

Training in the Use of the Violence Risk Scale-Youth Sexual Offense (VRS-YSO)

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How are Sex Offending Youth Different from Nonsex Offending Youth?

Seto & Lalumiere (2010)

Youth SOs

- Sexual abuse
- Physical abuse
- Emotional abuse/neglect
- Exposed to domestic sexual violence
- Poor social relations, isolation, withdrawal introversion
- Exposure to sex or pornography
- Atypical sexual interests
- Anxiety (incl. social anxiety)
- Depression
- Low self-esteem

Youth NSOs

- Prior criminal history
- Antisocial peers
- Substance abuse

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Some Issues in Youth Sexual Offense Risk Assessment

1. Unique developmental considerations
 - Neurodevelopmental, prominence of school and family, different justice systems, emotional/social/physical development
2. Extremely low base rates of sexual recidivism
 - Caldwell (2011): $k = 63$, $n = 11,219$
 - 7% sexual recidivism → most will not become adult offenders
 - 43% general recidivism
 - Caldwell (2016): $k = 106$ → 5% sexual recidivism (weighted) 7% (unweighted)
3. Different than youth NSOs (re: Seto & Lalumiere, 2010)
4. Sex is a really awkward topic for teenagers
 - Sensitivity, compassion, patience, respect for privacy

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Youth Sexual Offense Risk Assessment Tools

- Juvenile Sex Offender Assessment Protocol-II (J-SOAP-II; Prentky & Righthand, 2003)
- Estimate of Risk of Adolescent Sexual Offense Recidivism (ERASOR; Worling & Curwen, 2001)
- Juvenile Sex Offender Recidivism Risk Assessment Tool-II (J-SORRAT-II; Epperson et al., 2005)
- Other general risk and forensic measures
 - YLS/CMI; SAVRY; PCL:YV

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Youth Sexual Offense Risk Assessment Meta-Analysis

(Viljoen, Mordell, & Beneteau, 2012)

- k = 33 studies across 44 independent samples
- N = 6,196 male adolescent sex offenders
- Mean age 16 years
- Recidivism – 71 month median follow-up
 - 49.4% general
 - 10.9% sexual

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Youth Sexual Offense Risk Assessment Meta-Analysis

(Viljoen, Mordell, & Beneteau, 2012)

Measure	k	r_w	AUC_w
ERASOR			
Sexual recidivism	10	.20***	.66
General recidivism	7	.14*	.59
J-SOAP-II			
Sexual recidivism	9	.19***	.67
General recidivism	7	.25**	.66
J-SORRAT-II			
Sexual recidivism	7	.12***	.64
Static-99			
Sexual recidivism	8	.18***	.67

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Youth Sexual Offense Treatment Outcome (Reitzel & Carbonell, 2006)

Meta-Analysis of Treatment Outcome

- K = 9, N = 2,986
- Average 59-month follow-up
- Recidivism
 - Sexual 12.5%
 - Nonsexual violent 24.7%
 - Nonviolent 28.5%

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Youth Sexual Offense Treatment Outcome (Reitzel & Carbonell, 2006)

Results

- Unweighted treatment sexual recidivism rate vs. control (respectively)
 - 7.37% vs. 18.93%
- Odds ratio of .43 (95%CI = .33-.55) sexual recidivism
 - Juvenile sex offender treatment significantly associated with decreased sexual recidivism relative to untreated controls

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Some Conclusions

- Rates of sexual recidivism among youth with sexual offenses are very low
 - We are assessing risk for a very uncommon event
- We can predict sexual recidivism and other forms of recidivism among youth with reasonable accuracy using structured tools
 - No clear prize winner
- The available evidence suggests treatment and support services can work to decrease sexual recidivism
- Purpose of risk assessment is recidivism prevention rather than prediction per se

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Violence Risk Scale-Youth Sexual Offense (VRS-YSO)

Instrument Overview and Scoring Instructions

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The VRS-YSO

- Integrates risk assessment & treatment
- Uses both static/stable and dynamic variables
- Assess risk of sexual offending pre-tx
- Identify treatment targets
- Assess treatment readiness
- Assess post-treatment change in risk for sexual offending
- Guide report writing
- Guide post-treatment risk management

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VRS-YSO Item Identification and Development

- Literature on youth and adult sex offenders reviewed (Dr. E. Y. Rojas) to identify risk variables to be added, retained, discarded, or modified from the VRS-SO.
- VRS:YV further guided selection of potential risk factors for youth violence and structural revision.
- VRS-SO developers completed scale revision.

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VRS-YSO Pre-Treatment Assessment

- Pre-treatment risk is assessed using 6 stable & 19 dynamic variables
- The sum of the total static and pre-treatment dynamic variable scores is the pre-treatment level of risk.
- Integration of actuarial and SPJ traditions

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Rating Scheme: Pre-Treatment

For Pre-Treatment:

- Stable variables are rated 0,1,2,3
 - higher ratings reflects more problematic history
- Dynamic variables are rated 0,1,2,3
 - the higher the rating, the more the variable is linked to violent offending.

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Using Dynamic Variables to Identify Tx Targets, Strengths & Tx Readiness

Dynamic variables:

- **Rating of 2 or 3 = Treatment Targets**
 - - i.e. areas linked to violence; also determine tx readiness for identified tx targets
- **Rating of 1** possibly a past problem area that is now managed well or a low risk area-minimally linked to violence
- **Rating of 0** = areas of strength.

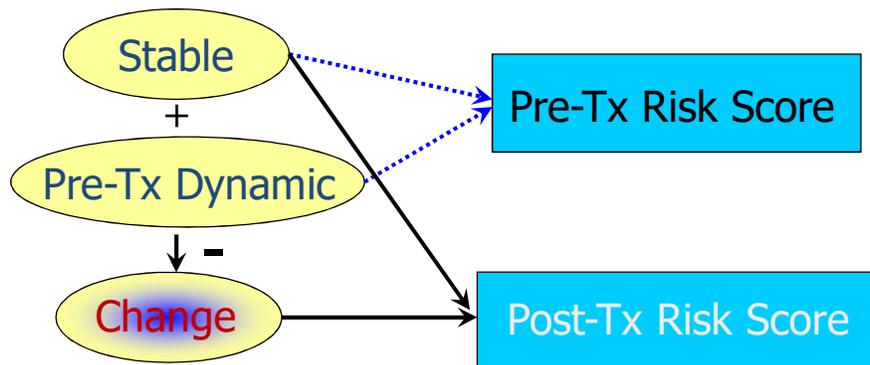
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Rating Scheme: Post-treatment

- Stable variables usually unchanged post-tx.
- Changes in the dynamic variables identified as tx target are assessed post-tx; a change score is derived from the Stages of Change model.

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VRS-YSO Pre- & Post-Treatment Ratings



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Assessing Treatment Change

- Assess tx change of dynamic variables based on modified Transtheoretical or Stages of Change model (Prochaska et al., 1992).
- Stages of change: PreContemplation, Contemplation, Preparation, Action, Maintenance.
 - Modifications:
 - More conservative criteria for progression in stages
 - Staff clinical ratings vs questionnaire (URICA).

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Assessing Treatment Change

- **PreContemplation:** denial of problem, no insight.
- **Contemplation:** acknowledges problem but no *relevant* action taken - all talk, no walk.
- **Preparation:** acknowledges problems, observable and *relevant* changes but lapses likely quite frequent - and/or changes relatively recent.
- **Action:** taking consistent action to make *relevant* changes which have been stable over *extended period of time* relative to lifetime functioning.
- **Maintenance:** maintaining changes, doing relapse prevention over significant period of time relative to lifetime functioning **AND across a variety of relevant situations** (ie. situations linked to violent offending).

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SOC	Acknowledges Problem Area?	Relevant Risk Reduction Behaviours?	Relevant Risk Reduction Behaviours over Extended Time?	Relevant Risk Reduction Behaviours over Extended Time that have been tested in key high-risk scenarios?
Pre-Contemplation	∅	∅	∅	∅
Contemplation	√		∅	∅
Preparation	√	√	∅	∅
Action	√	√	√	∅
Maintenance	√	√	√	√

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Assessing Treatment Change

- Stable variables remain unchanged from pre-to post-tx.
- For each dynamic variable identified as tx target, assess stage of change before and after tx.
- Change from one stage at pre-tx to another stage at post-tx is the measure of tx change.

