months (18-36 months if ordered prior to 2018). If the individual does not perform satisfactorily in the program or is convicted of specified crimes the Court may terminate diversion and reinstate the criminal proceedings. PC 1000 requires criminal charges to be dismissed if the individual successfully completes diversion.

Mental Health Diversion (Separate Policies for Misdemeanor & Felony Defendants) – Superior Court may grant Mental Health Diversion to defendants eligible pursuant to Penal Code Section 1001.36, charged with specified crimes, suffering from a qualifying mental health disorder, qualified expert determines nexus between mental health symptoms and criminal behavior, and defendant does not pose an unreasonable risk of danger to public safety. To participate, a qualifying individual enters a plea of not guilty and waives his or her right to a speedy trial, and proceedings are suspended in order for the individual to complete a mental health treatment program within a maximum of 24 months. Misdemeanor and felony mental health diversion processes have been established by Sacramento Superior Court. Additional info provided in the New Programs 2019-2020 table.

Sheriff's Reentry Services – Rehabilitative vocational, educational, and treatment services that aim to reduce recidivism and prepare offenders for successful community reintegration. Evidence based assessment tools are utilized to determine program placement. Upon release from custody, ongoing program services are available in the community for up to a year.

Adult Day Reporting Centers (ADRC's) – Probation operates three ADRC locations which provide intensive on-site and community supervision for individuals 18 and over and who have been assessed as having a high-risk to reoffend. Depending on the client's needs, the phased program lasts between 9 to 12 months. The ADRC includes: onsite RN's to assist with screening and linkage to healthcare services, eligibility specialists, mental health staff, cognitive-behavioral treatment classes, vocational training, group/individual/family counseling, educational services, emergency housing assistance and family support services.

Note- These are not County operated services, but examples of additional behavioral health service options available for justice-involved people:

Turning Point Community Programs: Operating the Mental Health Urgent Care Clinic and 3 Crisis Residential Facilities - 2 with 15 beds in each and 1 with 12 beds. [Abiding Hope Respite House](#) »; [Bender Court Crisis Residential](#) »; [Crisis Residential Program \(CRP\)](#) »; [Flexible Integrated Treatment \(FIT\)](#) »; [Integrated Services Agency \(ISA\)](#) »; [Mental Health Urgent Care Clinic \(MHUCC\)](#) »; [Pathways to Success After Homelessness](#) »; [Regional Support Team \(RST\)](#) »; [Therapeutic Behavioral Services \(TBS\)](#) »; [Transitional Support Services](#) »

SMART- SACRAMENTO MULTIPLE ADVOCATE RESOURCE TEAM at El Hogar's Guest House Homeless Clinic, which is an outpatient behavioral health clinic that helps adults struggling with mental health and/or substance abuse challenges who are homeless. Guest House provides consumers with access to mental health and supportive services. Staff use a strengths-based approach to help consumers regain control of their lives. Services offered by Guest House Clinic are voluntary and include, but are not limited to: • Medication Support • Entitlement Support (GA, SSI, SSDI, etc.) • Linkage to Primary Health Care • Individual Therapy • Support Groups • Case Management • Advocacy • Connections Lounge