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Computing a Change Score for Each Tx Target

- Determine person's stage of change at beginning & end of tx.
- Progresses from any one stage to the next stage, score -.5
 - *Exception is from PC to Contemplation which = 0-point deduction since there are no risk relevant behavioral changes*
- Progresses through 2 stages, score -1; 3 stages, score of -1.5. If no change, 0.
- If regresses, give a corresponding + score.

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VRS-YSO Pre- and Post-Treatment

Example:

Pre-treatment rating = 3

During treatment, progressed
through 2 stages (2 x -.5) = - 1

Post-treatment rating (3 – 1) = 2

- This is done for each dynamic variable identified as a tx target.

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For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C X A M	1.5 1 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 3	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 2 3	P/C P A M	1.5 1 .5 0	0	
D5 Cognitive Distortions	0 1 2 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 3	P/C P A M	1.5 1 .5 0		
D8 Insight	0 1 2 3	P/C P A M	1.5 1 .5 0		
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 .5 0		
D10 Community Support	0 1 2 3	P/C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1 .5 0		N
D12 Sexual Offending Cycle	0 1 2 3	P/C P A M	1.5 1 .5 0		
D13 Impulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	0 1 2 3	P/C P A M	1.5 1 .5 0		
D15 Treatment Noncompliance	0 1 2 3	P X P A M	1.5 1 .5 0	.2	
D16 Deviant Sexual Preference	0 1 2 3	P/C P A M	1.5 1 .5 0		
D17 Intimacy Skills Deficits	0 1 2 3	P/C P A M	1.5 1 .5 0		
D18 Interaction with Caregivers	0 1 2 3	P/C P A M	1.5 1 .5 0		
Total Dynamic Factor Score →	Pre-Tx:	Total Dynamic Factor Score →	Post-Tx:		
Total Static Factor Score From Previous Page →		Total Static Factor Score From Previous Page →			
Total Static + Total Dynamic Factor Score →		Total Static + Total Dynamic Factor Score →			

Indicate if Clinical Override was used: Yes No

^{††} For treatment purposes, specify whether the client is in Precontemplation or Contemplation stage by circling (C) or marking (C) the "P" or "C" stage for pre- and post treatment, respectively.
^{†††} If there is a deterioration during treatment, 'b' score is added to 'a' score for the corresponding Dynamic Factor.

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Violence Risk Scale-Youth Sexual Offense (VRS-YSO) version

Research Results

Key Reference: Rojas, E. Y., & Olver, M. E. (2019). *Validity and reliability of the Violence Risk Scale: Youth Sexual Offense version*. *Sexual Abuse*, 1-24. Doi:10.1177/1079063219858064 [E-pub ahead of print]

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Method

Rojas and Olver (2019)

Design and Sample

- Archival review of comprehensive court and treatment files.
- N = 100 males (ages 12-18) who had received outpatient SO services (assessment and/or treatment) from Young Offender Program in Saskatoon, SK between 1995-2008.
 - M age = 16.24 (SD = 1.97) at time of involvement with the YOP.
 - 98.9% were charged with or convicted of ≥ 1 sexual index offence(s).
 - 80.8% had committed only sexual offences.
 - Caucasian = 43.4%, Aboriginal = 23.2%, Unknown = 33.3%.

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Method

Materials

- Coded retrospectively from youth court and treatment files
- Basic demographics, criminal history, index offence victim characteristics, individual-family functioning, and treatment
 - VRS:YSO
 - ERASOR
 - JSOAP-II
 - JSORRAT
 - PCL:YV
- Criminal history and recidivism coded from CPIC
 - Any new conviction for sexual, violent (including sexual), or general (any) offense following intake to Young Offender Program.

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Method

Procedure

- Research assistant coded random sample (approximately 15%) of cases.
- All ratings completed blind to criminal outcome.
- File quality was rated on a 5-point Likert type scale (extremely poor to extremely good).
 - $M = 4.06$ ($SD = 1.11$)

Recidivism Information

- $M = 11.8$ years ($SD = 3.4$) follow-up
 - Sexual recidivism: 8%
 - Violent recidivism: 24%
 - General recidivism: 37%

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VRS-YSO Descriptive Statistics

VRS-YSO Measure	M	SD	Range
Pretreatment (N = 98)			
Static	5.4	2.5	1-12
Dynamic	30.8	7.4	13-46
Total	36.1	9.1	15-57
Posttreatment (N = 54)			
Static	5.7	2.4	1-11
Dynamic	24.8	7.2	12.4-42.8
Total	30.5	9.0	15.4-53.8

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VRS-YSO Reliability

Measure	ICC ₁	α
Pretreatment		
Static	.78	.39
Dynamic	.64	.79
Total	.73	.82
Posttreatment		
Static	.83	-
Dynamic	.70	-
Total	.71	-

n = 16 cases

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Factor Loading Matrix VRS-YSO

Factor 1: Sexual Deviance

VRS-YSO item		Loading
D1	Sexually deviant lifestyle pattern	.794
D2	Sexual compulsivity	.749
D16	Deviant sexual interests	.715
D12	Sexual offending cycle	.674
S6	Number and gender of victims	.524
D3	Offense planning	.466

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Factor Loading Matrix VRS-YSO

Factor 2: Antisocial tendencies

VRS-YSO item		Loading
D14	Noncompliance community sup.	.840
D15	Treatment noncompliance	.758
D4	Callous/unemotional	.650
D8	Insight	.640
S2	Criminality	.574
D6	Interpersonal aggression	.562
D13	Impulsivity	.531
D10	Community support	.496
D5	Cognitive distortions	.452
D9	Substance abuse	.414
S1	Early onset serious antisocial beh	.353
S5	Unrelated victims	.314

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Factor Loading Matrix VRS-YSO

Factor 3: Family Concerns	
VRS-YSO item	Loading
D19 Family stress	.884
D18 Poor parent child interaction	.694
S3 Instability of family upbringing	.601

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Convergent Validity of Risk Measures

Measure	VRS-YSO					
	Static	Dynamic	Sex dev	Antisocial	Family	Total
J-SOAP-II						
Sex drive/preoccupation	.64	.52	.82	.26*	.05 ^{NS}	.59
Antisocial	.51	.61	.10 ^{NS}	.71	.48	.63
Intervention	.26**	.40	-.10 ^{NS}	.59	.15 ^{NS}	.39
Community stability	.36	.66	.18 ^{NS}	.58	.48	.63
Static	.71	.73	.50	.67	.37	.78
Dynamic	.33	.56	-.02 ^{NS}	.68	.30**	.54
Total	.64	.78	.31	.81	.40	.80
ERASOR						
Sexual interests/att/beh	.19 ^{NS}	.28**	.15 ^{NS}	.21*	.17 ^{NS}	.28**
Sexual assault history	.54	.39	.70	.13 ^{NS}	-.04 ^{NS}	.46
Psychosocial	.37	.52	.06 ^{NS}	.57	.43	.52
Family environment	.21*	.40	.04 ^{NS}	.35	.47	.39
Treatment intervention	.09 ^{NS}	.14 ^{NS}	-.16 ^{NS}	.29**	.12 ^{NS}	.14 ^{NS}
Total	.57	.63	.42	.52	.33	.66
Structured Prof Judgment	.49	.53	.23*	.54	.25*	.56
J-SORRAT-II	.70	.48	.45	.46	.11 ^{NS}	.57

p ≤ .001 except for ** *p* < .01, * *p* < .05, ^{NS} = not significant

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Predictive Accuracy (ROC) for Recidivism

Measure	Sexual recidivism		Violent recidivism		General recidivism	
	AUC	95% CI	AUC	95% CI	AUC	95% CI
Static (pre)	.77**	.62, .93	.68**	.56, .80	.67**	.56, .78
Static (post)	.79	.63, .95	.63	.46, .79	.70*	.54, .85
Dynamic (pre)	.65	.47, .83	.68*	.57, .79	.67**	.56, .77
Dynamic (post)	.74	.58, .90	.73**	.60, .87	.77***	.63, .91
Sexual deviance (pre)	.56	.32, .80	.46	.32, .60	.45	.33, .58
Sexual deviance (post)	.65	.42, .89	.48	.29, .67	.54	.36, .72
Antisocial tend. (pre)	.69	.51, .86	.73***	.61, .84	.73***	.62, .83
Antisocial tend. (post)	.74	.57, .90	.75**	.61, .90	.79***	.65, .93
Family concerns (pre)	.79**	.69, .90	.74***	.62, .85	.67**	.56, .78
Family concerns (post)	.88*	.77, .99	.76**	.60, .92	.76**	.62, .91
Total (pre)	.70	.52, .87	.70**	.59, .81	.69**	.58, .79
Total (post)	.77	.62, .91	.73*	.59, .87	.77***	.64, .91
Dynamic change score	.60	.29, .91	.66	.49, .83	.70*	.53, .86