Sacramento County Collaborative and Specialized Courts

Title	Who It's For	What It Includes	Length	Capacity	Agencies Involved
Adult Drug/Recovery Court	Defendants charged with non-violent drug possession, violations of probation, and certain drug-related and property crimes.	Residential and outpatient services including detoxification, substance misuse, mental health treatment, relapse prevention, and reentry services; drug testing, case management, housing, and therapeutic (yoga, nutrition, mind-body) services; and probation supervision. Upon completion, suspended jail time is lifted and probation may be terminated or the case may be dismissed.	12 - 18 months	80 - 125	Probation, Service Providers, Court, Attorneys, Health Services, Human Assistance
Drug Diversion - PC 1000	Defendants charged with simple possession and first time drug offenses.	40 hours of drug education and group courses. Monthly meetings, support group work and drug testing for 6 months. Upon completion, Probation files a motion requesting charges be dismissed.	18 months - 3 years	800 – 1000 plus	Probation, Service Providers, Alcohol and Drug Services, Court, Attorneys
Mental Health Treatment Court	Non-violent defendants diagnosed with specified mental health disorders or co-occurring mental and substance use disorders, approved for participation by the DA's Office. No sex, DUI, Domestic Violence, or arson offenses.	Residential and outpatient services including case management, benefits acquisition, crisis response, intervention and stabilization, medication evaluation and support, and ongoing specialized mental health services. Full Service Partnership supports such as housing, employment, education and transportation. Random drug/alcohol testing. Upon completion, suspended jail time is lifted, probation may be terminated, and the case may be dismissed.	12 - 18 months	150 - 200	Service Providers, Court, Attorneys, Health Services, Probation
Prop 36 Court	Defendants charged with non-violent drug possession and transportation for personal use.	Report to Probation for drug/alcohol/mental health screening and treatment referral. Four "fee for service" multi-disciplinary sites are available for detoxification, residential, outpatient, methadone, sober living, vocation, family counseling, literacy, and communication skills services. 12 weeks intensive outpatient services, 12 weeks aftercare, and proof of completion required. Upon completion, plea is withdrawn and case dismissed, terminating probation.	6 months	No capacity (90 in Program-Fall 2017)	Probation, Service Providers, Court, Attorneys, Health Services
DUI Treatment Court (DUITC)	Individuals charged with a VC 23152 (DUI), who have three prior DUI misdemeanor convictions within a 10 year period.	Residential and outpatient services including detoxification, substance misuse, relapse prevention, drug testing, and case management services; and probation supervision. Upon completion, suspended jail time is lifted and probation may be terminated early.	18 months	30	Service Providers, Court, Attorneys, Health Services, Sheriff's Office, Probation
Re-Entry Court	Defendants charged with non-violent drug and property offenses eligible for County Jail Prison (CJP) or State Prison. No violent weapon, terrorist, or sex offenses.	Program services may begin in custody and upon release include housing, education, vocation/employment, individual and group counseling, gender specific curriculum, life skills, relapse prevention, effective communication, anger management, healthy relationship education, health and nutrition education, self-help meetings, therapy, recovery activities and groups, and connection to county medical, general and CalFresh services. Upon completion, term of probation is reduced and CJP time is vacated or permanently suspended.	12 - 18 months	50	Probation (Adult Day Reporting Centers), Sheriff's Office, Court, Service Providers

Title	Who It's For	What It Includes	Length	Capacity	Agencies Involved
Veterans Treatment Court	Veterans Affairs (VA) benefit eligible veterans charged with offenses related to issues from US Military service. No sex, arson or gang offenses.	Any combination of residential and/or outpatient treatment including case management, Veteran mentoring, VA substance abuse and mental health services, and random drug and alcohol testing by the VA and Probation. Upon completion, resulting plea agreement terms could include term reduction or termination of probation, suspension of incarceration, or case dismissal.	12 - 18 months	40	Probation, Court, Attorneys Veterans Affairs
ReSET Court (Reducing Sexual Exploitation & Trafficking)	Adult females charged with prostitution or prostitution related offenses; may have other misdemeanor charges.	Prostitution diversion program services include health and wellness education, HIV testing, group and individual counseling, trauma based therapy, wraparound, life skills and peer mentoring services. Upon completion, the initial plea is withdrawn and the case is dismissed.	3 - 6 months	100 - 120	Court, Attorneys, Community Against Sexual Harm (CASH)
Chronic Nuisance Offender (CNO) Program	Misdemeanor offenders within District Attorney Community Prosecution areas with at least 10 arrests, citations, and/or bench warrants within 12 months.	Residential placement is offered in lieu of jail time, which is stayed pending successful completion of program services. Substance abuse and mental health assessment and treatment services provided by County and community-based providers. Homeless and related social, health and fiscal services also available. Upon completion, sentence is modified per terms of an original plea agreement.	90 days	20 - 40	Court, Attorneys, County Alcohol and Drug Services, Sac Steps Forward, Service Providers
City Alcohol Related Treatment (CART)	Individuals with 5 alcohol-related City Code citations and/or arrests in the past 18 months, need housing, and are in-custody for a violation of probation.	As a term of probation, 30 days of residential alcohol treatment services in lieu of a 30 day jail sentence. Upon completion, the 30 day jail sentence is permanently stayed.	30 days	80	Sac City Attorney, Sacramento Police Dept., VOA, Sac Housing and Redevelopment Agency
Serial Inebriate Program (SIP)	Individuals found to be publicly intoxicated-PC 647(f) and have 15 or more alcohol related county, city or service contacts (arrest/ citation/detox/fire/hospital) within the prior 12 months.	Placement in Volunteers of America (VOA) comprehensive alcohol treatment program with transport from jail to VOA. Services available include Narcotics Anonymous, Alcoholics Anonymous, life skills, post-placement housing, employment training, and other services. Upon completion of treatment, outstanding warrants are cleared and offenses are dismissed in the interests of justice, except if victim restitution is owed or there are DMV issues that cannot be waived.	90 days	10	Sutter Health, Court, Sacramento Police & Sheriff's Office, Sac Downtown Partnership, Attorneys, VOA
Loaves and Fishes Court (for Homeless)	Homeless low level traffic and misdemeanor offenders (trespassing, drinking in public, etc.) who cannot afford to pay court fines and fees.	On-site consultation at Loaves and Fishes homeless shelter and monthly court calendar for assessing fees as part of an offense resolution with options such as community service, credit for time in clean and sober living facilities and/or mental health treatment in lieu of fees. Completion of the community service hours does not result in the dismissal of the case, and the participant may have other sentence requirements to fulfill before the case is closed.	3 - 6 months	No capacity (Serves over 800 annually)	Court, District Attorney, Public Defender, Loaves and Fishes

New Programs 2019-2020

Title	Who It's For	What It Includes	Length	Capacity	Agencies Involved
Mental Health Diversion Misdemeanor	Defendants facing misdemeanor charges and suffering from mental illness or co-occurring mental and substance use disorders, approved for participation by the Court under PC 1001.36.	Outpatient and/or residential services including case management, benefits acquisition, crisis response, intervention and stabilization, medication evaluation and support, and ongoing specialized mental health services. Social Worker Services provided through the Public Defender's Office. Full Service Partnership supports such as housing, employment, education and transportation. Upon completion, case dismissed.	6-12 months	No capacity Limit	Court, Public Defender, District Attorney, Health Services, Human Assistance
Felony Mental Health Diversion Felony	Defendants facing felony charges and suffering from mental illness or co-occurring mental and substance use disorders, approved for participation by the Court under PC 1001.36.	Outpatient and/or residential services including case management, benefits acquisition, crisis response, intervention and stabilization, medication evaluation and support, and ongoing specialized mental health services. Social Worker Services provided through the Public Defender's Office. Full Service Partnership supports such as housing, employment, education and transportation. Upon completion, case dismissed.	12-24 months	No capacity Limit	Court, Public Defender, District Attorney, Health Services, Human Assistance
Expungement Clinic	Individuals experiencing homelessness with a criminal record.	Assessment of criminal records and filing petitions to clear records and break down barriers criminal records create with housing, employment, education, and professional licenses.	90 days	No capacity Limit	Public Defender, District Attorney, Probation, Court, HEAP partners, Loaves and Fishes
<u>Flexible Housing Pool (FHP) – Jail Diversion Pilot</u> & MHSA Investment	Defendants facing misdemeanor criminal charges and experiencing literal homelessness identified by the Public Defender and approved by the Court.	Participants are linked to the County Department of Human Assistance Flexible Housing Pool (FHP) and assigned limited-term case management and housing assistance. Upon participation in program, case dismissed. FHP utilizes \$8 million in state homelessness funding to serve approximately 400 persons, 80 from the jail diversion pilot. FHP is modeled after the Flexible Supportive Rehousing Program (FSRP) for the top 250 utilizers of health services and jail. An additional \$6 million in MHSA funding has been invested in FHP to house approximately 400 households experiencing homelessness with a mental health need who are exiting jail or acute psychiatric hospitalization into homelessness. FSP includes case management and supportive housing. Note: FHP Jail Diversion is being funded with one-time state funding (HEAP) and assistance expires 6/30/2021.	12-24 months	80 & 400	Human Assistance, Public Defender, District Attorney, Probation, Courts, Health Services, Contracted Providers
Public Defender Pretrial Service Program *Launching 4/2020	Adults in custody pending criminal charges and suffering from mental illness.	Social workers embedded at the Public Defender's Office conduct clinical forensic and housing assessments for pretrial defendants in jail, then coordinate discharge and linkage to mental health and housing services.	3 months	No capacity Limit	Courts, District Attorney, Public Defender, BH
DSH Mental Health Diversion *Launching 6/2020	Defendants facing felony charges and suffering from schizophrenia, schizoaffective, or bipolar and are likely to become Incompetent to Stand Trial (IST) or have been found IST, approved for participation by the Court under PC 1001.36.	Clinical Forensic and housing assessments. Outpatient and/or residential services including case management, benefits acquisition, crisis response, intervention and stabilization, medication evaluation and support, ongoing specialized mental health services, transportation, employment and education support. Housing provided to 50% of the consumers. Social Worker Services provided through the Public Defender's Office. Upon completion, case dismissed.	12-24 months	50-100	Court, Public Defender, DA, DBH, D Dept. of Human Assistance