* $p < .05$, ** $p < .01$, *** $p < .001$; Change associations with outcome are inverse

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Predictive Accuracy (ROC) for Recidivism

Measure	Sexual recidivism		Violent recidivism		General recidivism	
	AUC	95% CI	AUC	95% CI	AUC	95% CI
J-SOAP-II						
Sex drive/preocc	.66	.50, .83	.55	.42, .68	.53	.41, .64
Antisocial	.74*	.58, .89	.74***	.65, .84	.70***	.60, .80
Intervention	.55	.34, .75	.59	.46, .72	.65**	.54, .76
Community stability	.65	.46, .84	.67*	.55, .79	.69**	.59, .79
Static total	.75*	.58, .92	.72***	.61, .82	.66**	.56, .77
Dynamic total	.56	.38, .74	.62	.50, .75	.69**	.58, .79
Overall total	.69	.54, .84	.70**	.59, .81	.71***	.60, .81
ERASOR						
Sex int/att/beh	.58	.34, .81	.59	.44, .73	.62*	.50, .74
Sexual assault hist.	.56	.34, .78	.54	.40, .68	.54	.42, .66
Psychosocial func.	.66	.46, .86	.69**	.57, .81	.71***	.60, .82
Family environment	.47	.25, .70	.60	.48, .72	.59	.47, .70
Treatment	.62	.42, .82	.59	.46, .72	.67**	.56, .78
Total	.64	.46, .81	.67*	.54, .79	.71***	.60, .81
Struct. Prof. Jdgmt.	.67	.50, .83	.63	.50, .76	.65*	.54, .76
J-SORRAT-II						
Total	.76*	.55, .96	.62	.47, .77	.59	.47, .71

* $p < .05$, ** $p < .01$, *** $p < .001$

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Cox Regression Survival Analysis: VRS-YSO Change Score Associations with Recidivism Outcome Controlling for Baseline Risk (N = 53)

VRS-YSO regression model and outcome		<i>B</i>	<i>SE</i>	<i>Wald</i>	<i>p</i>	<i>e^B</i>	95% CI	
							<i>LL</i>	<i>UL</i>
Violent recidivism								
1.	Pretreatment total	.07	.03	5.03	.025	1.07	1.01	1.13
	Change	-.07	.06	1.28	.258	.93	.83	1.05
2.	J-SOAP-II static	.07	.09	0.58	.448	1.07	.90	1.26
	Dynamic (pre)	.06	.06	0.95	.329	1.06	.94	1.19
	Change	-.08	.07	1.63	.202	.92	.81	1.05
General recidivism								
3.	Pretreatment total	.09	.03	10.49	.001	1.09	1.04	1.15
	Change	-.09	.05	3.27	.071	.91	.83	1.01
4.	J-SOAP-II static	.08	.07	1.30	.255	1.08	.94	1.25
	Dynamic (pre)	.08	.05	2.48	.116	1.08	.98	1.18
	Change	-.11	.05	4.20	.040	.90	.81	.99

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PCL:YV Descriptive Statistics and Predictive Accuracy for Recidivism

PCL: YV	Mean	SD	Range	Recidivism criterion and AUC		
				Sexual	Violent	General
Interpersonal	1.64	1.16	0-6	.45	.54	.53
Affective	2.82	1.96	0-7	.60	.62	.64*
Lifestyle	3.67	2.30	0-10	.58	.73**	.70**
Antisocial	3.32	2.16	0-9	.65	.71**	.67**
Total	12.87	6.52	2-28	.61	.69**	.67**

* $p < .05$, ** $< .01$

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VRS-YSO Convergence with PCL:YV

PCL: YV	VRS-YSO					
	Static	Dynamic	Sexual deviance	Antisocial tend.	Family concerns	Total
Interpersonal	.38***	.51***	.45***	.43***	.08	.52***
Affective	.38***	.41***	.07	.59***	.04	.44***
Lifestyle	.39***	.61***	.05	.76***	.30**	.60***
Antisocial	.50***	.60***	.14	.76***	.22*	.62***
Total	.56***	.69***	.21	.83***	.23*	.71***

* $p < .05$, ** $< .01$, *** $p < .001$

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**Cox Regression Survival Analysis: Associations of
Juvenile Psychopathy and Treatment Change to
Recidivism Controlling for VRS-YSO Score**

Regression model	<i>B</i>	<i>SE</i>	<i>Wald</i>	<i>p</i>	<i>e^B</i>	95% CI	
						<i>LL</i>	<i>UL</i>
Violent recidivism							
PCL: YV total	.09	.07	1.54	.214	1.09	.95	1.26
VRS-YSO pretreatment total	.02	.02	0.10	.752	1.02	.92	1.12
VRS-YSO change	-.06	.07	0.95	.329	.94	.83	1.07
General recidivism							
PCL: YV total	.10	.06	2.72	.099	1.11	.98	1.26
VRS-YSO pretreatment total	.03	.04	0.62	.432	1.03	.95	1.12
VRS-YSO change	-.09	.05	2.67	.103	.92	.83	1.02

43

End of Results

44

Issues in the Assessment of Change

- Need for a sufficient period of time to elapse; much more variable for youth.
- Need for a **credible change agent** (e.g., violence reduction treatment program)
 - i.e., a coordinated, structured, evidence informed program; not informal weakly coordinated services
- Changes must be **risk relevant** to generate movement on the dynamic factors

45

Issues in the Assessment of Change

- Consider a scenario where a youth shows up to group on time, is polite and cooperative with the facilitator, even helpful.
- Does this mean his sexual offense risk has been reduced?

46

Issues in the Assessment of Change

- Perhaps he has always been fairly adept at impression management around authority figures (e.g., teachers, police); however, he continues to harbor deviant fantasies, exposes himself to high risk situations (e.g., watching children in parks and playgrounds), is socially isolated from his peers, legitimizes sexual contact with children, and has arranged to babysit his 5-year-old cousin Saturday night.

47

Issues in the Assessment of Change

- What would be risk relevant changes?
 - Decreased deviant fantasies and arousal
 - Cultivating age appropriate sexual interests
 - Changing child sex supportive attitudes
 - Avoiding high risk situations (e.g., unsupervised contact with children)
 - Developing age appropriate peer relationships and supports
 - Etc., etc., etc.,

48

Training in the Use of the VRS-YSO
Pretreatment Case Ratings of Trevor

151

Stable Factors

S1) Early onset of Serious Antisocial Behaviors

Rating 0 (no known incidents before age 10)

S2) Criminality

Rating 2 (prior to index few isolated incidents, not typical; however, 50 incidents estimated with single index conviction)

S3) Instability of Family Upbringing

Rating 1 (several moves, some instability)

152

Stable Factors

S4) Prior Sex Offenses

Rating 0 (none)

S5) Unrelated Victims

Rating 0 (sister victim)

S6) Number and Gender of Victims

Rating 0 (one female victim)

153

Name: Trevor

Pre-Treatment Rater: _____

Post-Treatment Rater: _____

Client #: _____

Pre-Treatment Rating Date: _____

Post-Treatment Rating Date: _____

VRS-YSO Score Sheet ©

Stable Factors

						I or N†
S1	Early Onset of Serious Antisocial Behaviors	0	1	2	3	_____
S2	Criminality	0	1	2	3	_____
S3	Instability of Family Upbringing	0	1	2	3	_____
S4	Prior Sex Offenses	0	1	2	3	_____
S5	Unrelated Victims	0	1	2	3	_____
S6	Number and Gender of Victims	0	1	2	3	_____

Total Stable Factor Score Before Treatment: 3

Total Stable Factor Score After Treatment: _____

† If it is necessary to omit a Static or Dynamic Factor, the rater should indicate whether the omission is because there is insufficient information (I) or because the item is not applicable (N).

154

Sexually Deviant Lifestyle Pattern (D1)

- Sexual deviance prominent component of life
 - Internet and in print pornography
 - While at work; isolating self in basement
 - Masturbation at school and in video store
 - Repeated sexual abuse of young sister
 - Sexualizing older sister
- School, work, home life involve sexual deviance

Rating 3

155

Sexually Deviant Lifestyle Pattern (D1) Pre-treatment stage of change

- Accepts responsibility for his sexually deviant lifestyle pattern and shows motivation to change

Contemplation

156

		Pre-Tx (a)		Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{††}	1 or N
D1	Sexually Deviant Lifestyle Pattern	0	1 2 ③	Pⓐ	1.5 1 .5 0		

157

Sexual Compulsivity (D2)

- Obvious preoccupation with sex with pornography, fantasy, masturbation, and sexual abuse of sister
- Likened his sexuality to an “addiction”

Rating 3

158

Sexual Compulsivity (D2) Pre-treatment stage of change

- Seems to understand the excesses of his sexual activity; some insightful comments and desire to change same

Contemplation

159

For Stage Of Change: P/C = Precontemplation/Contemplation P = Preparation A = Action		Use these symbols to indicate the Stage of Change: O = Pre-treatment X = Post-treatment		# of Stages changed: no change = 0 1 stage = .5 2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES					
RATINGS					
	Pre-Tx (a)	Stage of Change ¹⁷	# of Stages changed x .5 (b)	Post-Tx (a-b) ¹⁸	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (1)	P(C)P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 (3)	P(C)P A M	1.5 1 .5 0		

160

Offense Planning (D3)

- Elaborate planning and grooming activities to obtain victim access, cooperation, and to keep victim quiet
- Dare game
- Use of candy and toys, guilt inducing strategies
- Stay at home to create opportunities to offend
- Able to refrain from attempting sexual offense against older sister

Rating 3

161

Offense Planning (D3)

Pre-treatment stage of change

- Discussed elaborate planning behavior; no indication that he is currently planning more sex offenses and seems motivated change this pattern.

Contemplation

162

For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
P/C	= Precontemplation/Contemplation	O	= Pre-treatment	no change	= 0
P	= Preparation	X	= Post-treatment	1 stage	= .5
A	= Action			2 stages	= 1.0

DYNAMIC FACTORS AND TOTAL SCORES					
	RATINGS				
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	1 or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P(C) P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ④	P(C) P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P(C) P A M	1.5 1 .5 0		

163

Callous/Unemotional (D4)

- Sexual abuse of a young sibling inherently callous
- Resort to highly manipulative strategies to obtain compliance
- Lying to teachers
- Given the duration of abuse; remorse questionable
- + Depressed, socially unskilled, inadequate, dysphoric, low self-esteem

Rating 2

164

Callous/Unemotional (D4) Pre-treatment stage of change

- Aware of extreme self-centeredness and selfishness in sexually exploiting sister and lying to family. Seems motivated to change.

Contemplation

165

For Stage Of Change: P/C = Precontemplation/Contemplation P = Preparation A = Action		Use these symbols to indicate the Stage of Change: O = Pre-treatment X = Post-treatment		# of Stages changed: no change = 0 1 stage = .5 2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES					
RATINGS					
	Pre-Tx (a)	Stage of Change ^{††}	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P(C)P A M	1.5 1 .5 0		

166

Cognitive Distortions (D5)

- Attitude of sexual entitlement in which he felt his sister was obliged to meet sexual needs
- Several examples of rationalizations to legitimize sexual abuse of sister

Rating 3

167

Cognitive Distortions (D5) Pre-treatment stage of change

- Seemed cognizant of the distorted nature of his thinking used to facilitate sexual violence.

Contemplation

168

		For Stage Of Change: P/C = Precontemplation/Contemplation P = Preparation A = Action		Use these symbols to indicate the Stage of Change: O = Pre-treatment X = Post-treatment		# of Stages changed: no change = 0 1 stage = .5 2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	I or N		
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P(O) P A M	1.5 1 .5 0				
D2 Sexual Compulsivity	0 1 2 ④	P(O) P A M	1.5 1 .5 0				
D3 Offense Planning	0 1 2 ③	P(O) P A M	1.5 1 .5 0				
D4 Callous/Unemotional	0 1 ② 3	P(O) P A M	1.5 1 .5 0				
D5 Cognitive Distortions	0 1 ② 3	P(O) P A M	1.5 1 .5 0				

169

Interpersonal Aggression (D6)

- No indication that he has problems with interpersonal aggression.

Rating 0

170

Interpersonal Aggression (D6) Pre-treatment stage of change

- Not a treatment priority.

171

For Stage Of Change: P/C = Precontemplation/Contemplation P = Preparation A = Action		Use these symbols to indicate the Stage of Change: O = Pre-treatment X = Post-treatment		# of Stages changed: no change = 0 1 stage = .5 2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES					
RATINGS					
	Pre-Tx (a)	Stage of Change ¹⁷	# of Stages changed x .5 (b)	Post-Tx (a-b) ¹⁸	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P⓪P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P⓪P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P⓪P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P⓪P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P⓪P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P⓪P A M	1.5 1 .5 0		

172

Emotional Control (D7)

- Documentation of emotional difficulties (e.g., loneliness) linked to sexual offending
 - Feelings of loneliness and feeling like a “loser”
- Sexual offending fulfilled sexual and emotional needs
- Sex used as coping (distraction by arousal and immersion in erotica)

Rating 3

173

Emotional Control (D7) Pre-treatment stage of change

- Awareness of emotional difficulties and links to sexually deviant behavior; desire to change.

Contemplation

174

For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
P = Preparation		X = Post-treatment		1 stage = .5	
A = Action				2 stages = 1.0	

DYNAMIC FACTORS AND TOTAL SCORES					
	RATINGS				
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (c-b) ^{†††}	1 or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ④	P C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 ③	P C P A M	1.5 1 .5 0		

175

Insight (D8)

- Lack of insight at the time of offending, but willing to discuss offenses and some understanding of thoughts, feelings, and behaviors involved.

Rating 1

176

Insight (D8)

Pre-treatment stage of change

- Although further work will be done to deepen his insight, motivating him about the importance of this does not seem to be treatment priority.

177

For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
P/C	= Precontemplation/Contemplation	O	= Pre-treatment	no change	= 0
P	= Preparation	X	= Post-treatment	1 stage	= .5
A	= Action			2 stages	= 1.0

DYNAMIC FACTORS AND TOTAL SCORES					
RATINGS					
	Pre-Tx (a)	Stage of Change ¹⁷	# of Stages changed x .5 (b)	Post-Tx (a-b) ¹⁸	T or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P/C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D8 Insight	0 ① 2 3	P/C P A M	1.5 1 .5 0		

178

Substance Abuse (D9)

- No history of substance use.

Rating 0

179

Substance Abuse (D9) Pre-treatment stage of change

- Not a treatment priority.

180

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	1 or N		
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C P A M	1.5 1 .5 0				
D2 Sexual Compulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0				
D3 Offense Planning	0 1 2 3	P/C P A M	1.5 1 .5 0				
D4 Callous/Unemotional	0 1 2 3	P/C P A M	1.5 1 .5 0				
D5 Cognitive Distortions	0 1 2 3	P/C P A M	1.5 1 .5 0				
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 .5 0				
D7 Emotional Control	0 1 2 3	P/C P A M	1.5 1 .5 0				
D8 Insight	0 1 2 3	P/C P A M	1.5 1 .5 0				
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 .5 0				

181

Community Support (D10)

- Had much unsupervised contact with sister and would spend much time alone
- + Has some strong supports with mother and was able to maintain school and obtain a job
- + Post arrest moved to a therapeutic foster home
- + Weekly visits from mother

Rating 1 or 2

182

Community Support (D10) Pre-treatment stage of change

- Seems to understand importance of community support, and motivated to improve it.

Contemplation

183

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change ¹⁷	# of Stages changed x .5 (b)	Post-Tx (a-b) ¹⁸	T or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P(C)P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P(C)P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P(C)P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D8 Insight	0 ① 2 3	P(C)P A M	1.5 1 .5 0		
D9 Substance Abuse	① 1 2 3	P(C)P A M	1.5 1 .5 0		
D10 Community Support	0 1 ② 3	P(C)P A M	1.5 1 .5 0		

184

Return to High Risk Situations (D11)

- Recently placed in a therapeutic foster home, with strict community conditions; not likely to have unsupervised contact (or any foreseeable contact) with his sister. High situations managed.

Rating 1

185

Return to High Risk Situations (D11) Pre-treatment stage of change

- Not a treatment target; community case planning will still be important, however.

186

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (c-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 3	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 2 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 2 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 3	P/C P A M	1.5 1 .5 0		
D8 Insight	0 1 2 3	P/C P A M	1.5 1 .5 0		
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 .5 0		
D10 Community Support	0 1 2 3	P/C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1 .5 0		

187

Sexual Offending Cycle (D12)

- Repeatedly sexually abuse his younger sister over the course of the year an estimated 50 times
- Familiar precursors of sexual offending behavior:
 - Lack of supervised contact
 - Cognitions supportive of sexual assault
 - Sexual arousal
 - Emotional triggers (e.g., loneliness, inadequacy)
 - Carrying out themes from internet
 - Grooming rituals

Rating 3

188

Sexual Offending Cycle (D12) Pre-treatment stage of change

- Was able to articulate several factors involved in his sexual offense cycle and seems motivated to break/discontinue the cycle.

Contemplation

189

For Stage Of Change: P/C = Precontemplation/Contemplation P = Preparation A = Action		Use these symbols to indicate the Stage of Change: O = Pre-treatment X = Post-treatment		# of Stages changed: no change = 0 1 stage = .5 2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES					
RATINGS					
	Pre-Tx (a)	Stage of Change! [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P(C)P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P(C)P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P(C)P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 ③	P(C)P A M	1.5 1 .5 0		
D8 Insight	0 ① 2 3	P(C)P A M	1.5 1 .5 0		
D9 Substance Abuse	① 1 2 3	P(C)P A M	1.5 1 .5 0		
D10 Community Support	0 1 ② 3	P(C)P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 ① 2 3	P(C)P A M	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 ③	P(C)P A M	1.5 1 .5 0		

190

Impulsivity (D13)

- Not an impulsive youth; behavior indicates much premeditation and planning.

Rating 0

191

Impulsivity (D13)

Pre-treatment stage of change

- Not a treatment priority.

192

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	

DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	1	or N	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C P A M	1.5 1 .5 0				
D2 Sexual Compulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0				
D3 Offense Planning	0 1 2 3	P/C P A M	1.5 1 .5 0				
D4 Callous/Unemotional	0 1 2 3	P/C P A M	1.5 1 .5 0				
D5 Cognitive Distortions	0 1 2 3	P/C P A M	1.5 1 .5 0				
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 .5 0				
D7 Emotional Control	0 1 2 3	P/C P A M	1.5 1 .5 0				
D8 Insight	0 1 2 3	P/C P A M	1.5 1 .5 0				
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 .5 0				
D10 Community Support	0 1 2 3	P/C P A M	1.5 1 .5 0				
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1 .5 0				
D12 Sexual Offending Cycle	0 1 2 3	P/C P A M	1.5 1 .5 0				
D13 Impulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0				

193

Noncompliance with Community Supervision (D14)

- First time on community supervision so no breaches; so far cooperating with new residential placement and seems to be abiding by conditions.

Rating 0

194

Noncompliance with Community Supervision (D14)

Pre-treatment stage of change

- First time on community supervision and seems to be cooperating with it; noncompliance not a treatment target at this time. No SOC rating.

195

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change ^{††}	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P/C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D8 Insight	0 ① 2 3	P/C P A M	1.5 1 .5 0		
D9 Substance Abuse	① 1 2 3	P/C P A M	1.5 1 .5 0		
D10 Community Support	0 1 ② 3	P/C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 ① 2 3	P/C P A M	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 ③	P/C P A M	1.5 1 .5 0		
D13 Impulsivity	① 1 2 3	P/C P A M	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	① 1 2 3	P/C P A M	1.5 1 .5 0		

196

Treatment Noncompliance (D15)

- Receptive to attending and completing sex offender treatment.

Rating 0

197

Treatment Noncompliance (D15) Pre-treatment stage of change

- Managing noncompliance not a therapeutic concern; no SOC rating.

198

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (c-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 3	P C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 3	P C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 2 3	P C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 2 3	P C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 3	P C P A M	1.5 1 .5 0		
D8 Insight	0 1 2 3	P C P A M	1.5 1 .5 0		
D9 Substance Abuse	0 1 2 3	P C P A M	1.5 1 .5 0		
D10 Community Support	0 1 2 3	P C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 1 2 3	P C P A M	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 3	P C P A M	1.5 1 .5 0		
D13 Impulsivity	0 1 2 3	P C P A M	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	0 1 2 3	P C P A M	1.5 1 .5 0		
D15 Treatment Noncompliance	0 1 2 3	P C P A M	1.5 1 .5 0		

199

Deviant Sexual Preference (D16)

- Sexual arousal to a range of stimuli, including but not limited to, children.
 - No indication a preference for children
- Derived feelings of power from sexual offending.

Rating 2

200

Deviant Sexual Preference (D16) Pre-treatment stage of change

- Aware of sexually deviant interests and that such arousal is problematic for his risk.

Contemplation

201

	For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
	P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
	P = Preparation		X = Post-treatment		1 stage = .5	
	A = Action				2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES						
	RATINGS					
	Pre-Tx (a)	Stage of Change ¹⁷	# of Stages changed x .5 (b)	Post-Tx (a-b) ¹⁸	I or N	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P/C P A M	1.5 1 .5 0			
D2 Sexual Compulsivity	0 1 2 ③	P/C P A M	1.5 1 .5 0			
D3 Offense Planning	0 1 2 ③	P/C P A M	1.5 1 .5 0			
D4 Callous/Unemotional	0 1 ② 3	P/C P A M	1.5 1 .5 0			
D5 Cognitive Distortions	0 1 ② 3	P/C P A M	1.5 1 .5 0			
D6 Interpersonal Aggression	① 1 2 3	P/C P A M	1.5 1 .5 0			
D7 Emotional Control	0 1 2 ③	P/C P A M	1.5 1 .5 0			
D8 Insight	0 ① 2 3	P/C P A M	1.5 1 .5 0			
D9 Substance Abuse	① 1 2 3	P/C P A M	1.5 1 .5 0			
D10 Community Support	0 1 ② 3	P/C P A M	1.5 1 .5 0			
D11 Return to High Risk Situations	0 ① 2 3	P/C P A M	1.5 1 .5 0			
D12 Sexual Offending Cycle	0 1 2 ③	P/C P A M	1.5 1 .5 0			
D13 Impulsivity	① 1 2 3	P/C P A M	1.5 1 .5 0			
D14 Noncompliance with Community Supervision	① 1 2 3	P/C P A M	1.5 1 .5 0			
D15 Treatment Noncompliance	① 1 2 3	P/C P A M	1.5 1 .5 0			
D16 Deviant Sexual Preference	0 1 ② 3	P/C P A M	1.5 1 .5 0			

202

Intimacy Skills Deficits (D17)

- Socially disconnected from peers
- Few friends, not involved with them in social or leisure activities
- Struggles in the areas of social skills, peer relationships, social isolation, and immaturity

Rating 3

203

Intimacy Skills Deficits (D17) Pre-treatment stage of change

- Acutely aware of intimacy skills deficits and desires improvement in this area.

Contemplation

204

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change [†]	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	1 or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 3	P/C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 2 3	P/C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 2 3	P/C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 3	P/C P A M	1.5 1 .5 0		
D8 Insight	0 1 2 3	P/C P A M	1.5 1 .5 0		
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 .5 0		
D10 Community Support	0 1 2 3	P/C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 3	P/C P A M	1.5 1 .5 0		
D13 Impulsivity	0 1 2 3	P/C P A M	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	0 1 2 3	P/C P A M	1.5 1 .5 0		
D15 Treatment Noncompliance	0 1 2 3	P/C P A M	1.5 1 .5 0		
D16 Deviant Sexual Preference	0 1 2 3	P/C P A M	1.5 1 .5 0		
D17 Intimacy Skills Deficits	0 1 2 3	P/C P A M	1.5 1 .5 0		

205

Interaction with Caregivers (D18)

- Few activities with mother aside from dinner
- Seems to be warm but distanced relationship, little communication
- Spends much of his time alone in basement
- Relationship invariably damaged by sexual abuse of sister

Rating 2

206

Interaction with Caregivers (D18) Pre-treatment stage of change

- Wishes to make amends with family and receiving visits from mother; seems motivated to improve caregiver relationship.

Contemplation

207

For Stage Of Change: P/C = Precontemplation/Contemplation P = Preparation A = Action		Use these symbols to indicate the Stage of Change: O = Pre-treatment X = Post-treatment		# of Stages changed: no change = 0 1 stage = .5 2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES					
RATINGS					
	Pre-Tx (a)	Stage of Change ^{††}	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{†††}	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 ③	P C P A M	1.5 1 .5 0		
D2 Sexual Compulsivity	0 1 2 ③	P C P A M	1.5 1 .5 0		
D3 Offense Planning	0 1 2 ③	P C P A M	1.5 1 .5 0		
D4 Callous/Unemotional	0 1 ② 3	P C P A M	1.5 1 .5 0		
D5 Cognitive Distortions	0 1 ② 3	P C P A M	1.5 1 .5 0		
D6 Interpersonal Aggression	① 1 2 3	P C P A M	1.5 1 .5 0		
D7 Emotional Control	0 1 2 ③	P C P A M	1.5 1 .5 0		
D8 Insight	0 ① 2 3	P C P A M	1.5 1 .5 0		
D9 Substance Abuse	① 1 2 3	P C P A M	1.5 1 .5 0		
D10 Community Support	0 1 ② 3	P C P A M	1.5 1 .5 0		
D11 Return to High Risk Situations	0 ① 2 3	P C P A M	1.5 1 .5 0		
D12 Sexual Offending Cycle	0 1 2 ③	P C P A M	1.5 1 .5 0		
D13 Impulsivity	① 1 2 3	P C P A M	1.5 1 .5 0		
D14 Noncompliance with Community Supervision	① 1 2 3	P C P A M	1.5 1 .5 0		
D15 Treatment Noncompliance	① 1 2 3	P C P A M	1.5 1 .5 0		
D16 Deviant Sexual Preference	0 1 ② 3	P C P A M	1.5 1 .5 0		
D17 Intimacy Skills Deficits	0 1 2 ③	P C P A M	1.5 1 .5 0		
D18 Interaction with Caregivers	0 1 ② 3	P C P A M	1.5 1 .5 0		

208

Family Stress (D19)

- Family stress inherent in several moves; home a bit chaotic with several siblings.
- Consequences of sexual abuse resulted in removal from home and damaging impact on family unit.
- +Stable relationship with primary caregiver, basic needs appear to be met.

Rating 2

209

Family Stress (D19) Pre-treatment stage of change

- Desire to make amends with family and repair loss of trust.

Contemplation

210

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{1††}	I or N		
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C P A M	1.5 1 .5 0				
D2 Sexual Compulsivity	0 1 2 (3)	P/C P A M	1.5 1 .5 0				
D3 Offense Planning	0 1 2 (3)	P/C P A M	1.5 1 .5 0				
D4 Callous/Unemotional	0 1 (2) 3	P/C P A M	1.5 1 .5 0				
D5 Cognitive Distortions	0 1 (2) 3	P/C P A M	1.5 1 .5 0				
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0				
D7 Emotional Control	0 1 2 (3)	P/C P A M	1.5 1 .5 0				
D8 Insight	0 (1) 2 3	P/C P A M	1.5 1 .5 0				
D9 Substance Abuse	(0) 1 2 3	P/C P A M	1.5 1 .5 0				
D10 Community Support	0 1 (2) 3	P/C P A M	1.5 1 .5 0				
D11 Return to High Risk Situations	0 (1) 2 3	P/C P A M	1.5 1 .5 0				
D12 Sexual Offending Cycle	0 1 2 (3)	P/C P A M	1.5 1 .5 0				
D13 Impulsivity	(0) 1 2 3	P/C P A M	1.5 1 .5 0				
D14 Noncompliance with Community Supervision	(0) 1 2 3	P/C P A M	1.5 1 .5 0				
D15 Treatment Noncompliance	(0) 1 2 3	P/C P A M	1.5 1 .5 0				
D16 Deviant Sexual Preference	0 1 (2) 3	P/C P A M	1.5 1 .5 0				
D17 Intimacy Skills Deficits	0 1 2 (3)	P/C P A M	1.5 1 .5 0				
D18 Interaction with Caregivers	0 1 (2) 3	P/C P A M	1.5 1 .5 0				
D19 Family Stress	0 1 (2) 3	P/C P A M	1.5 1 .5 0				
Total Dynamic Factor Score →	Pre-Tx: 32	Total Dynamic Factor Score →	Post-Tx:				
Total Static Factor Score From Previous Page →	3	Total Static Factor Score From Previous Page →					
Total Static + Total Dynamic Factor Score →	35	Total Static + Total Dynamic Factor Score →					
Indicate if Clinical Override was used: Yes <input type="radio"/> No <input type="radio"/>							

†† For treatment purposes, specify whether the client is in Precontemplation or Contemplation stage by circling (O) or marking (X) the 'P' or 'C' stage for pre- and post-treatment, respectively.
††† If there is a deterioration during treatment, '3' score is added to '0' score for the corresponding Dynamic Factor.

211

VRS-YSO Scores

- Total stable = 3
- Total dynamic = 32
- Pretreatment total = 35 (average risk)

212

Training in the Use of the VRS-YSO

Posttreatment Case Ratings of Trevor

213

Sexually Deviant Lifestyle Pattern (D1) Post-treatment stage of change

- Decreased frequency of masturbation and not using pornography
- Changed content of fantasies
- Maintains fantasy log to document fantasies → decrease in deviant and increase in appropriate

Preparation (Action if longer)

214

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ² **	I or N		
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C X A M	1.5 1 (3) 0	2.5			

215

Sexual Compulsivity (D2)

Post-treatment stage of change

- Decreased preoccupation with sex, including decreased frequency of masturbation, no inappropriate sexual behavior at school, and developing other replacement interests
- Using urge control interventions to manage arousal
- Completed SOTP

Preparation

216

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES							
		RATINGS					
		Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)		Post-Tx (a-b) ²	I or N
D1	Sexually Deviant Lifestyle Pattern	0 1 2 (0)	P/C X A M	1.5	1 (3) 0	2.5	
D2	Sexual Compulsivity	0 1 2 (0)	P/C X A M	1.5	1 (3) 0	2.5	

217

Offense Planning (D3)

Post-treatment stage of change

- Makes efforts to avoid high risk situations, including no unsupervised contact with children, and to adhere to safety plan
- No indications of deviant fantasy or rehearsal of possible offenses
- Has not knowingly reoffended

Contemplation

218

		For Stage Of Change:			Use these symbols to indicate the Stage of Change:			# of Stages changed:	
		P/C = Precontemplation/Contemplation			O = Pre-treatment			no change = 0	
		P = Preparation			X = Post-treatment			1 stage = .5	
		A = Action						2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES									
RATINGS									
		Pre-Tx (a)	Stage of Change ¹		# of Stages changed x .5 (b)		Post-Tx (a-b) ²		I or N
D1	Sexually Deviant Lifestyle Pattern	0 1 2 (0)	P/C	X A M	1.5 1 (0) 0		2.5		
D2	Sexual Compulsivity	0 1 2 (0)	P/C	X A M	1.5 1 (0) 0		2.5		
D3	Offense Planning	0 1 2 (0)	P/C	X A M	1.5 1 (0) 0		2.5		

219

Callous/Unemotional (D4) Post-treatment stage of change

- Developed understanding of sequelae of sexual abuse; was visibly shaken by educational empathy video
- Found justifications for sexual abuse hard to maintain
- Anxious at prospect of sharing RP plan with mother

Preparation

220

		For Stage Of Change:			Use these symbols to indicate the Stage of Change:			# of Stages changed:	
		P/C = Precontemplation/Contemplation			O = Pre-treatment			no change = 0	
		P = Preparation			X = Post-treatment			1 stage = .5	
		A = Action						2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES									
RATINGS									
		Pre-Tx (a)	Stage of Change ¹		# of Stages changed x .5 (b)	Post-Tx (a-b) ^{2,3}		I or N	
D1	Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C	X A M	1.5 1 3 0	2.5			
D2	Sexual Compulsivity	0 1 2 3	P/C	X A M	1.5 1 3 0	2.5			
D3	Offense Planning	0 1 2 3	P/C	X A M	1.5 1 3 0	2.5			
D4	Callous/Unemotional	0 1 2 3	P/C	X A M	1.5 1 3 0	1.5			

221

Cognitive Distortions (D5) Post-treatment stage of change

- Able to identify attitudes and cognitions that he used to justify sexual abuse of his sister.
- Received corrective information that he has used to confront, challenge, and change thinking errors used to justify sexual abuse.
- Abandoned attitudes supportive of sexual violence; noted to make dramatic attitudinal shift.

Action

222

		For Stage Of Change:			Use these symbols to indicate the Stage of Change:			# of Stages changed:	
		P/C = Precontemplation/Contemplation			O = Pre-treatment			no change = 0	
		P = Preparation			X = Post-treatment			1 stage = .5	
		A = Action						2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES									
RATINGS									
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N				
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5					
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5					
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5					
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5					
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1 5 0	1					

223

Interpersonal Aggression (D6) Post-treatment stage of change

- Not a treatment priority.

224

		For Stage Of Change:			Use these symbols to indicate the Stage of Change:			# of Stages changed:	
		P/C = Precontemplation/Contemplation			O = Pre-treatment			no change = 0	
		P = Preparation			X = Post-treatment			1 stage = .5	
		A = Action						2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES									
RATINGS									
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N				
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5					
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5					
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5					
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5					
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1 5 0	1					
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1 5 0	0					

225

Emotional Control (D7)

Post-treatment stage of change

- Increased emotional awareness, including understanding of feeling states linked to increased risk for sexual offending.
- Development and use of other interventions (e.g., stress management, distress tolerance skills) to manage negative affective states and to promote healthier ways of coping.

Preparation

226

		For Stage Of Change:			Use these symbols to indicate the Stage of Change:			# of Stages changed:	
		P/C = Precontemplation/Contemplation			O = Pre-treatment			no change = 0	
		P = Preparation			X = Post-treatment			1 stage = .5	
		A = Action						2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES									
RATINGS									
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N				
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P/C X A M	1.5 1 (3) 0	2.5					
D2 Sexual Compulsivity	0 1 2 (3)	P/C X A M	1.5 1 (3) 0	2.5					
D3 Offense Planning	0 1 2 (3)	P/C X A M	1.5 1 (3) 0	2.5					
D4 Callous/Unemotional	0 1 (2) 3	P/C X A M	1.5 1 (2) 0	1.5					
D5 Cognitive Distortions	0 1 (2) 3	P/C P X M	1.5 (1) .5 0	1					
D6 Interpersonal Aggression	(0) 1 2 3	P/C P A M	1.5 1 .5 0	0					
D7 Emotional Control	0 1 2 (3)	P/C X A M	1.5 1 (3) 0	2.5					

227

Insight (D8)

Post-treatment stage of change

- Additional work done to deepen his insight, although convincing him of the need for this was not a treatment requirement.

228

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	
DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N		
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D2 Sexual Compulsivity	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D3 Offense Planning	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D4 Callous/Unemotional	0 1 2 3	P/C X A M	1.5 1 3 0	1.5			
D5 Cognitive Distortions	0 1 2 3	P/C P X M	1.5 1 5 0	1			
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 5 0	0			
D7 Emotional Control	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D8 Insight	0 1 2 3	P/C P A M	1.5 1 5 0	1			

229

Substance Abuse (D9)

Post-treatment stage of change

- Not a treatment priority.

230

For Stage Of Change:
 PC = Precontemplation/Contemplation
 P = Preparation
 A = Action

Use these symbols to indicate the Stage of Change:
 O = Pre-treatment
 X = Post-treatment

of Stages changed:
 no change = 0
 1 stage = .5
 2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{2,3}	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	PC X A M	1.5 1 (3) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	PC X A M	1.5 1 (3) 0	2.5	
D3 Offense Planning	0 1 2 (3)	PC X A M	1.5 1 (3) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	PC X A M	1.5 1 (3) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	PC P X M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	PC P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	PC X A M	1.5 1 (3) 0	2.5	
D8 Insight	0 (1) 2 3	PC P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	PC P A M	1.5 1 .5 0	0	

231

Community Support (D10)

Post-treatment stage of change

- High risk situations managed though therapeutic foster home.
- Maintained ties with mother and including her in reintegration planning activities.
- Constructive prosocial activities with auto shop and positive adult role model.

Preparation

232

		For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
		P/C = Precontemplation/Contemplation		O = Pre-treatment		no change = 0	
		P = Preparation		X = Post-treatment		1 stage = .5	
		A = Action				2 stages = 1.0	

DYNAMIC FACTORS AND TOTAL SCORES							
RATINGS							
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{2,3}	I	N	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D2 Sexual Compulsivity	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D3 Offense Planning	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D4 Callous/Unemotional	0 1 2 3	P/C X A M	1.5 1 3 0	1.5			
D5 Cognitive Distortions	0 1 2 3	P/C P X M	1.5 1 5 0	1			
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 5 0	0			
D7 Emotional Control	0 1 2 3	P/C X A M	1.5 1 3 0	2.5			
D8 Insight	0 1 2 3	P/C P A M	1.5 1 5 0	1			
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 5 0	0			
D10 Community Support	0 1 2 3	P/C X A M	1.5 1 3 0	1			

233

Return to High Risk Situations (D11) Post-treatment stage of change

- Not a treatment target; community case planning will still be important, however.

234

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 (3)	P C X A M	1.5 1 (3) 0	2.5	
D2 Sexual Compulsivity	0 1 2 (3)	P C X A M	1.5 1 (3) 0	2.5	
D3 Offense Planning	0 1 2 (3)	P C X A M	1.5 1 (3) 0	2.5	
D4 Callous/Unemotional	0 1 (2) 3	P C X A M	1.5 1 (2) 0	1.5	
D5 Cognitive Distortions	0 1 (2) 3	P C P X M	1.5 (1) .5 0	1	
D6 Interpersonal Aggression	(0) 1 2 3	P C P A M	1.5 1 .5 0	0	
D7 Emotional Control	0 1 2 (3)	P C X A M	1.5 1 (3) 0	2.5	
D8 Insight	0 (1) 2 3	P C P A M	1.5 1 .5 0	1	
D9 Substance Abuse	(0) 1 2 3	P C P A M	1.5 1 .5 0	0	
D10 Community Support	0 1 (2) 3	P C X A M	1.5 1 (3) 0	1	
D11 Return to High Risk Situations	0 (1) 2 3	P C P A M	1.5 1 .5 0	1	

235

Sexual Offending Cycle (D12) Post-treatment stage of change

- Comprehensive safety plan generated and followed by Trevor to avoid and manage high risk situations and to break/discontinue the cycle
- Follows safety plan to avoid high risk situations
- Still under community supervision; eventually restrictions will be relaxed

**Preparation/
Action if longer period**

236

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{2,3}	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1 5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1 5 0	0	
D7 Emotional Control	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P C P A M	1.5 1 5 0	1	
D9 Substance Abuse	0 1 2 3	P C P A M	1.5 1 5 0	0	
D10 Community Support	0 1 2 3	P C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P C P A M	1.5 1 5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P C X A M	1.5 1 3 0	2.5	

237

Impulsivity (D13)

Post-treatment stage of change

- Not a treatment priority.

238

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1 5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1 5 0	0	
D7 Emotional Control	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P C P A M	1.5 1 5 0	1	
D9 Substance Abuse	0 1 2 3	P C P A M	1.5 1 5 0	0	
D10 Community Support	0 1 2 3	P C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P C P A M	1.5 1 5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D13 Impulsivity	0 1 2 3	P C P A M	1.5 1 5 0	0	

239

Noncompliance with Community Supervision (D14)

Post-treatment stage of change

- First time on community supervision and has maintained cooperation with community conditions, including maintaining therapeutic foster placement and completing treatment. No SOC rating.

240

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1.5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1.5 0	0	
D7 Emotional Control	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P C P A M	1.5 1.5 0	1	
D9 Substance Abuse	0 1 2 3	P C P A M	1.5 1.5 0	0	
D10 Community Support	0 1 2 3	P C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P C P A M	1.5 1.5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D13 Impulsivity	0 1 2 3	P C P A M	1.5 1.5 0	0	
D14 Noncompliance with Community Supervision	0 1 2 3	P C P A M	1.5 1.5 0	0	

241

Treatment Noncompliance (D15) Post-treatment stage of change

- Managing noncompliance not a therapeutic concern; no SOC rating. Successfully completed community SOTP.

242

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{2,3}	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P/C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P/C P X M	1.5 1.5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1.5 0	0	
D7 Emotional Control	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P/C P A M	1.5 1.5 0	1	
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1.5 0	0	
D10 Community Support	0 1 2 3	P/C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1.5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D13 Impulsivity	0 1 2 3	P/C P A M	1.5 1.5 0	0	
D14 Noncompliance with Community Supervision	0 1 2 3	P/C P A M	1.5 1.5 0	0	
D15 Treatment Noncompliance	0 1 2 3	P/C P A M	1.5 1.5 0	0	

243

Deviant Sexual Preference (D16) Post-treatment stage of change

- Has modified content of fantasies to appropriate and consensual; denies having deviant fantasies
- Ceased use of deviant pornography

Preparation

244

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				I or N
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ^{2,3}	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1 5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1 5 0	0	
D7 Emotional Control	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P C P A M	1.5 1 5 0	1	
D9 Substance Abuse	0 1 2 3	P C P A M	1.5 1 5 0	0	
D10 Community Support	0 1 2 3	P C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P C P A M	1.5 1 5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D13 Impulsivity	0 1 2 3	P C P A M	1.5 1 5 0	0	
D14 Noncompliance with Community Supervision	0 1 2 3	P C P A M	1.5 1 5 0	0	
D15 Treatment Noncompliance	0 1 2 3	P C P A M	1.5 1 5 0	0	
D16 Deviant Sexual Preference	0 1 2 3	P C X A M	1.5 1 5 0	1.5	

245

Intimacy Skills Deficits (D17)

Post-treatment stage of change

- More comfortable socializing with peers
- Learned qualities about prosocial/positive intimate relationships and working on improving social and relationship skills
- Motivated to develop healthy relationship free of sexual violence

Preparation

246

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P C P X M	1.5 1 5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P C P A M	1.5 1 5 0	0	
D7 Emotional Control	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P C P A M	1.5 1 5 0	1	
D9 Substance Abuse	0 1 2 3	P C P A M	1.5 1 5 0	0	
D10 Community Support	0 1 2 3	P C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P C P A M	1.5 1 5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P C X A M	1.5 1 3 0	2.5	
D13 Impulsivity	0 1 2 3	P C P A M	1.5 1 5 0	0	
D14 Noncompliance with Community Supervision	0 1 2 3	P C P A M	1.5 1 5 0	0	
D15 Treatment Noncompliance	0 1 2 3	P C P A M	1.5 1 5 0	0	
D16 Deviant Sexual Preference	0 1 2 3	P C X A M	1.5 1 5 0	1.5	
D17 Intimacy Skills Deficits	0 1 2 3	P C X A M	1.5 1 3 0	2.5	

247

Interaction with Caregivers (D18) Post-treatment stage of change

- Maintained contact with mother; planning to share RP plan with her and planning series of case conferences. Primary caregiver part of the treatment and reintegration process.

Preparation

248

For Stage Of Change:
P/C = Precontemplation/Contemplation
P = Preparation
A = Action

Use these symbols to indicate the Stage of Change:
O = Pre-treatment
X = Post-treatment

of Stages changed:
no change = 0
1 stage = .5
2 stages = 1.0

DYNAMIC FACTORS AND TOTAL SCORES

	RATINGS				
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D2 Sexual Compulsivity	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D3 Offense Planning	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D4 Callous/Unemotional	0 1 2 3	P/C X A M	1.5 1 3 0	1.5	
D5 Cognitive Distortions	0 1 2 3	P/C P X M	1.5 1 5 0	1	
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 5 0	0	
D7 Emotional Control	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D8 Insight	0 1 2 3	P/C P A M	1.5 1 5 0	1	
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 5 0	0	
D10 Community Support	0 1 2 3	P/C X A M	1.5 1 3 0	1	
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1 5 0	1	
D12 Sexual Offending Cycle	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D13 Impulsivity	0 1 2 3	P/C P A M	1.5 1 5 0	0	
D14 Noncompliance with Community Supervision	0 1 2 3	P/C P A M	1.5 1 5 0	0	
D15 Treatment Noncompliance	0 1 2 3	P/C P A M	1.5 1 5 0	0	
D16 Deviant Sexual Preference	0 1 2 3	P/C X A M	1.5 1 5 0	1.5	
D17 Intimacy Skills Deficits	0 1 2 3	P/C X A M	1.5 1 3 0	2.5	
D18 Interaction with Caregivers	0 1 2 3	P/C X A M	1.5 1 3 0	1.5	

249

Family Stress (D19)

Post-treatment stage of change

- Maintained contact with mother; planning to share RP plan with her and planning series of case conferences. Primary caregiver part of the treatment and reintegration process.

Preparation

250

For Stage Of Change:		Use these symbols to indicate the Stage of Change:		# of Stages changed:	
P/C	Precontemplation/Contemplation	O	Pre-treatment	no change	= 0
P	Preparation	X	Post-treatment	1 stage	= .5
A	Action			2 stages	= 1.0

DYNAMIC FACTORS AND TOTAL SCORES						
RATINGS						
	Pre-Tx (a)	Stage of Change ¹	# of Stages changed x .5 (b)	Post-Tx (a-b) ²	I or N	
D1 Sexually Deviant Lifestyle Pattern	0 1 2 3	P/C X A M	1.5 1 3 0	2.5		
D2 Sexual Compulsivity	0 1 2 3	P/C X A M	1.5 1 3 0	2.5		
D3 Offense Planning	0 1 2 3	P/C X A M	1.5 1 3 0	2.5		
D4 Callous/Unemotional	0 1 2 3	P/C X A M	1.5 1 3 0	1.5		
D5 Cognitive Distortions	0 1 2 3	P/C X A M	1.5 1 3 0	1		
D6 Interpersonal Aggression	0 1 2 3	P/C P A M	1.5 1 5 0	0		
D7 Emotional Control	0 1 2 3	P/C X A M	1.5 1 3 0	2.5		
D8 Insight	0 1 2 3	P/C P A M	1.5 1 5 0	1		
D9 Substance Abuse	0 1 2 3	P/C P A M	1.5 1 5 0	0		
D10 Community Support	0 1 2 3	P/C X A M	1.5 1 3 0	1		
D11 Return to High Risk Situations	0 1 2 3	P/C P A M	1.5 1 5 0	1		
D12 Sexual Offending Cycle	0 1 2 3	P/C X A M	1.5 1 3 0	2.5		
D13 Impulsivity	0 1 2 3	P/C P A M	1.5 1 5 0	0		
D14 Noncompliance with Community Supervision	0 1 2 3	P/C P A M	1.5 1 5 0	0		
D15 Treatment Noncompliance	0 1 2 3	P/C P A M	1.5 1 5 0	0		
D16 Deviant Sexual Preference	0 1 2 3	P/C X A M	1.5 1 3 0	1.5		
D17 Intimacy Skills Deficits	0 1 2 3	P/C X A M	1.5 1 3 0	2.5		
D18 Interaction with Caregivers	0 1 2 3	P/C X A M	1.5 1 3 0	1.5		
D19 Family Stress	0 1 2 3	P/C X A M	1.5 1 3 0	1.5		
Total Dynamic Factor Score →	Pre-Tx: 32	Total Dynamic Factor Score →	Post-Tx: 26			
Total Static Factor Score From Previous Page →	3	Total Static Factor Score From Previous Page →	3			
Total Static + Total Dynamic Factor Score →	35	Total Static + Total Dynamic Factor Score →	29			

Indicate if Clinical Override was used: Yes No

†† For treatment purposes, specify whether the client is in Precontemplation or Contemplation stage by circling (C) or marking (X) the "P" or "C" stage for pre- and post-treatment, respectively.
††† If there is a deterioration during treatment, "N" score is added to "I" score for the corresponding Dynamic Factor.

251

VRS-YSO Scores

- Total stable = 3
- Total dynamic = 26
- Post-treatment total = 29 (average to below average risk)

252